



CLASIFICACIÓN XERAL ABSOLUTA

Ferrol 12/11/2017



Posto	Dorsal	Nome	Tempo	T. Neto	Categoría	Pos Cat.	Sexo	Pos Sexo	Club	CP1	O/Pos
1	442	Brais Canosa Fernández	00:16:09	00:16:08	Senior	1	M	1	CLUB TRIATHLON SANTIAGO	00:12:33	3
2	937	Jonathan Fernández Rios	00:16:14	00:16:13	Senior	2	M	2	PASA OU ENTORNA	00:12:33	2
3	559	Diego Ruiz Breijo	00:16:17	00:16:16	Senior	3	M	3	CLUB ATLETISMO SADA	00:12:34	4
4	1011	Juan Rejas Gabeiras	00:16:51	00:16:49	Sub 19	1	M	4	triatlon ferrol	00:13:03	5
5	578	Julen Basterrebea Saenz De Valluerca	00:17:03	00:17:01	Senior	4	M	5	C.A. LA BLANCA	00:13:04	6
6	622	David Cano Conesa	00:17:14	00:17:12	VET A	1	M	6	CORREDORES POPULARES ARMADA FERROL	00:13:19	7
7	643	Esteban Rioseco Diaz	00:17:15	00:17:13	VET A	2	M	7	EGOVARROS DE VIVEIRO	00:13:20	9
8	547	David Cruz Soto	00:17:24	00:17:19	Senior	5	M	8	CLUB ATLETISMO SADA	00:13:19	8
9	576	Antonio Diaz-montero Carames	00:17:36	00:17:34	VET A	3	M	9	CLUB DEPORTIVO PINARIUM	00:13:31	10
10	423	Eloy Villanueva Rico	00:17:37	00:17:35	Sub 19	2	M	10	AD NAUTICO DE NARON	00:13:38	12
11	574	Miguel Anxo Rodriguez Varela	00:17:38	00:17:36	Senior	6	M	11	CLUB DEPORTIVO AURUM	00:13:40	13
12	599	Yago Suárez Gutiérrez	00:17:38	00:17:36	Sub 19	3	M	12	Club Triatlón Ferrol	00:13:37	11
13	1023	Roberto Martinez Castro	00:17:40	00:17:37	Senior	7	M	13	triatlon ferrol	00:13:41	15
14	1017	Juan Carlos González Orozco	00:17:43	00:17:39	VET B	1	M	14	triatlon ferrol	00:13:41	16
15	460	Pacoco Brañas De Los Mozos	00:17:45	00:17:43	VET A	4	M	15	ATLETISMO NARON	00:13:47	23
16	3175	David Sanmartin Sedes	00:17:47	00:17:40	Senior	8	M	16		00:13:46	22
17	361	Manuel Leiracha Valentin	00:17:48	00:17:45	VET A	5	M	17	CLUB CASTRO DE LOBADIZ	00:13:45	20
18	933	Rafa Pouparina Castro	00:17:49	00:17:47	Senior	9	M	18	PASA OU ENTORNA	00:13:43	19
19	930	Luis Gómez Agras	00:17:52	00:17:50	VET A	6	M	19	PASA OU ENTORNA	00:13:43	18
20	891	Vicente Pérez Mauriz	00:17:58	00:17:56	Senior	10	M	20	Náutico naron	00:13:42	17
21	889	Yago Fernández Espiñeira	00:18:02	00:18:00	Sub 19	4	M	21	Náutico naron	00:13:41	14
22	972	Diego Vigo Vigo	00:18:03	00:18:02	Sub 23	1	M	22	RIA FERROL-CONCEPCION ARENAL	00:13:45	21
23	942	Oscar Gonzalez Fraga	00:18:05	00:18:03	Senior	11	M	23	Peña ciclista lar	00:13:55	24
24	548	Ivan Cruz Soto	00:18:07	00:18:02	Senior	12	M	24	CLUB ATLETISMO SADA	00:14:00	26
25	968	Nicolas Sedes Doce	00:18:11	00:18:07	VET B	2	M	25	RIA FERROL-CONCEPCION ARENAL	00:14:09	29
26	1003	David Campos Fernández	00:18:12	00:18:09	Sub 19	5	M	26	Triathlon Ferrol	00:13:56	25
27	884	Hector Martinez Fernandez	00:18:14	00:18:04	VET A	7	M	27	Náutico naron	00:14:10	33
28	624	Miguel Rey Lopez	00:18:15	00:18:11	VET A	8	M	28	CORREDORES POPULARES ARMADA FERROL	00:14:08	28
29	597	Jesús Rodríguez Barcia	00:18:16	00:18:15	Sub 19	6	M	29	Club Triatlón Ferrol	00:14:00	27
30	409	Brais Sanchez Gonzalez	00:18:24	00:18:19	VET A	9	M	30		00:14:10	32
31	992	Julián Pérez Durán	00:18:24	00:18:19	VET B	3	M	31	SÍGUEME SI PUEDES	00:14:10	31
32	681	Paula Mayobre Gonzalez	00:18:25	00:18:24	Senior	1	F	1	Escola Atletismo Paula Mayobre	00:14:11	34
33	393	Jose Manuel Teijeiro Iglesias	00:18:29	00:18:26	VET A	10	M	32	CLUB CASTRO DE LOBADIZ	00:14:09	30
34	521	Pablo Barrio Vilar	00:18:30	00:18:30	VET A	11	M	33	C.A. SOBRADO XUVENTUDE	00:14:16	36
35	932	Miguel Ángel Lago Fernández	00:18:30	00:18:25	VET A	12	M	34	PASA OU ENTORNA	00:14:12	35
36	1010	Luis Gonzalez-valles	00:18:33	00:18:30	Senior	13	M	35	triatlon ferrol	00:14:22	38
37	1619	David Díaz Gómez	00:18:36	00:18:24	VET A	13	M	36		00:14:31	42
38	1002	Marcos Alonso Filgueira	00:18:46	00:18:42	Senior	14	M	37		00:14:24	39
39	594	Martin Pelaez Perez	00:18:48	00:18:41	Sub 19	7	M	38	CLUB SOCIAL BANCO PASTOR	00:14:37	50
40	3530	Alberto Caneiro Caneiro	00:18:49	00:18:47	VET A	14	M	39	triatlon ferrol	00:14:31	43
41	362	Jorge Felpeto Rodríguez	00:18:49	00:18:45	VET A	15	M	40	CLUB CASTRO DE LOBADIZ	00:14:21	37
42	1430	Alberto Castro González	00:18:53	00:18:29	Senior	15	M	41		00:14:28	40
43	603	Alexandre Garcia Lopez	00:18:54	00:18:48	VET A	16	M	42	CLUBE ATLETISMO FENE	00:14:34	45
44	144	Alvaro Blanco Sarasquete	00:18:56	00:18:41	Senior	16	M	43		00:14:38	51
45	1192	Samuel Barrio Gonzalez	00:18:57	00:18:57	VET A	17	M	44		00:14:35	46
46	363	Juan José Fernández Leira	00:18:58	00:18:53	VET C	1	M	45	CLUB CASTRO DE LOBADIZ	00:14:37	48
47	426	Héctor Padín Torrente	00:19:00	00:18:58	Sub 19	8	M	46	ADN NAUTICO NARON	00:14:29	41
48	916	Lorenzo Graña Murado	00:19:02	00:18:59	VET A	18	M	47	CLUB OLYMPO AS PONTES	00:14:48	60
49	390	Jesus Blanco Montero	00:19:02	00:18:56	VET B	4	M	48	CLUB CASTRO DE LOBADIZ	00:14:37	49
50	507	José María Erafía Caballero	00:19:03	00:18:57	VET B	5	M	49	BEONE A MALATA	00:14:42	54
51	2161	Pedro Iglesias Alonso	00:19:05	00:19:00	Senior	17	M	50		00:14:39	52
52	920	Emilio Jose Fernandez Fontecoba	00:19:06	00:18:58	VET A	19	M	51	MTB BIELA E CHAVETA	00:14:35	47
53	993	Juan Alberto Sanchez Ramon	00:19:07	00:19:01	VET B	6	M	52	SÍGUEME SI PUEDES	00:14:44	56
54	397	Luis Vilasuso Pita	00:19:10	00:19:06	VET A	20	M	53	CLUB CASTRO DE LOBADIZ	00:14:42	55
55	2803	José Efrén Piñeiro Garcia	00:19:12	00:19:07	Senior	18	M	54		00:14:45	57
56	410	Diego Naveiras Perz	00:19:13	00:19:12	Sub 19	9	M	55	nautico de naron	00:14:34	44
57	382	Jose Antonio Chuecos Escalona	00:19:13	00:19:08	VET A	21	M	56	CLUB CASTRO DE LOBADIZ	00:14:47	59
58	870	Roberto Cid Sanmartín	00:19:15	00:19:13	VET A	22	M	57	3&RUN BY PEDRO NIMO CLUB DE CORREDORES	00:14:41	53
59	678	Jorge Longarela Barreiro	00:19:15	00:19:13	Sub 19	10	M	58	Escola Atletismo Paula Mayobre	00:14:54	65
60	893	Nordés Ventureira Fernandez	00:19:16	00:19:16	Sub 19	11	M	59	Náutico naron	00:14:46	58
61	360	Roberto Ventureira Dopico	00:19:19	00:19:14	VET B	7	M	60	CLUB CASTRO DE LOBADIZ	00:15:01	68
62	215	Daniel Zamora Piña	00:19:20	00:19:00	VET D	1	M	61		00:14:54	64
63	641	Manuel Hermida Bouza	00:19:20	00:19:15	VET A	23	M	62	EGOVARROS DE VIVEIRO	00:14:56	67
64	515	Alejandro Fernandez Carballeira	00:19:21	00:19:02	VET A	24	M	63	BOMBEROS	00:14:55	66
65	1005	Álvaro Ordiales Sendon	00:19:23	00:19:22	Sub 19	12	M	64	ATLETISMO NARON	00:14:50	62
66	376	José Saez Suarez	00:19:26	00:19:21	VET A	25	M	65	CLUB CASTRO DE LOBADIZ	00:14:52	63
67	297	Isidro Fraguela Santos	00:19:28	00:19:23	VET B	8	M	66	RIA FERROL-CONCEPCION ARENAL	00:15:02	70
68	940	Alberto Corral Bahamonde	00:19:31	00:19:07	Senior	19	M	67	PATUKOS TIM RANIN	00:15:07	73
69	493	Suso Martínez Chedas	00:19:32	00:19:27	VET A	26	M	68	be one a malata	00:15:01	69
70	906	Francisco Bellas Bouza	00:19:33	00:19:22	VET A	27	M	69	NOETRAINERS FERROL	00:15:05	71
71	909	Noé Teijeiro Fernández	00:19:33	00:19:14	VET A	28	M	70	NOETRAINERS FERROL	00:15:06	72
72	604	Fernando Garea Quintela	00:19:35	00:19:25	VET A	29	M	71	CLUBE ATLETISMO FENE	00:15:09	77
73	1922	Jose Fungueirino Ramos	00:19:35	00:19:21	VET A	30	M	72		00:15:09	78
74	2032	Luis Gomez Casal	00:19:38	00:19:26	Sub 19	13	M	73		00:15:27	88
75	2576	Abel Muíño Piñeiro	00:19:38	00:19:26	Senior	20	M	74		00:15:08	74
76	2370	Jose Mario López Veiga	00:19:38	00:19:03	VET A	31	M	75		00:15:17	82
77	952	Seny Sohna	00:19:42	00:19:24	Sub 23	2	M	76		00:15:08	75
78	529	Esteban Rodríguez Vazquez	00:19:43	00:19:40	VET A	32	M	77	CLUBE ATLETISMO FENE	00:15:12	79
79	892	Humberto Pérez Mauriz	00:19:44	00:19:39	Senior	21	M	78	Náutico naron	00:14:49	61
80	1034	Alejandro Rodríguez Rilo	00:19:44	00:19:40	Sub 19	14	M	79	triatlon ferrol	00:15:23	83

81	2350	Jose Antonio López Rodríguez	00:19:53	00:19:36	Senior	22	M	80		00:15:08	76
82	923	Ricardo Amenedo González	00:19:55	00:19:47	VET A	33	M	81	PASA OU ENTORNA	00:15:16	81
83	471	Javier Tuimil Calvo	00:19:57	00:19:50	VET A	34	M	82	ATLETISMO NARON	00:15:16	80
84	600	Hugo Prida Lobelos	00:19:57	00:19:54	Sub 19	15	M	83	triatlon ferrol	00:15:24	85
85	3328	Eduardo Teran Brage	00:20:00	00:19:49	Senior	23	M	84		00:15:32	93
86	2975	Javier Roca García	00:20:01	00:19:31	Senior	24	M	85		00:15:32	94
87	286	Andres Peña Blanco	00:20:01	00:18:54	Senior	25	M	86	REMO SAN FELIPE	00:15:53	121
88	611	Daniel Cenalmor Pérez-Iago	00:20:01	00:19:42	Sub 23	3	M	87		00:15:32	91
89	1581	Carlos De Juan Fernández	00:20:02	00:19:51	Senior	26	M	88		00:15:32	92
90	1665	Gabriel Doce Díaz	00:20:03	00:19:42	Sub 23	4	M	89		00:15:40	104
91	608	Samuel Ramírez Rodríguez	00:20:05	00:19:59	VET A	35	M	90	CLUBE ATLETISMO FENE	00:15:32	95
92	3006	Tono Rodríguez Fraguela	00:20:05	00:19:50	VET B	9	M	91		00:15:27	87
93	969	Lucía Sicre Maside	00:20:09	00:20:06	Sub 19	1	F	2	RIA FERROL-CONCEPCION ARENAL	00:15:33	96
94	251	Juan Jose Sanchez Martinez	00:20:09	00:18:59	Sub 23	5	M	92	REMO SAN FELIPE	00:15:53	120
95	1119	Luis Amado Vázquez	00:20:09	00:19:20	VET A	36	M	93		00:15:42	107
96	601	Manuel Romero Cabaleiro	00:20:10	00:20:07	Sub 19	16	M	94	triatlon ferrol	00:15:27	89
97	263	Marcos Peña Blanco	00:20:10	00:19:14	Senior	27	M	95	REMO SAN FELIPE	00:15:58	124
98	1469	Francisco Cerezo Andreo	00:20:11	00:20:08	Senior	28	M	96		00:15:37	100
99	2543	Juan Manuel Montero López	00:20:13	00:20:08	Senior	29	M	97		00:15:40	103
100	37	Ruben Fraguela Lopez	00:20:14	00:20:09	Senior	30	M	98	Running Altafit Odeon	00:15:40	102
101	831	Angela Torrente Insua	00:20:14	00:20:13	VET A	1	F	3	Kirós	00:15:45	111
102	894	Alejandro Dopico Rodriguez	00:20:17	00:20:08	Senior	31	M	99	Náutico naron	00:15:36	97
103	685	José Roberto Rey Iglesias	00:20:18	00:20:12	VET B	10	M	100	Escola Atletismo Paula Mayobre	00:15:45	110
104	132	Juan Carlos Almeida Fontenla	00:20:18	00:20:03	Senior	32	M	101		00:15:27	86
105	931	Roberto Carlos Lago Fernández	00:20:19	00:20:12	VET A	37	M	102	PASA OU ENTORNA	00:15:37	99
106	250	Angel Saavedra Arozamena	00:20:20	00:19:21	Senior	33	M	103	REMO SAN FELIPE	00:16:02	136
107	98	Francisco Rivera Marquez	00:20:22	00:20:15	VET A	38	M	104	Running Club Altafit Odeon	00:15:38	101
108	639	Domingo Alvarez Iglesias	00:20:22	00:20:06	VET D	2	M	105	EGOVARROS DE VIVEIRO	00:15:50	116
109	595	Manuel Angel Pita Pereira	00:20:23	00:20:14	VET B	11	M	106	Club Triatlon	00:15:41	105
110	1220	Martín Bellas Gómez	00:20:24	00:19:59	Senior	34	M	107		00:15:51	117
111	416	Roi Blanco Rodríguez	00:20:27	00:20:24	Sub 19	17	M	108	A.D. NÁUTICO DE NARÓN	00:15:46	112
112	589	Iago Villarino Garcia	00:20:28	00:20:15	Sub 19	18	M	109	CLUB NATACION MARINA FERROL	00:15:36	98
113	265	Alvaro Barros Araujo	00:20:28	00:20:14	VET B	12	M	110	REMO SAN FELIPE	00:15:50	115
114	1013	Francisco Javier Jiménez Ciudad	00:20:28	00:20:23	VET B	13	M	111		00:15:42	108
115	1024	Rubén Morado Ruiz	00:20:30	00:20:25	Sub 19	19	M	112	triatlon ferrol	00:15:41	106
116	1006	María Del Carmen Jiménez Ezquerri	00:20:30	00:20:26	Sub 19	2	F	4	SÍGUEME SI PUEDES	00:15:43	109
117	2539	Javier Montenegro Vázquez	00:20:32	00:20:31	VET A	39	M	113		00:15:46	113
118	2217	Raúl Laranjeira Lorenzo	00:20:33	00:19:28	VET A	40	M	114		00:16:02	134
119	2636	Rafael Osuna Reyes	00:20:34	00:19:48	Senior	35	M	115		00:16:12	152
120	882	Marcos Rodríguez García	00:20:34	00:20:32	Sub 19	20	M	116	nautico de naron	00:15:52	118
121	462	Andrés García Barreiro	00:20:35	00:20:29	VET A	41	M	117	ATLETISMO NARON	00:16:04	137
122	157	Manuel Esquivel Martín-niño	00:20:37	00:20:19	Senior	36	M	118		00:16:17	158
123	934	Alberto Prieto Pardo	00:20:39	00:20:33	VET A	42	M	119	PASA OU ENTORNA	00:15:52	119
124	623	Javier González Pereira	00:20:40	00:20:20	VET A	43	M	120	CORREDORES POPULARES ARMADA FERROL	00:16:06	142
125	1205	Miguel Bastida Dopico	00:20:41	00:20:02	VET A	44	M	121		00:15:55	122
126	3102	David Rua Caaveiro	00:20:41	00:20:12	Senior	37	M	122		00:16:06	143
127	1037	César Ramil Ferreira	00:20:41	00:20:35	VET A	45	M	123	Triume	00:16:00	130
128	2454	Julian Martínez Fernández	00:20:41	00:20:15	Senior	38	M	124		00:16:10	149
129	524	Giovanni Quintans Melendez	00:20:41	00:20:25	VET B	14	M	125	C.D. SAN PAIO A ESTRADA	00:15:49	114
130	3306	Luis Enrique Teijeiro Castro	00:20:42	00:20:10	VET A	46	M	126		00:16:07	146
131	1157	Enma Argibay	00:20:43	00:20:41	Sub 19	3	F	5		00:15:58	126
132	3211	Diego Sejjido Dopico	00:20:44	00:20:01	Senior	39	M	127		00:16:19	161
133	742	Enrique García Gen	00:20:44	00:20:17	Senior	40	M	128		00:15:59	129
134	955	Silvia Varela	00:20:46	00:20:15	Sub 19	4	F	6	Ria de Ferrol	00:16:07	145
135	961	Gonzalo Cardenal Echevarría	00:20:48	00:20:46	Sub 19	21	M	129	RIA FERROL-CONCEPCION ARENAL	00:16:00	131
136	1869	Jorge Formoso Castro	00:20:49	00:20:38	Senior	41	M	130		00:16:20	162
137	850	Emilio Pesenti Frade	00:20:50	00:20:38	Sub 19	22	M	131	marina ferrol	00:15:58	127
138	2097	Noelia Gonzalez Vazquez	00:20:50	00:20:46	Senior	2	F	7		00:16:05	140
139	2775	Luis Permuy López	00:20:51	00:20:45	VET A	47	M	132		00:16:01	133
140	2290	David López Filgueira	00:20:51	00:19:57	Senior	42	M	133		00:16:13	154
141	143	Francisco Jose Bernal Pazos	00:20:52	00:20:36	Senior	43	M	134		00:16:17	159
142	1876	Álvaro Fraga Dopico	00:20:53	00:20:29	VET B	15	M	135		00:16:23	165
143	691	Pedro Medin Saurez	00:20:54	00:20:48	VET A	48	M	136	FERROL	00:16:02	135
144	1048	Manuel Tomás Lorenzo Juanes	00:20:55	00:20:47	VET A	49	M	137		00:16:06	144
145	396	Luca Jove Muiños	00:20:55	00:20:52	Sub 19	23	M	138	CLUB CASTRO DE LOBADIZ	00:16:05	139
146	248	Alvaro Barros Sobrin	00:20:55	00:20:31	Sub 19	24	M	139	REMO SAN FELIPE	00:16:05	138
147	39	Juanjo Gaido Cao	00:20:55	00:20:45	VET B	16	M	140	ATLETISMO NARON	00:15:59	128
148	965	Diego Martín Ares	00:20:55	00:20:40	VET A	50	M	141	RIA FERROL-CONCEPCION ARENAL	00:15:58	125
149	609	Antonio Rodríguez García	00:20:56	00:20:45	VET A	51	M	142	CLUBE ATLETISMO FENE	00:16:14	155
150	2686	Oscar Manuel Patín López	00:20:56	00:20:45	VET A	52	M	143		00:15:57	123
151	370	Francisco Delgado Amor	00:20:58	00:20:21	VET B	17	M	144	CLUB CASTRO DE LOBADIZ	00:16:29	175
152	626	Manuel Varela Vila	00:20:58	00:20:40	VET B	18	M	145	CORREDORES POPULARES ARMADA FERROL	00:16:18	160
153	2223	Roberto Leal Díaz	00:20:59	00:20:52	Senior	44	M	146		00:16:01	132
154	367	Emilio José Jove Castro	00:21:00	00:20:55	VET B	19	M	147	CLUB CASTRO DE LOBADIZ	00:16:12	153
155	880	Bruno Leiracha Mahia	00:21:01	00:21:00	Sub 19	25	M	148	CLUB CASTRO DE LOBADIZ	00:16:06	141
156	1993	José García Rei	00:21:02	00:20:56	VET B	20	M	149		00:16:11	151
157	1150	Jose Manuel Araujo Mesa	00:21:05	00:21:02	VET B	21	M	150		00:16:11	150
158	1402	Alejandro Casanova Veiga	00:21:08	00:20:54	Senior	45	M	151		00:16:27	171
159	1583	Ángel Mº De La Huerta Fernández	00:21:08	00:21:05	VET A	53	M	152		00:16:17	157
160	929	Rubén Freire Casas	00:21:09	00:21:01	VET A	54	M	153	PASA OU ENTORNA	00:16:21	163
161	148	Miguel Casado Avellaneda	00:21:09	00:20:51	Senior	46	M	154		00:16:25	167

162	928	Adri Ferrer Garcia	00:21:10	00:21:03	Senior	47	M	155	PASA OU ENTORNA	00:16:22	164
163	2156	Cesar Hurtado Cisnero	00:21:10	00:20:40	Senior	48	M	156		00:16:55	205
164	971	Miriam Tojeiro	00:21:11	00:21:07	Sub 19	5	F	8	RIA FERROL-CONCEPCION ARENAL	00:16:09	148
165	1717	Javier Enriquez Allegue	00:21:12	00:20:47	Senior	49	M	157		00:16:27	172
166	3214	Xurxo Seijo Saavedra	00:21:13	00:20:37	VET A	55	M	158		00:16:44	193
167	890	Carlos Rios Nuñez	00:21:13	00:21:10	VET A	56	M	159	Náutico naron	00:16:08	147
168	577	David Vázquez Diaz	00:21:13	00:20:32	Senior	50	M	160	Club Hércules Termaria	00:16:33	180
169	2972	Luis Rivera Sixto	00:21:14	00:20:49	Senior	51	M	161		00:16:27	170
170	402	Patricia Rojas Meijomil	00:21:15	00:21:08	VET A	2	F	9	CLUB CASTRO DE LOBADIZ	00:16:29	177
171	2820	Jose Piñón Soto	00:21:15	00:21:04	VET A	57	M	162		00:16:37	186
172	528	Alejandro Rey Seoane	00:21:16	00:21:01	VET A	58	M	163	CD Recimil	00:16:28	174
173	371	José Manuel Doce Freire	00:21:17	00:21:10	VET B	22	M	164	CLUB CASTRO DE LOBADIZ	00:16:29	176
174	732	Rafael Garcia Pouso	00:21:18	00:21:08	VET A	59	M	165	INDEPENDIENTE	00:16:26	169
175	2598	Ricardo Nieto Feal	00:21:20	00:20:54	VET A	60	M	166		00:16:25	168
176	2764	Francisco Pérez Vargas	00:21:21	00:21:16	VET A	61	M	167		00:16:34	182
177	734	Antonio Lopez Fernandez	00:21:22	00:21:00	VET A	62	M	168	INDEPENDIENTE	00:16:30	178
178	373	Ricardo Diaz Vargas	00:21:22	00:21:14	VET A	63	M	169	CLUB CASTRO DE LOBADIZ	00:16:40	188
179	70	Jose Manuel Moreno Vilarño	00:21:23	00:21:16	Senior	52	M	170	Runining Club Altafit Odeon	00:16:16	156
180	375	Luis Gamundi Miraz	00:21:23	00:21:15	VET C	2	M	171	CLUB CASTRO DE LOBADIZ	00:16:40	187
181	552	Jose Luis Garcia Rodriguez	00:21:24	00:21:01	VET A	64	M	172	CLUB ATLETISMO SADA	00:16:32	179
182	469	Cosme Souto Pico	00:21:25	00:21:14	VET B	23	M	173	ATLETISMO NARON	00:16:35	184
183	2196	Alejandro Juárez Liebana	00:21:29	00:21:23	Senior	53	M	174		00:16:37	185
184	249	Anton Ginzo Fernandez	00:21:30	00:21:06	Sub 19	26	M	175	REMO SAN FELIPE	00:16:35	183
185	246	Iñaki Orjales Estevez	00:21:31	00:21:05	Sub 19	27	M	176	REMO SAN FELIPE	00:16:34	181
186	389	Sergio Aullon Fernandez	00:21:32	00:21:01	VET A	65	M	177	CLUB CASTRO DE LOBADIZ	00:16:51	203
187	1574	Francisco Javier Dapena Teijeiro	00:21:33	00:21:04	VET B	24	M	178		00:16:45	195
188	160	Alberto Franzone Outon	00:21:35	00:21:14	Sub 23	6	M	179		00:16:28	173
189	3158	Manuel Sandomingo López	00:21:36	00:20:57	Senior	54	M	180		00:16:42	189
190	3182	Adrian Santalla Rivera	00:21:37	00:20:58	Senior	55	M	181		00:16:24	166
191	487	Victor Mendez Dopico	00:21:40	00:21:17	VET A	66	M	182		00:16:47	197
192	921	Jose Adolfo Agrafojo Villasuso	00:21:40	00:21:35	VET B	25	M	183	PASA OU ENTORNA	00:16:43	191
193	1903	Victor Freire Fernández	00:21:42	00:20:36	VET B	26	M	184		00:17:06	218
194	168	Carlos Gomez Villalba	00:21:43	00:21:20	Senior	56	M	185		00:16:56	207
195	494	Antonio Grandal Fernandez	00:21:44	00:21:19	VET B	27	M	186	BE ONE LA MALATA	00:16:50	202
196	924	Jose Alberto Barral Romeo	00:21:45	00:21:37	VET A	67	M	187	PASA OU ENTORNA	00:16:45	196
197	1380	Adrián Carballo Pardo	00:21:45	00:20:41	VET A	68	M	188		00:16:44	192
198	1464	Alejandro Celis Fresco	00:21:47	00:21:29	VET A	69	M	189		00:16:57	209
199	613	Juan Carlos Hermida Mera	00:21:49	00:21:40	VET B	28	M	190	CLUB CASTRO DE LOBADIZ	00:16:48	199
200	854	Pelayo Ruiz Garcia	00:21:49	00:21:39	Sub 19	28	M	191		00:16:44	194
201	962	Luz Cercido Diaz	00:21:49	00:21:48	VET A	3	F	10	RIA FERROL-CONCEPCION ARENAL	00:16:42	190
202	47	Jesús Graiño Prego	00:21:50	00:21:41	VET B	29	M	192	Runining Club Altafit Odeon	00:16:47	198
203	878	Miguel Veiga Gonzalez	00:21:52	00:21:39	VET B	30	M	193	Montefaro	00:16:49	201
204	195	Enrique Perez Pastor	00:21:52	00:21:26	Senior	57	M	194		00:17:17	229
205	1049	Yan Qing Chen Lin	00:21:53	00:21:45	Senior	58	M	195	YANLOLU	00:16:55	206
206	1979	Pedro Garcia Moreno	00:21:54	00:21:30	Senior	59	M	196		00:16:51	204
207	486	Montserrat Ruiz Dopico	00:21:55	00:21:28	VET A	4	F	11		00:17:06	217
208	1474	Ramon Cernadas Veiga	00:21:57	00:21:40	VET A	70	M	197		00:17:05	213
209	1699	Héctor Duarte Bouzas	00:21:57	00:20:56	Senior	60	M	198		00:17:11	223
210	1147	Marta Aragonés Sastre	00:22:00	00:21:37	Senior	3	F	12		00:16:58	210
211	964	Natalia López Fernández	00:22:01	00:21:55	Sub 19	6	F	13	RIA FERROL-CONCEPCION ARENAL	00:16:57	208
212	2074	Santiago González Leal	00:22:01	00:21:50	VET B	31	M	199		00:17:07	219
213	2516	Iván Méndez Santalla	00:22:03	00:21:06	Senior	61	M	200		00:17:17	228
214	2345	David Lopez Rivas	00:22:05	00:20:32	VET A	71	M	201		00:17:29	241
215	2187	Marco Iorio Salceda	00:22:07	00:21:01	Senior	62	M	202		00:17:24	235
216	474	Pablo Chao Rejo	00:22:09	00:21:37	Sub 19	29	M	203		00:17:05	212
217	391	Jose Antonio Tembras Ameneiro	00:22:09	00:22:02	VET B	32	M	204	CLUB CASTRO DE LOBADIZ	00:17:10	221
218	2700	Pablo Pazos Garcia	00:22:11	00:21:22	VET A	72	M	205		00:17:06	215
219	669	Juan Manuel Barcia Garcia	00:22:13	00:22:02	VET A	73	M	206	Escola Atletismo Paula Mayobre	00:17:06	216
220	422	Sara López Losada	00:22:14	00:22:11	Sub 19	7	F	14	AD NAUTICO DE NARON	00:17:06	214
221	735	Jose Lopez Aneiros	00:22:16	00:22:00	VET C	3	M	207	RIA FERROL-CONCEPCION ARENAL	00:17:14	225
222	575	Rafael Morales Sanchez	00:22:18	00:22:16	VET A	74	M	208	CLUB DEPORTIVO CHICLANERO	00:16:48	200
223	7	Miguel Angel Arias Castro	00:22:21	00:22:11	VET A	75	M	209	Runining Club Altafit Odeon	00:17:20	232
224	2922	Jose Ramon Regueira Mesia	00:22:21	00:21:58	VET B	33	M	210		00:17:19	230
225	3192	Manuel Santiago Moron	00:22:23	00:22:00	Sub 19	30	M	211		00:17:03	211
226	3448	Francisco Vidal Perez	00:22:23	00:21:58	VET B	34	M	212		00:17:34	248
227	588	Noelia Serantes Barreiro	00:22:24	00:22:21	Sub 19	8	F	15	CLUB NATACION CEDEIRA MUEBLES GARCIA	00:17:07	220
228	91	Abel Quintela Tocino	00:22:26	00:22:16	VET A	76	M	213	Runining Club Altafit Odeon	00:17:16	227
229	364	Carlos Andres Verdes Ares	00:22:27	00:22:19	VET C	4	M	214	CLUB CASTRO DE LOBADIZ	00:17:20	231
230	895	Mane Encinas Benito	00:22:27	00:21:19	Senior	63	M	215		00:17:53	272
231	684	Jose Miguel Polo Carreiras	00:22:28	00:22:12	VET C	5	M	216	Escola Atletismo Paula Mayobre	00:17:31	242
232	319	Berto Baz Rodriguez	00:22:28	00:22:08	VET B	35	M	217	MERCEDARIAS FERROL	00:17:33	247
233	420	Carlos Ruiz Seijo	00:22:29	00:22:18	VET A	77	M	218	A.D.R. VARA E PEDAL	00:17:12	224
234	1315	José Manuel Caeiro Lopez	00:22:29	00:21:52	VET A	78	M	219		00:17:32	244
235	2324	Jordi Lopez Mercader	00:22:32	00:22:11	VET B	36	M	220		00:17:26	238
236	424	Victor Manuel Vilar Reina	00:22:33	00:22:12	VET A	79	M	221	AD NAUTICO NARON	00:17:16	226
237	259	Raul Guerrero Fernandez	00:22:34	00:21:24	Sub 19	31	M	222	REMO SAN FELIPE	00:17:35	250
238	508	Miguel Angel Galdo Bogo	00:22:35	00:22:24	VET B	37	M	223	BEONE A MALATA	00:17:20	233
239	926	Isabel Felgar Lopez	00:22:36	00:22:21	VET B	1	F	16	PASA OU ENTORNA	00:17:33	245
240	938	David Santos Martinez	00:22:36	00:22:28	VET A	80	M	224	PASA OU ENTORNA	00:17:21	234
241	3237	Carlos Sicre Romero	00:22:37	00:22:28	VET B	38	M	225		00:17:29	240
242	3115	Jesús Saavedra Rico	00:22:37	00:21:48	Senior	64	M	226		00:17:24	236

243	1833	Antonio Fernández Zaragoza	00:22:38	00:22:20	Senior	65	M	227		00:17:26	237
244	567	Manuel López Río	00:22:41	00:22:24	Sub 23	7	M	228	Club de Remo A Cabana	00:17:36	251
245	1297	Mª Lorena Bustabad Hermida	00:22:43	00:22:30	VET A	5	F	17		00:17:35	249
246	2004	Jose Luis Garrote Ramil	00:22:44	00:21:49	VET A	81	M	229		00:17:44	260
247	1165	Nacho Arroyo Cunha	00:22:45	00:22:05	Senior	66	M	230		00:18:01	285
248	366	Paula Antón Vázquez	00:22:46	00:22:38	VET B	2	F	18	CLUB CASTRO DE LOBADIZ	00:17:32	243
249	381	Juan Pedro Casero Rebé	00:22:46	00:22:26	VET B	39	M	231	CLUB CASTRO DE LOBADIZ	00:17:11	222
250	512	Roberto Perez Perez	00:22:47	00:22:26	VET A	82	M	232	Beonelamalata	00:17:58	278
251	212	David Suero Noriega	00:22:48	00:22:30	Senior	67	M	233		00:17:46	264
252	3523	Jorge Juan Suárez Fernández	00:22:48	00:22:04	VET A	83	M	234	PASA OU ENTORNA	00:17:38	253
253	142	Antonio Benavente Cutillas	00:22:48	00:22:32	Senior	68	M	235		00:17:47	266
254	170	Juan Manuel Jimenez Jusmet	00:22:48	00:22:31	Sub 23	8	M	236		00:17:46	265
255	187	Pedro Mendez Rodriguez	00:22:48	00:22:33	Senior	69	M	237		00:18:11	304
256	1264	Rubén Bouza Calvo	00:22:49	00:22:01	Senior	70	M	238		00:17:33	246
257	238	Francisco Fernández García	00:22:51	00:22:26	VET B	40	M	239	Tirso de Molina	00:17:43	258
258	3003	Jose Manuel Rodriguez Fernandez	00:22:52	00:22:47	VET A	84	M	240		00:17:44	262
259	3410	Francisco Vázquez Rodríguez	00:22:52	00:22:41	Senior	71	M	241		00:17:40	255
260	1036	Virginia Polo Campello	00:22:53	00:22:34	VET A	6	F	19	CLUB CASTRO DE LOBADIZ	00:17:38	254
261	197	Samir Rey Amor	00:22:53	00:21:56	Senior	72	M	242		00:17:59	283
262	3106	Juan David Ruiz Piñeiro	00:22:54	00:22:33	Senior	73	M	243		00:17:37	252
263	1082	Antonio Alonso Cabaleiro	00:22:55	00:22:00	Senior	74	M	244		00:17:44	261
264	925	Fran Cordero Rodriguez	00:22:55	00:22:47	Senior	75	M	245	PASA OU ENTORNA	00:17:42	257
265	954	Nuria Fonticoba	00:22:56	00:22:15	Sub 19	9	F	20	Ria de Ferrol	00:17:44	263
266	481	Nacho Valenciano Martínez	00:22:57	00:22:25	Sub 19	32	M	246		00:17:47	267
267	989	Iria Aldao Prada	00:22:57	00:22:29	VET A	7	F	21	sieiro runing	00:17:42	256
268	638	María Del Pilar Villar Vellón	00:22:58	00:22:45	Senior	4	F	22		00:17:51	270
269	3109	Fernando Saavedra Casas	00:22:58	00:22:47	VET B	41	M	247		00:17:50	269
270	1069	David Ahijado Fernandez	00:23:00	00:23:00	Senior	76	M	248		00:18:13	311
271	1404	Rafael Casas Durán	00:23:02	00:22:14	VET B	42	M	249		00:18:08	294
272	3032	Manuel Antonio Rodríguez Prada	00:23:03	00:22:51	VET C	6	M	250		00:17:52	271
273	985	M. Alejandro Dopico López	00:23:05	00:22:47	VET B	43	M	251	Running club de carretera	00:17:56	275
274	1806	Tomas Fernández Mata	00:23:08	00:22:38	VET B	44	M	252		00:18:10	298
275	2028	Emilio Gomez Bernal	00:23:08	00:21:31	Senior	77	M	253		00:18:10	299
276	1286	Miguel Brozos Vázquez	00:23:10	00:22:08	VET A	85	M	254		00:18:05	289
277	2427	Antonio Marin González	00:23:10	00:22:02	Senior	78	M	255		00:18:10	300
278	488	Roberto Fojo Dopico	00:23:11	00:22:44	VET A	86	M	256	be one a malata	00:17:54	273
279	56	Cesar López Santiago	00:23:11	00:23:05	Senior	79	M	257	Running Altafit Odeon	00:17:43	259
280	2814	Javier Piñon Carro	00:23:11	00:22:07	VET A	87	M	258		00:18:18	319
281	3377	Óscar José Varela Gómez	00:23:12	00:22:58	VET A	88	M	259		00:18:04	288
282	602	Cristian Calvo Gonzalez	00:23:13	00:23:08	Senior	80	M	260	CLUBE ATLETISMO FENE	00:17:47	268
283	2765	Angel Perez Vazquez	00:23:13	00:22:14	Senior	81	M	261		00:18:16	314
284	686	Roberto Sanjuan Sanchez	00:23:14	00:22:58	VET B	45	M	262	Escola Atletismo Paula Mayobre	00:18:12	306
285	922	Fernando Agras Pita	00:23:15	00:22:40	Senior	82	M	263	PASA OU ENTORNA	00:18:13	309
286	1766	José Luis Fernández Berini	00:23:15	00:22:51	VET B	46	M	264		00:17:56	274
287	610	Julio Serantes Castro	00:23:16	00:23:16	VET A	89	M	265	CLUBE ATLETISMO FENE	00:18:09	296
288	642	Jose Luis Meizoso Bastida	00:23:16	00:22:56	VET C	7	M	266	EGOVARROS DE VIVEIRO	00:18:00	284
289	162	Jaime Antonio Galán Vilarubi	00:23:19	00:22:35	Senior	83	M	267		00:18:24	327
290	3465	Juan Vilar Mosquera	00:23:19	00:22:57	VET C	8	M	268		00:18:13	307
291	136	Daniel Aragon Callealta	00:23:19	00:22:44	Sub 23	9	M	269		00:18:35	359
292	1414	Jose Castiñeira Miralles	00:23:21	00:22:21	Senior	84	M	270		00:18:08	295
293	131	Victor Jesus Almagro Otolara	00:23:24	00:23:03	Senior	85	M	271		00:18:34	356
294	2193	Cristian Jiménez Ares	00:23:25	00:23:05	Senior	86	M	272		00:18:14	312
295	563	Sabela Yañez Lopez	00:23:25	00:23:05	Sub 23	1	F	23	CLUB ATLETISMO SANTIAGO	00:18:06	290
296	115	Amando Serrano López	00:23:26	00:23:16	Senior	87	M	273	Running Altafit Odeon	00:17:57	276
297	93	Marta Real Valiño	00:23:26	00:23:18	Senior	5	F	24	Running Altafit Odeon	00:17:59	280
298	496	Lucas Grandal Lama	00:23:26	00:22:53	Sub 19	33	M	274	BE ONE LA MALATA	00:18:40	369
299	1050	David Varela Peteira	00:23:27	00:23:19	Senior	88	M	275	YANLOLU	00:17:58	277
300	388	Neil McMahon	00:23:28	00:23:28	VET A	90	M	276	CLUB CASTRO DE LOBADIZ	00:18:17	315
301	670	Manuel Basoa Rodriguez	00:23:28	00:23:15	Senior	89	M	277	Escola Atletismo Paula Mayobre	00:18:13	310
302	591	Paula Ferreiro Mendez	00:23:28	00:23:17	Sub 19	10	F	25	marina ferrol	00:17:59	282
303	1487	Francisco Cobas	00:23:29	00:22:17	VET C	9	M	278		00:18:29	344
304	580	Marta Pereira Fery	00:23:29	00:23:19	Sub 19	11	F	26		00:17:59	281
305	590	Daniel Ardao Grandal	00:23:29	00:23:18	Sub 19	34	M	279	CLUB NATACION MARINA FERROL	00:17:58	279
306	2296	Juan Antonio Lopez Gonzalez	00:23:30	00:22:19	Senior	90	M	280		00:18:23	324
307	1185	Jose Manuel Barea De Los Rios	00:23:30	00:22:33	Senior	91	M	281		00:18:24	325
308	3239	Rosa Sierra Palmeiro	00:23:30	00:23:21	VET B	3	F	27		00:18:07	292
309	151	Diego Francisco César Cifuentes	00:23:31	00:22:43	Senior	92	M	282		00:18:28	343
310	145	Pablo Boniquito Malvarez	00:23:32	00:23:32	Sub 23	10	M	283		00:18:25	333
311	2456	Miguel Martinez Garcia	00:23:32	00:23:31	Sub 19	35	M	284		00:18:17	317
312	687	Jose Manuel Pena Salido	00:23:32	00:23:14	VET B	47	M	285	EUMENATURA MONTAÑA	00:18:07	291
313	883	Michelle Gonzalez Freire	00:23:32	00:23:31	Sub 19	12	F	28	Náutico naron	00:18:18	318
314	17	Manuel Castro Redondo	00:23:34	00:23:24	Senior	93	M	286	Runining Club Altafit Odeon	00:18:02	286
315	2797	Iñaki Pinto Iglesias	00:23:34	00:22:47	VET A	91	M	287		00:18:40	367
316	209	Manuel Jesus Serrano Chaves	00:23:34	00:22:49	Senior	94	M	288		00:18:27	339
317	3103	Sergio Ruibal Garcia	00:23:34	00:22:35	Senior	95	M	289		00:18:48	387
318	163	Jose Javier Garcia Dominguez	00:23:34	00:22:35	Senior	96	M	290		00:18:24	326
319	213	Manuel Ángel Varela Garcia	00:23:35	00:22:59	Sub 23	11	M	291		00:18:26	337
320	1131	Nonito Aneiros García	00:23:35	00:23:18	VET B	48	M	292		00:18:27	341
321	3262	Eligio Soto Vázquez	00:23:36	00:22:51	VET A	92	M	293		00:18:35	360
322	161	Ana Margarita Freire Arufe	00:23:36	00:23:18	VET B	4	F	29		00:18:17	316
323	3393	José Ángel Vázquez Freire	00:23:36	00:23:15	VET A	93	M	294		00:18:13	308

324	211	Noé Soto Faraldo	00:23:36	00:22:52	Senior	97	M	295		00:18:24	329
325	558	Gelasio Riotorto Varela	00:23:36	00:22:53	VET A	94	M	296	CLUB ATLETISMO SADA	00:18:19	321
326	365	Jose Ramon Gutierrez Cobas	00:23:37	00:22:56	VET C	10	M	297	CLUB CASTRO DE LOBADIZ	00:18:31	350
327	1026	Carlota Teijeiro Alvarez	00:23:38	00:23:24	Sub 19	13	F	30	triatlon ferrol	00:18:11	302
328	1121	Alberto Amador Neira	00:23:38	00:23:05	Senior	98	M	298		00:18:19	320
329	1027	Javier Teijeiro Gonzalez	00:23:39	00:23:39	VET A	95	M	299	triatlon ferrol	00:18:10	301
330	2106	Jose Antonio Goyanes Vazquez	00:23:39	00:23:24	VET B	49	M	300		00:18:03	287
331	198	Feliz Rico Da Costa	00:23:40	00:23:21	VET B	50	M	301		00:18:46	383
332	500	Pablo Meizoso López	00:23:41	00:23:02	VET A	96	M	302		00:18:54	396
333	498	Angela Maria Castro Rivas	00:23:43	00:23:21	VET A	8	F	31		00:18:20	322
334	2002	Jose Manuel Garea Couceiro	00:23:43	00:23:14	VET A	97	M	303		00:18:34	358
335	814	Joaquín Sanchez Rodriguez	00:23:43	00:22:50	VET A	98	M	304	JESUS MAESTRO	00:18:26	335
336	918	Juan Pablo Pidal López	00:23:44	00:23:22	Senior	99	M	305		00:18:11	305
337	260	Brais Roca Dapena	00:23:44	00:23:01	Sub 19	36	M	306	REMO SAN FELIPE	00:18:26	336
338	417	Daniel Diaz Vila	00:23:44	00:23:07	VET A	99	M	307	A.D.Judo Ferrolterra	00:18:25	332
339	2389	Santiago Losada Pérez	00:23:45	00:23:25	VET D	3	M	308		00:18:32	352
340	205	Daniel Roldan Lopez	00:23:45	00:23:18	Senior	100	M	309		00:18:49	390
341	2001	Jesus Garea Ares	00:23:45	00:23:06	VET A	100	M	310		00:19:00	411
342	3027	Francisco Rodríguez Pereira	00:23:46	00:22:52	VET B	51	M	311		00:18:41	371
343	679	Ofeila Lubián Dubra	00:23:46	00:23:32	VET B	5	F	32	Escola Atletismo Paula Mayobre	00:18:27	340
344	418	Alberto López Polo	00:23:47	00:23:12	VET A	101	M	312	A.D.Judo Ferrolterra	00:18:39	365
345	2853	Juan Carlos Porto López	00:23:47	00:22:49	VET B	52	M	313		00:18:31	348
346	935	Xesús Anxo López Pintos	00:23:47	00:23:33	VET C	11	M	314	PASA OU ENTORNA	00:18:29	345
347	2625	Aimar Oreona Crespo	00:23:47	00:23:32	Sub 19	37	M	315		00:18:31	351
348	566	Manuel Fernández Rodríguez	00:23:47	00:23:26	Senior	101	M	316	Club de Remo A Cabana	00:18:11	303
349	2160	Alfonso Iglesias Alguacil	00:23:48	00:23:07	VET B	53	M	317		00:18:46	381
350	3016	Juan Jose Rodriguez Graña	00:23:49	00:23:35	VET A	102	M	318		00:18:32	353
351	747	Begoña Sicre Romero	00:23:49	00:23:40	VET B	6	F	33		00:18:15	313
352	53	Ruben Lopez Couce	00:23:49	00:23:01	VET A	103	M	319	Runining Club Altafit Odeon	00:18:34	357
353	640	Antonio Cabana Orosa	00:23:49	00:23:35	VET D	4	M	320	EGOVARROS DE VIVEIRO	00:18:31	347
354	2271	Mario López Casanova	00:23:49	00:23:08	Senior	102	M	321		00:18:41	373
355	1051	Pablo Val Guerreiro	00:23:50	00:23:33	VET B	54	M	322	yo	00:18:25	331
356	3282	Martín Suárez Álvarez	00:23:51	00:23:41	Sub 19	38	M	323		00:18:07	293
357	584	Esther Couto Lamigueiro	00:23:53	00:23:01	Senior	6	F	34	CLUB NATACION CEDEIRA MUEBLES GARCIA	00:18:24	330
358	196	Abel Pina Pedrote	00:23:54	00:22:51	Senior	103	M	324		00:18:57	405
359	152	Manuel Chao Sanchez	00:23:54	00:22:51	Senior	104	M	325		00:18:57	406
360	1639	Sergio Diaz Rodríguez	00:23:54	00:22:50	VET A	104	M	326		00:18:48	386
361	427	Irene Mera Gonzalez	00:23:54	00:23:52	Sub 19	14	F	35	ATLETISMO NARON	00:18:24	328
362	1480	Adrián Chamosa López	00:23:56	00:23:39	Senior	105	M	327		00:18:09	297
363	202	Jose Rodriguez Caña	00:23:57	00:23:12	Senior	106	M	328		00:18:42	375
364	2382	Diego Lorenzo Muñoz	00:23:58	00:22:59	Senior	107	M	329		00:18:40	368
365	1550	Raquel Crespo Esteban	00:23:58	00:23:35	VET A	9	F	36		00:18:39	364
366	1187	Manuel Barredo Armada	00:23:59	00:23:34	VET A	105	M	330		00:18:36	361
367	3083	Paula Romero López	00:24:00	00:23:01	VET B	7	F	37		00:18:38	363
368	2195	Virgínia Jimenez Sierra	00:24:01	00:23:44	VET A	10	F	38		00:18:28	342
369	3063	Rocio Rola Garcia	00:24:01	00:23:49	VET A	11	F	39		00:18:37	362
370	2484	Reyes Martínez Vila	00:24:02	00:23:48	VET A	12	F	40		00:18:31	349
371	1008	Xosé Goiriz Dopico	00:24:02	00:23:49	VET A	106	M	331	triatlon ferrol	00:18:41	370
372	2679	Javier Paredes Pita	00:24:02	00:22:40	Sub 23	12	M	332		00:19:09	429
373	201	Ignacio Ródenas Pérez Cuadrado	00:24:03	00:23:00	Sub 23	13	M	333		00:18:50	392
374	3425	David Vega Guisasaola	00:24:03	00:23:53	Senior	108	M	334		00:18:32	354
375	199	Daniel Rivas Otero	00:24:04	00:23:36	Senior	109	M	335		00:18:42	378
376	1655	Carlos Diaz-pache Mackinlay	00:24:05	00:24:05	VET B	55	M	336		00:18:30	346
377	1158	Javier Arias Verdejo	00:24:05	00:23:22	Senior	110	M	337		00:18:58	407
378	2405	Jaime Maceiras Bueno	00:24:05	00:23:23	Sub 19	39	M	338		00:18:41	374
379	378	Alberto Calvo Fernandez	00:24:06	00:23:29	VET D	5	M	339	CLUB CASTRO DE LOBADIZ	00:18:44	380
380	1323	Ruben Cainzos Rodrigéz	00:24:07	00:23:37	VET A	107	M	340		00:18:34	355
381	1384	Francisco Carneiro Garcia	00:24:07	00:23:36	Senior	111	M	341		00:18:43	379
382	956	Marcos Barja Rivas	00:24:07	00:23:43	Sub 23	14	M	342	RIA FERROL-CONCEPCION ARENAL	00:18:42	376
383	1199	Josaquín Barros Lago	00:24:07	00:23:13	VET A	108	M	343		00:19:04	422
384	2888	Carlos Quintero González	00:24:08	00:23:43	Senior	112	M	344		00:18:42	377
385	182	Álvaro Márquez González	00:24:09	00:23:36	Senior	113	M	345		00:18:56	401
386	1018	Begoña Pernas Gómez	00:24:10	00:23:51	VET A	13	F	41	triatlon ferrol	00:18:41	372
387	133	Antonio Alvarez Funes	00:24:11	00:23:55	Senior	114	M	346		00:18:20	323
388	2226	Mario Ledo Fariñas	00:24:12	00:24:05	VET A	109	M	347		00:18:56	402
389	1359	María Cana Villar	00:24:12	00:24:06	VET A	14	F	42		00:18:56	400
390	489	Almudena Pantin López	00:24:13	00:23:51	VET A	15	F	43	be one a malata	00:18:47	385
391	194	Cecilia Pérez Fernández	00:24:13	00:23:41	Senior	7	F	44		00:18:56	403
392	1740	José Manuel Fabeiro Durán	00:24:15	00:24:00	VET A	110	M	348		00:18:40	366
393	480	Eduardo Rouco Sánchez	00:24:16	00:23:45	Sub 19	40	M	349		00:18:53	393
394	714	Ramiro Caneiro Granullaque	00:24:16	00:23:48	VET A	111	M	350	general mechanics	00:19:01	413
395	1597	Antonio Del Rio Rodriguez	00:24:18	00:23:23	Sub 19	41	M	351		00:19:17	441
396	186	Jose Luis Medina Cobos	00:24:18	00:23:37	Senior	115	M	352		00:19:03	416
397	150	Gabriel Castro Soto	00:24:18	00:23:16	Sub 23	15	M	353		00:19:29	455
398	173	Andres Eduardo Leal Batrouni	00:24:18	00:23:28	Senior	116	M	354		00:19:04	421
399	189	Manuel Jesus Moreno Perez	00:24:19	00:23:49	Senior	117	M	355		00:18:25	334
400	153	Luis Collantes Medina	00:24:20	00:23:29	Senior	118	M	356		00:19:10	431
401	166	Miguel Ángel Garrido Perea	00:24:20	00:23:16	Senior	119	M	357		00:19:10	430
402	3364	Manuel Valencia Casas	00:24:21	00:23:26	Sub 19	42	M	358		00:19:17	442
403	138	Victor Manuel Ascencio Mendieta	00:24:21	00:24:00	Senior	120	M	359		00:18:49	391
404	3013	José Francisco Rodríguez García	00:24:22	00:24:10	VET A	112	M	360		00:18:46	382

405	2607	Irene Novo Saavedra	00:24:24	00:24:11	VET B	8	F	45		00:18:59	408
406	991	Pedro Fernández Sánchez-roldán	00:24:25	00:23:55	VET B	56	M	361	SÍGUEME SI PUEDES	00:18:57	404
407	369	Jose Manuel Del Toro Miguez	00:24:25	00:24:11	VET C	12	M	362	CLUB CASTRO DE LOBADIZ	00:19:05	424
408	492	Carlos Vila García	00:24:25	00:24:02	Senior	121	M	363		00:18:47	384
409	1253	Seila Blanco Varela	00:24:28	00:24:18	VET A	16	F	46		00:18:54	397
410	1172	Jaime Baeza Penas	00:24:29	00:23:03	Senior	122	M	364		00:19:51	503
411	843	Alice Zahradnikova Matejkova	00:24:30	00:23:55	VET A	17	F	47	LOBOS DE NARAIO	00:18:55	398
412	1779	David Fernandez Fernandez	00:24:32	00:22:57	Sub 19	43	M	365		99:99:99	999999
413	243	Cristina Rodriguez Lopez	00:24:32	00:23:53	Sub 19	15	F	48	REMO SAN FELIPE	00:19:12	435
414	208	Marta Santos Rodriguez	00:24:33	00:24:12	VET A	18	F	49		00:18:49	389
415	147	Jose María Carballo Rodriguez	00:24:33	00:24:16	VET A	113	M	366		00:18:48	388
416	2773	Fernando Perez-pardo Blanco	00:24:34	00:24:12	VET A	114	M	367		00:18:54	395
417	536	Santiago Alvarez Piñeiro	00:24:35	00:24:15	VET A	115	M	368	CLUB ATLETISMO NARON	00:18:55	399
418	105	Lorena Rodriguez Fernandez	00:24:35	00:24:27	VET A	19	F	50	Running Club Altafit Odeon	00:19:03	418
419	3190	Pablo Santiago Lopez	00:24:35	00:24:06	VET B	57	M	369		00:19:00	410
420	688	Alejandro Martinez Bacelo	00:24:39	00:24:20	Senior	123	M	370		00:18:53	394
421	1308	Fernando Cabanas Porto	00:24:39	00:23:27	VET B	58	M	371		00:19:44	483
422	2727	José Alberto Pérez Blanco	00:24:39	00:23:47	VET B	59	M	372		00:19:11	434
423	616	Guillermo Maneiros Pazos	00:24:39	00:23:47	VET B	60	M	373	COLEGIO JESUS MAESTRO	00:19:18	444
424	586	Oliver Graña Pérez	00:24:40	00:24:19	VET A	116	M	374	CLUB NATACION CEDEIRA MUEBLES GARCIA	00:19:00	409
425	585	Inés Graña González	00:24:40	00:24:20	Sub 19	16	F	51	CLUB NATACION CEDEIRA MUEBLES GARCIA	00:19:00	412
426	20	Paula María Cobelo Martínez	00:24:40	00:24:32	VET A	20	F	52	Running Club Altafit Odeon	00:19:03	419
427	21	Íker Crego Cobelo	00:24:40	00:24:32	Sub 19	44	M	375	Running Altafit Odeon	00:19:03	417
428	1620	Andrés Vicente Díaz Gómez	00:24:41	00:23:18	Sub 23	16	M	376		00:19:55	509
429	167	Antonio Gil Escudier	00:24:41	00:23:30	Senior	124	M	377		00:19:49	492
430	910	Javier Pastor Díaz Mosquera	00:24:41	00:24:14	Senior	125	M	378	NOITEBRA	00:19:09	428
431	1455	Pablo Cazon Rodriguez	00:24:42	00:23:05	VET A	117	M	379		00:19:23	448
432	1531	Antonio Cortizas Picallo	00:24:43	00:24:30	VET B	61	M	380		00:19:05	425
433	1324	Ramon Cainzos Rodriguez	00:24:45	00:24:03	Senior	126	M	381		00:19:29	454
434	207	Jesus Sanchez Vidal	00:24:47	00:24:27	Senior	127	M	382		00:18:27	338
435	2848	Ignacio Portela Parga	00:24:47	00:23:30	Senior	128	M	383		00:19:44	481
436	2295	Verónica López Golpe	00:24:48	00:24:13	VET A	21	F	53		00:19:02	415
437	619	Ignacio García Rodríguez	00:24:49	00:24:15	VET A	118	M	384	Correclub	00:19:02	414
438	405	Andrés González García	00:24:49	00:24:35	VET C	13	M	385	CLUB CASTRO DE LOBADIZ	00:19:18	443
439	42	Rosi García Pardal	00:24:49	00:24:36	VET A	22	F	54	Running Club Altafit Odeon	00:19:08	427
440	725	Pablo Liñares Lopez	00:24:49	00:23:01	VET A	119	M	386		00:19:49	494
441	8	Alberto Armada Villar	00:24:49	00:24:33	VET B	62	M	387	Running Club Altafit Odeon	00:19:05	426
442	69	Ana Moreno Bodego	00:24:50	00:24:34	VET A	23	F	55	Running Altafit Odeon	00:19:11	433
443	107	Ator Rodriguez Salorio	00:24:52	00:24:42	VET A	120	M	388	Running Altafit Odeon	00:19:13	440
444	2749	Mario Perez Montero	00:24:52	00:23:43	VET C	14	M	389		00:19:35	470
445	1930	Alejandro Galisteo Martín	00:24:52	00:23:42	Senior	129	M	390		00:19:38	475
446	1765	Ana Fernandez Berini	00:24:54	00:23:42	VET B	9	F	56		00:19:31	459
447	904	Francisco Alonso Deibe	00:24:54	00:24:54	VET A	121	M	391	NOETRAINERS FERROL	00:19:04	423
448	3224	David Manuel Seoane Núñez	00:24:55	00:24:33	VET B	63	M	392		00:19:10	432
449	330	Jorge Arteaga Luaces	00:24:55	00:23:18	VET A	122	M	393	MERCEDARIAS FERROL	00:20:00	513
450	970	Paula Soto Rodriguez	00:24:56	00:24:48	Sub 19	17	F	57	RIA FERROL-CONCEPCION ARENAL	00:19:13	438
451	1445	Jose Castro Rodriguez	00:24:56	00:24:12	VET C	15	M	394		00:19:37	473
452	2936	Estela Rey Pico	00:24:56	00:24:47	Senior	8	F	58		00:19:12	436
453	425	Izaskun Hernaez Lopez	00:24:56	00:24:46	VET A	24	F	59	AD NAUTICO NARON	00:19:12	437
454	607	Daniel Lago Luaces	00:24:57	00:24:40	Sub 19	45	M	395	CLUBE ATLETISMO FENE	00:19:24	451
455	617	Luis Enrique Suárez Santiago	00:24:58	00:24:20	Sub 19	46	M	396		00:19:19	445
456	2758	Victor Perez Quiza	00:24:58	00:23:47	VET A	123	M	397		00:19:34	468
457	2144	Germán Hermida Parada	00:24:59	00:24:12	Senior	130	M	398		00:19:32	462
458	387	Elma Santiago Mera	00:24:59	00:24:21	VET A	25	F	60	CLUB CASTRO DE LOBADIZ	00:19:20	447
459	291	Fernando Antunez Rodriguez	00:24:59	00:24:39	VET A	124	M	399	REMO SAN FELIPE	00:19:24	450
460	1698	Marco Antonio Doval Iglesias	00:25:00	00:23:28	VET A	125	M	400		00:19:35	469
461	193	David Pedreño Peñalver	00:25:00	00:24:16	Senior	131	M	401		00:19:32	460
462	190	Antonio Oporto Gomez	00:25:01	00:24:11	Senior	132	M	402		00:19:33	466
463	987	Ero Sante Gueimonde	00:25:01	00:23:25	Senior	133	M	403	S.D. ALBIÓNS (A PONTENOVA)	00:19:46	489
464	2885	Miguel Ángel Quintanilla Perez	00:25:02	00:24:37	VET A	126	M	404		00:19:31	458
465	1327	Mario Cal Varela	00:25:02	00:23:44	VET B	64	M	405		00:19:32	461
466	1342	Cristina Calvo Gunturiz	00:25:03	00:24:28	VET A	26	F	61		00:19:26	453
467	606	Guillermo Lago Breijo	00:25:07	00:24:51	VET B	65	M	406	CLUBE ATLETISMO FENE	00:19:13	439
468	2720	Marcos Pereira Allegue	00:25:10	00:24:03	VET A	127	M	407		00:19:33	465
469	2908	David Rascado Dopico	00:25:11	00:24:42	Senior	134	M	408		00:19:33	463
470	542	Elena Veiga Perez	00:25:12	00:24:39	Sub 23	2	F	62	CLUB ATLETISMO NARON	00:19:26	452
471	273	Emma Estevez Sixto	00:25:12	00:24:57	VET A	27	F	63	REMO SAN FELIPE	00:19:36	471
472	3483	Dana Vispo Rodríguez	00:25:12	00:24:42	Senior	9	F	64		00:19:30	456
473	851	Sara Coteló Ramos	00:25:13	00:25:01	Sub 19	18	F	65		00:19:03	420
474	2707	Miguel Angel Pena Cerdido	00:25:13	00:23:41	VET A	128	M	409		00:19:54	507
475	2911	Jose Angel Rascado Sedes	00:25:13	00:24:42	VET A	129	M	410		00:19:33	464
476	2842	Raul Polo Viaño	00:25:15	00:24:43	VET A	130	M	411		00:19:46	488
477	1071	Antonio Albela Parrilla	00:25:15	00:24:20	VET A	131	M	412		00:20:24	558
478	3257	Jose Juan Solares Espiñeira	00:25:16	00:24:37	VET B	66	M	413		00:19:48	490
479	2817	Emilio José Piñon Freire	00:25:16	00:24:46	VET A	132	M	414		00:19:46	487
480	1317	Sandra Maria Cagigao Moreda	00:25:16	00:25:08	VET B	10	F	66		00:19:20	446
481	1065	José Francisco Aguiar Carreira	00:25:17	00:24:47	VET B	67	M	415		00:19:46	486
482	2688	Jose Luis Paz Cabada	00:25:18	00:24:23	Senior	135	M	416		00:19:42	478
483	777	Alvaro Garcia Molinero	00:25:20	00:24:39	Senior	136	M	417	JESUS MAESTRO	00:20:06	529
484	3358	Alejandro Troitíño Bouza	00:25:22	00:25:02	VET A	133	M	418		00:20:02	520
485	3191	Anton Santiago Moron	00:25:22	00:24:55	Sub 19	47	M	419		00:19:23	449

486	171	Francisco Jose Laborda Rodriguez	00:25:23	00:24:20	Sub 23	17	M	420		00:20:04	524
487	1314	Gonzalo Cabrera Rodriguez	00:25:24	00:24:23	Senior	137	M	421		00:19:52	504
488	1042	Luisa Anido Rodriguez	00:25:24	00:25:03	Senior	10	F	67	Urban Runners Club Santiago	00:19:43	479
489	605	Paula González Pazos	00:25:24	00:24:41	VET A	28	F	68	CLUBE ATLETISMO FENE	00:19:38	474
490	3316	Santiago Teijo Varela	00:25:27	00:24:16	Senior	138	M	422		00:19:43	480
491	155	José María Dominguez Caballero	00:25:27	00:24:50	Senior	139	M	423		00:19:51	502
492	490	Rosa Villarino Golpe	00:25:28	00:25:04	VET B	11	F	69	be one a malata	00:19:37	472
493	3434	Manuel Veiga Vazquez	00:25:28	00:24:27	VET C	16	M	424		00:19:54	506
494	1896	Jose Ramon Franco Fojo	00:25:29	00:25:12	Senior	140	M	425		00:19:34	467
495	768	Ramon De Leste De Leon	00:25:30	00:24:44	VET A	134	M	426	JESUS MAESTRO	00:20:05	528
496	75	Cristina Parra Gonzalez	00:25:30	00:25:19	Senior	11	F	70	Runining Club Altafit Odeon	00:19:44	484
497	135	Clara Amian Garcia	00:25:31	00:24:14	Sub 23	3	F	71		00:20:03	522
498	780	Jose Miguel Gomez Nieto	00:25:32	00:24:50	VET A	135	M	427	JESUS MAESTRO	00:20:12	539
499	871	Tomás Dominguez Santano	00:25:33	00:24:52	VET B	68	M	428	Be One Malata	00:19:48	491
500	178	David Lopez Gavilan	00:25:33	00:24:18	Senior	141	M	429		00:20:03	521
501	2822	Roberto Pita Beceiro	00:25:34	00:25:23	VET A	136	M	430		00:19:31	457
502	185	Lorena Martínez Ramírez	00:25:35	00:25:03	Senior	12	F	72		00:19:55	508
503	2152	Victor Manuel Higuera Vázquez	00:25:35	00:24:25	VET A	137	M	431		00:20:09	536
504	1490	Alejandro Cobelo Pardo De Donleburn	00:25:36	00:23:56	Senior	142	M	432		00:20:20	550
505	3369	Alejandro Vara Serantes	00:25:36	00:24:53	VET A	138	M	433		00:19:39	476
506	3462	Carlos Vilachá Carneiro	00:25:36	00:25:14	VET C	17	M	434		00:20:06	530
507	2654	Javier Padin Evia	00:25:38	00:23:55	VET A	139	M	435		00:20:29	562
508	680	Silvia Mahía Pena	00:25:41	00:25:28	VET B	12	F	73	Escola Atletismo Paula Mayobre	00:19:56	511
509	2851	Julia Porto Arrivi	00:25:41	00:25:11	Senior	13	F	74		00:19:55	510
510	2711	Antón Pena Landeira	00:25:41	00:24:56	Sub 19	48	M	436		00:19:50	496
511	2585	Alberto Navas Ruiz	00:25:42	00:23:55	VET A	140	M	437		00:20:21	551
512	523	Patricia Barreira Rodriguez	00:25:42	00:25:25	VET A	29	F	75	C.D. SAN PAIO A ESTRADA	00:19:40	477
513	1892	Jorge Fragueta Ruano	00:25:43	00:22:09	Sub 23	18	M	438		00:20:48	596
514	158	Jaime Juan Fernandez Fernandez	00:25:43	00:24:54	Senior	143	M	439		00:20:13	540
515	141	Victor Barba Pastor	00:25:45	00:24:44	Sub 23	19	M	440		00:20:22	552
516	184	Juan Carlos Martínez Montagut	00:25:45	00:24:44	Senior	144	M	441	Escuela de Especialidades Estación Naval de La Graña(ESENGRA).	00:20:22	553
517	671	Andrés Castro Lago	00:25:45	00:25:14	VET A	141	M	442	Escola Atletismo Paula Mayobre	00:19:44	485
518	1417	Martín Castro	00:25:46	00:25:18	Sub 19	49	M	443		00:19:44	482
519	745	Moises Prieto Cabral	00:25:47	00:24:49	VET A	142	M	444		00:19:58	512
520	175	Adrián Lopez Bendía	00:25:48	00:24:44	Sub 23	20	M	445		00:20:04	526
521	1659	Vanessa Diz Ramirez	00:25:49	00:24:58	VET A	30	F	76		00:20:12	538
522	2532	Manuel Miguez	00:25:49	00:25:49	VET B	69	M	446		00:19:50	497
523	1007	Clara Maria Gabeiras Piñeiro	00:25:49	00:25:25	VET A	31	F	77	triatlon ferrol	00:19:49	495
524	2422	Rubén Marcos Varela	00:25:50	00:25:17	VET A	143	M	447		00:19:53	505
525	1107	Adrián Álvarez Rodriguez	00:25:51	00:24:26	Senior	145	M	448		00:20:17	547
526	2375	Sergio Lorenzo	00:25:52	00:25:11	Senior	146	M	449		00:20:01	514
527	60	Jaime Maceiras Bidegain	00:25:53	00:25:22	VET B	70	M	450	Running Altafit Odeon	00:20:04	523
528	3040	Jorge Rodriguez Rivera	00:25:53	00:24:54	Sub 19	50	M	451		00:20:50	601
529	513	Joaquín Fragoos Rivas	00:25:54	00:25:52	Sub 19	51	M	452		00:19:50	500
530	2147	Alberto Hermida Suárez	00:25:55	00:24:55	Sub 19	52	M	453		00:20:50	600
531	2176	Pablo Manuel Iglesias Paz	00:25:55	00:25:55	VET A	144	M	454		00:20:13	543
532	1233	Javier Benito Rey	00:25:55	00:25:02	Senior	147	M	455		00:19:50	499
533	1197	Jose Barros	00:25:55	00:24:54	VET A	145	M	456		00:20:13	542
534	1865	Ricardo Fonticoba Abrodes	00:25:56	00:24:39	VET A	146	M	457		00:20:13	541
535	465	Oscar Lorenzo Perez	00:25:56	00:25:29	VET A	147	M	458	ATLETISMO NARON	00:19:49	493
536	682	Jose Manuel Paz Rodriguez	00:25:56	00:25:24	VET B	71	M	459	Escola Atletismo Paula Mayobre	00:19:51	501
537	3286	Jose Manuel Suárez Mata	00:25:57	00:25:26	VET A	148	M	460		00:20:01	517
538	2084	Breixo González Prado	00:25:58	00:24:34	Senior	148	M	461		00:20:19	548
539	530	José Ángel Otero Sixto	00:25:59	00:25:44	VET B	72	M	462	CLUB ATLETISMO LOURENZA	00:20:08	535
540	2881	Edwin Pupiales Rosero	00:26:00	00:24:40	Senior	149	M	463		00:20:41	586
541	1084	Laura Alonso Cortabiatarte	00:26:00	00:25:40	Sub 23	4	F	78		00:20:01	516
542	2499	Hadrián Meizoso Arias	00:26:00	00:24:30	Senior	150	M	464		00:20:53	609
543	1543	Alfonso Couce Lopez	00:26:00	00:25:50	VET A	149	M	465		00:20:04	525
544	1391	María Isabel Carro Garrote	00:26:01	00:25:07	VET B	13	F	79		00:20:13	544
545	3172	Jorge Sanmartin	00:26:01	00:24:30	Senior	151	M	466		00:20:53	612
546	200	Cintia Corina Rocha Calustro	00:26:02	00:25:32	Senior	14	F	80		00:20:19	549
547	2693	Daviz Paz Melero	00:26:02	00:26:02	Senior	152	M	467		00:21:01	631
548	3402	Santiago Vazquez Martinez	00:26:02	00:25:01	Sub 19	53	M	468		00:21:06	639
549	188	Jaime Miguel Lopez	00:26:03	00:25:35	Senior	153	M	469		00:20:24	559
550	2919	Nito Rego Fragueta	00:26:03	00:26:03	VET B	73	M	470		00:20:36	576
551	1052	Joaquín Moreno Bouza	00:26:05	00:25:23	VET B	74	M	471		00:20:10	537
552	1516	Gregorio Corrales Pulido	00:26:07	00:25:23	Senior	154	M	472		00:20:38	581
553	1615	Antonio Díaz Fernández	00:26:08	00:24:30	Senior	155	M	473		00:20:34	572
554	517	Daniel Mouriz Garcia	00:26:09	00:25:00	VET A	150	M	474	Box L61 - Narón	00:20:24	556
555	2772	Vicente Pérez Villar	00:26:10	00:25:42	VET A	151	M	475		00:20:07	533
556	2221	Juan Le Ira Gonzalez	00:26:10	00:25:33	VET A	152	M	476		00:20:16	545
557	3183	Enrique Santalla Testa	00:26:11	00:24:54	Senior	156	M	477		00:20:57	620
558	392	Marta Saavedra Casanova	00:26:11	00:26:04	VET A	32	F	81	CLUB CASTRO DE LOBADIZ	00:20:32	565
559	3522	Luis Barrio Casas	00:26:12	00:25:17	VET A	153	M	478		00:20:32	564
560	1122	David Amil Barreiro	00:26:13	00:24:55	Senior	157	M	479		00:20:58	621
561	3300	Pablo Taboada Villa	00:26:14	00:25:19	Sub 19	54	M	480		00:20:37	578
562	3511	Eugenio Pena Millán	00:26:15	00:25:32	Senior	158	M	481		00:20:31	563
563	247	Fernando Antunez Bueno	00:26:15	00:25:50	Sub 19	55	M	482	REMO SAN FELIPE	00:20:06	531
564	2833	Ignacio Iván Pita Morales	00:26:15	00:25:09	Sub 19	56	M	483		00:20:36	577
565	583	Paula López Fernández	00:26:16	00:26:11	Sub 19	19	F	82	ATLETISMO NARON	00:20:23	554
566	245	Gabriel Leira Rey	00:26:16	00:25:53	Sub 19	57	M	484	REMO SAN FELIPE	00:20:06	532

567	1126	Bernardo Aneiros	00:26:17	00:25:57	VET A	154	M	485		00:20:05	527
568	941	Ángel Ortiz De Lejarazu Sánchez	00:26:17	00:25:22	VET A	155	M	486	PATUKOS TIM RANIN	00:20:24	557
569	3223	Eva María Seoane Martinez	00:26:17	00:24:59	Senior	15	F	83		00:20:40	585
570	3206	Alberto Seijas Balseiro	00:26:19	00:25:44	VET A	156	M	487		00:20:33	567
571	1132	Oscar Aneiros Lorenzo	00:26:19	00:25:01	Sub 19	58	M	488		00:20:53	613
572	2717	Efrén Peña Alonso	00:26:19	00:23:08	Senior	159	M	489		00:21:19	655
573	3270	Silvia Souto Derungs	00:26:20	00:24:46	Senior	16	F	84		00:20:41	587
574	1673	Jorge Dominguez Garcia	00:26:20	00:23:37	VET B	75	M	490		00:21:15	651
575	2771	Pablo Pérez Villar	00:26:20	00:25:25	VET A	157	M	491		00:20:01	515
576	2603	Alejandro Novo Cal	00:26:21	00:25:12	Sub 19	59	M	492		00:20:53	610
577	2750	Victor Perez Perez	00:26:21	00:25:58	Senior	160	M	493		00:20:24	555
578	1539	Miguel Couce Doce	00:26:22	00:24:50	VET B	76	M	494		00:20:51	602
579	61	Patricia Maceiras Seijo	00:26:22	00:26:14	Senior	17	F	85	Runining Club Altafit Odeon	00:20:02	518
580	62	Paula Maceiras Seijo	00:26:23	00:26:13	Sub 23	5	F	86	Runining Club Altafit Odeon	00:20:02	519
581	511	Nuria Piñeiro Leira	00:26:24	00:25:54	Senior	18	F	87		00:20:37	580
582	2352	Miguel López Rodríguez	00:26:24	00:26:15	Sub 19	60	M	495		00:20:17	546
583	3466	Marian Vilarinho Piñeiro	00:26:24	00:24:41	VET A	33	F	88		00:20:49	598
584	3208	Noa Seijas Lopez	00:26:25	00:25:39	Sub 19	20	F	89		00:20:33	568
585	1189	Francisco Barreiro Gabeiras	00:26:29	00:26:08	VET B	77	M	496		00:20:43	589
586	2685	Carlos Pastor Esteban	00:26:30	00:25:53	Senior	161	M	497		00:20:25	560
587	1175	Alfonso Balsa Padín	00:26:30	00:24:41	Sub 19	61	M	498		00:20:40	584
588	2280	Adrián López Cortiña	00:26:30	00:26:10	Senior	162	M	499		00:21:34	685
589	379	Avellino Penedo Feijóo	00:26:30	00:26:02	VET B	78	M	500	CLUB CASTRO DE LOBADIZ	00:21:47	724
590	539	David Rodriguez Paz	00:26:31	00:25:33	Senior	163	M	501	CLUB ATLETISMO NARON	00:20:33	570
591	540	Laura Rodríguez Paz	00:26:31	00:25:47	Sub 19	21	F	90	CLUB ATLETISMO NARON	00:20:33	569
592	2025	Pablo Golpe Castro	00:26:32	00:22:55	Senior	164	M	502		00:21:30	679
593	873	Miguel Mato Outeiro	00:26:33	00:25:59	Senior	165	M	503		00:21:21	660
594	3238	Maria Sicre Romero	00:26:34	00:26:24	VET A	34	F	91		00:20:33	571
595	2469	Ana Martinez Pena	00:26:37	00:26:04	Sub 23	6	F	92		00:20:07	534
596	80	Carmen Pena Vazquez	00:26:38	00:25:44	Senior	19	F	93	Running Altafit Odeon	00:20:52	606
597	55	Eligio Lopez Perez	00:26:38	00:25:32	Senior	166	M	504	Running Altafit Odeon	00:20:52	604
598	527	Teresa Galmán Souto	00:26:39	00:26:12	VET C	1	F	94	CLUB ATLETISMO SADA	00:20:34	573
599	1108	Francisco Javier Alvarez Rubido	00:26:39	00:26:27	Senior	167	M	505		00:20:27	561
600	1873	Diego Fortuna González	00:26:40	00:25:53	Senior	168	M	506		00:21:00	629
601	3347	Rubén Torres Gómez	00:26:40	00:24:21	VET A	158	M	507		00:21:09	644
602	2530	Jorge Mesia Fraga	00:26:40	00:24:20	VET A	159	M	508		00:21:10	646
603	2407	María Alejandra Maceiras Novo	00:26:41	00:26:38	VET B	14	F	95		00:20:32	566
604	3388	Iván Vázquez Castro	00:26:41	00:24:38	Senior	169	M	509		00:20:46	593
605	3432	Pablo Veiga Garcia	00:26:42	00:24:22	VET A	160	M	510		00:21:10	647
606	179	Consolacion Lopez Sousa	00:26:43	00:26:08	Senior	20	F	96		00:21:00	628
607	781	Adrian Hermdida Feal	00:26:44	00:25:57	VET A	161	M	511	JESUS MAESTRO	00:21:09	645
608	204	Jessica Rojo Cadena	00:26:44	00:26:10	Senior	21	F	97		00:20:58	623
609	675	Teresa Galdo Aldrey	00:26:45	00:26:31	VET A	35	F	98	Escola Atletismo Paula Mayobre	00:20:44	590
610	3308	Agustín Teijeiro Martínez	00:26:45	00:26:45	Senior	170	M	512		00:20:44	591
611	2150	Ana María Herrero Videira	00:26:46	00:26:01	Senior	22	F	99		00:20:39	582
612	621	Gori Astigarrabla Garcia	00:26:48	00:25:47	VET B	79	M	513	CORREDORES POPULARES ARMADA FERROL	00:21:02	633
613	1547	Francisco Couto Vilar	00:26:48	00:24:22	Senior	171	M	514		00:21:28	677
614	3398	José Antonio Vázquez Liste	00:26:48	00:25:35	Senior	172	M	515		00:21:04	637
615	174	Antia Leon Castro	00:26:49	00:26:14	Sub 23	7	F	100		00:21:00	627
616	1016	Raquel Ruiz Brage	00:26:50	00:26:50	Sub 19	22	F	101	Club Triatlón Ferrol	00:20:48	595
617	2965	Miguel Rivas Garcia	00:26:50	00:25:26	Senior	173	M	516		00:21:44	712
618	380	Virginia Vila Martínez	00:26:52	00:26:44	VET B	15	F	102	CLUB CASTRO DE LOBADIZ	00:20:37	579
619	2637	Juan Otero Fidalgo	00:26:52	00:24:35	VET A	162	M	517		00:21:19	654
620	1118	Eloy Amado Lopez	00:26:53	00:26:06	VET B	80	M	518		00:20:50	599
621	2812	Encarnación Piñeiro Santórum	00:26:54	00:26:27	VET A	36	F	103		00:20:35	575
622	214	Sandra Vázquez Piñeiro	00:26:55	00:25:40	Senior	23	F	104		00:21:40	698
623	181	Edward Cornelis Maree Pérez	00:26:55	00:25:41	Senior	174	M	519		00:21:40	699
624	1014	Nuria Brage Ramos	00:26:56	00:26:19	VET B	16	F	105	Club Triatlón Ferrol	00:20:59	625
625	2287	Lydia Lopez Fandiño	00:26:56	00:26:08	Senior	24	F	106		00:20:54	614
626	3301	Anxo Tajuelo Ferrer	00:26:56	00:26:00	Sub 23	21	M	520		00:21:11	648
627	2586	Martín Naveira Carro	00:26:58	00:25:53	Senior	175	M	521		00:20:48	597
628	1242	Eduardo Bilbao Golpe	00:26:59	00:25:57	VET A	163	M	522		00:21:21	661
629	1715	Antonio Eiroa Calvo	00:26:59	00:26:03	VET A	164	M	523		00:20:52	607
630	2467	Juan Martínez Naveiras	00:27:01	00:26:04	VET A	165	M	524		00:20:52	608
631	140	Alberto Bañobre Rios	00:27:03	00:26:42	VET B	81	M	525	Escuela de Especialidades Estación Naval de La Graña(ESENGRA)	00:20:56	618
632	3108	Cristina Saavedra	00:27:03	00:26:02	VET B	17	F	107		00:21:46	719
633	2473	Tania Martínez Ramilo	00:27:03	00:26:03	VET A	37	F	108		00:21:04	636
634	156	Borja Edreira Sobrino	00:27:04	00:26:01	Senior	176	M	526		00:21:17	652
635	1080	Francisco Aller Arribas	00:27:05	00:26:25	Senior	177	M	527		00:21:25	672
636	3057	Manuel Alberto Roibal Rodriguez	00:27:05	00:26:45	Senior	178	M	528		00:20:55	617
637	1079	Alejandro Aller Arribas	00:27:05	00:26:13	Senior	179	M	529		00:21:25	673
638	2961	Gonzalo Rioboo Bedoya	00:27:06	00:26:13	Senior	180	M	530		00:20:46	594
639	1012	Ana María Ezquerri Fernández	00:27:07	00:26:27	VET B	18	F	109		00:21:01	632
640	2414	Arturo Maneiros Vich	00:27:07	00:25:10	VET A	166	M	531		00:21:23	666
641	808	Jose Manuel Ruibal Pantin	00:27:08	00:26:39	Senior	181	M	532	JESUS MAESTRO	00:20:35	574
642	1160	Scarlet Armas Caldera	00:27:10	00:26:09	Senior	25	F	110		00:21:42	706
643	3373	Jose Ramon Varela Carballeira	00:27:11	00:26:17	VET B	82	M	533		00:21:01	630
644	478	Marco Leonardo Ferreira	00:27:11	00:26:45	Sub 19	62	M	534		00:21:51	731
645	1004	Jesús García Blanco	00:27:12	00:26:23	VET A	167	M	535	TRIATLON DUERO	00:21:19	656
646	986	Óscar García Blanco	00:27:12	00:26:22	VET A	168	M	536	RunPontevedra	00:21:19	657
647	2361	Alejandro Lopez Santiso	00:27:13	00:25:19	Senior	182	M	537		00:21:45	715

648	1507	Carlos Corral	00:27:13	00:25:31	VET A	169	M	538		00:22:21	780
649	2963	Ricardo Rios Reyes	00:27:14	00:26:36	Senior	183	M	539		00:20:57	619
650	3026	Juan Carlos Rodriguez Pena	00:27:15	00:25:59	VET B	83	M	540		00:21:31	682
651	645	David Hendrickx Munillo	00:27:15	00:26:33	Senior	184	M	541		00:21:03	635
652	3025	Gabriel Rodriguez Pedreiras	00:27:15	00:26:53	VET A	170	M	542		00:20:52	605
653	1645	Martin Manuel Diaz Seoane	00:27:16	00:25:37	VET B	84	M	543		00:21:27	676
654	254	Malena Barro Casandra	00:27:18	00:26:39	Sub 19	23	F	111	REMO SAN FELIPE	00:20:54	615
655	2596	María Del Mar Neiro Rodríguez	00:27:18	00:26:58	VET B	19	F	112		00:21:07	640
656	1202	Adrián Basoa Calvo	00:27:18	00:24:51	Senior	185	M	544		00:21:58	746
657	958	Juan Carlos Bedia Vidal	00:27:19	00:26:59	VET B	85	M	545	RIA FERROL-CONCEPCION ARENAL	00:21:07	641
658	1138	Antonio Aneiros Rey	00:27:19	00:26:24	VET D	6	M	546		00:21:25	671
659	264	Maria Jose Sobrin Sueiras	00:27:20	00:27:05	VET B	20	F	113	REMO SAN FELIPE	00:21:08	643
660	2189	Carla Irles Castro	00:27:21	00:26:05	Sub 23	8	F	114		00:21:22	662
661	3121	Miguel Sabin Rodríguez	00:27:21	00:25:52	Senior	186	M	547		00:21:05	638
662	137	Sara Gabriela Armas Hernandez	00:27:21	00:26:11	Senior	26	F	115		00:21:43	709
663	1718	María Ángeles Escalera Conejero	00:27:23	00:26:22	Senior	27	F	116		00:21:43	708
664	1631	Daniel Diaz Prieto	00:27:25	00:26:15	Senior	187	M	548		00:21:54	738
665	40	Teté Garcia Castro	00:27:25	00:27:15	VET B	21	F	117	Runining Club Altafit Odeon	00:21:07	642
666	598	Roberto Suárez García	00:27:26	00:27:00	VET B	86	M	549	Club Triatlón Ferrol	00:20:53	611
667	3500		00:27:26	00:18:56	Unknown	1	M	550		99:99:99	999999
668	741	Juan Manuel Garcia García	00:27:26	00:26:57	VET D	7	M	551		00:21:14	650
669	2486	Elena Massa Teijeiro	00:27:26	00:26:30	Sub 23	9	F	118		00:21:40	696
670	3092	Marcos Romero Sánchez	00:27:27	00:26:22	VET A	171	M	552		00:21:46	721
671	2545	Ismael Montero Penedo	00:27:29	00:26:05	Senior	188	M	553		00:21:30	680
672	876	Mercedes Margareto Noya	00:27:29	00:27:16	VET B	22	F	119	Montefaró	00:21:22	664
673	66	Sonia Mauriz Pereira	00:27:29	00:27:16	VET A	38	F	120	Running Altafit Odeon	00:21:22	665
674	672	Manuel Francisco Couceiro Martinez	00:27:30	00:27:23	VET B	87	M	554	Escola Atletismo Paula Mayobre	00:20:44	592
675	673	Lucía Couceiro Polo	00:27:32	00:27:25	Sub 19	24	F	121	Escola Atletismo Paula Mayobre	00:20:43	588
676	1393	Silvia Cartelle Fraguella	00:27:33	00:26:54	VET A	39	F	122		00:21:03	634
677	911	Borja Fernández Bermúdez	00:27:34	00:27:14	VET A	172	M	555	NOSPORTLIMIT	00:21:21	659
678	372	Pedro Deus Gomez	00:27:34	00:26:23	VET C	18	M	556	CLUB CASTRO DE LOBADIZ	00:21:41	702
679	912	Veronica Mosquera Silva	00:27:35	00:27:12	VET A	40	F	123	NOSPORTLIMIT	00:21:23	667
680	2461	Iván Martínez Lamas	00:27:35	00:26:11	VET A	173	M	557		00:22:05	755
681	2787	Gonzalo Pico Cal	00:27:35	00:26:31	Senior	189	M	558		00:21:19	658
682	656	María Teresa Martínez Breijo	00:27:35	00:26:35	VET B	23	F	124	enerxica	00:21:46	720
683	1932	Paula Gallego Seco	00:27:36	00:26:23	Senior	28	F	125		00:21:25	674
684	886	Brais Rajo Perez	00:27:36	00:27:15	Sub 19	63	M	559	Náutico naron	00:20:58	622
685	3179	Sergio Santalla Couce	00:27:37	00:26:10	Sub 23	22	M	560		00:21:38	690
686	887	Gustavo Rajo Toyos	00:27:37	00:27:14	VET A	174	M	561	Náutico naron	00:20:55	616
687	2522	Silvia Mera Camean	00:27:37	00:27:05	VET A	41	F	126		00:21:18	653
688	885	Eva María Perez Castrillon	00:27:37	00:27:14	VET A	42	F	127	Náutico naron	00:20:59	624
689	3180	Santiago Javier Santalla Ramonde	00:27:37	00:26:18	VET B	88	M	562		00:21:38	691
690	693	Ovidio Sánchez Fontela	00:27:38	00:25:55	VET A	175	M	563	NOTHINGAN PRISAS	00:22:21	782
691	43	Vanesa Garcia Rey	00:27:38	00:26:55	Senior	29	F	128	Runining Club Altafit Odeon	00:21:39	694
692	2477	Joaquín Martínez Romero	00:27:40	00:27:09	VET B	89	M	564		00:21:40	700
693	234	Fernando Lago Rodríguez	00:27:41	00:27:06	VET A	176	M	565	Tirso de Molina	00:21:32	684
694	1032	María Rilo Franco	00:27:41	00:27:10	VET A	43	F	129	Triatlón ferrol	00:21:30	681
695	545	Consuelo Amado Rodriguez	00:27:43	00:27:11	VET B	24	F	130	CLUB ATLETISMO SADA	00:21:44	711
696	2647	Nicolas Otero Serantes	00:27:44	00:27:28	VET B	90	M	566		00:21:24	670
697	676	Andrés García González	00:27:45	00:26:43	VET D	8	M	567	Escola Atletismo Paula Mayobre	00:21:49	727
698	1403	Gonzalo Casas Corbelle	00:27:45	00:24:36	Senior	190	M	568		00:21:40	697
699	561	Ricardo Vazquez Perez	00:27:46	00:25:38	VET B	91	M	569	CLUB ATLETISMO SADA	00:21:48	725
700	2998	Carlos Rodriguez Chouza	00:27:46	00:25:15	VET A	177	M	570		00:22:10	765
701	1420	Francisco Castro Casal	00:27:48	00:25:21	VET A	178	M	571		00:22:35	804
702	2057	Daniel Gonzalez Calvo	00:27:48	00:26:21	Senior	191	M	572		00:22:19	777
703	1831	Totí Fernández Vivero	00:27:48	00:26:40	VET A	44	F	131		00:21:56	744
704	3250	Diego Sixto Venancio	00:27:49	00:27:14	Senior	192	M	573		00:21:23	668
705	2819	Brais Piñon Meizoso	00:27:49	00:27:49	Senior	193	M	574		00:22:08	760
706	1418	Oscar Castro Alonso	00:27:50	00:27:37	VET A	179	M	575		00:21:13	649
707	2723	Antía Pereira Garcia	00:27:50	00:26:41	VET A	45	F	132		00:21:55	741
708	2558	Marcos Moreira Pacheco	00:27:50	00:26:34	VET A	180	M	576		00:21:55	742
709	3408	Inés Vázquez Pita	00:27:50	00:26:34	Senior	30	F	133		00:21:55	743
710	1015	Paula Brage Ramos	00:27:51	00:27:20	VET A	46	F	134	Club Triatlón Ferrol	00:21:00	626
711	2740	Pablo Perez Hermida	00:27:51	00:26:43	VET B	92	M	577		00:21:56	745
712	1291	Alberto Bueno Novoa	00:27:51	00:27:07	Sub 19	64	M	578		00:20:39	583
713	180	Carmen María Lopez Varona	00:27:51	00:27:20	Senior	31	F	135		00:21:30	678
714	1176	Juan Balseiro Bouza	00:27:51	00:25:32	VET A	181	M	579		00:22:09	762
715	3477	Gonzalo Villar Rodríguez	00:27:51	00:26:39	VET B	93	M	580		00:22:03	750
716	1829	Pablo Fernández Veiga	00:27:53	00:27:33	VET A	182	M	581		00:21:31	683
717	1270	Pablo Bouza Piñeiro	00:27:53	00:26:35	VET B	94	M	582		00:22:11	767
718	2674	Carlos Pardo Rodríguez	00:27:53	00:25:10	Senior	194	M	583		00:22:51	841
719	2554	Ezequiel Morales León	00:27:54	00:25:10	Senior	195	M	584		00:22:51	839
720	1045	Hermi Breijo Lopez	00:27:54	00:27:12	VET B	25	F	136		00:21:43	710
721	1040	Alba Tajuelo Ferrer	00:27:54	00:26:47	Senior	32	F	137		00:21:52	735
722	1368	Basilio Canto Vale	00:27:55	00:27:18	VET A	183	M	585		00:21:44	714
723	3317	Julio José Teixeira Pita	00:27:55	00:27:11	VET A	184	M	586		00:21:22	663
724	1475	Mercedes Yeane Cerron González	00:27:57	00:27:30	VET B	26	F	138		00:21:42	705
725	1088	Jorge Nicolás Alonso Marín	00:27:57	00:26:38	Senior	196	M	587		00:22:35	806
726	2328	Manuel Lopez Muñios	00:27:58	00:27:36	VET D	9	M	588		00:21:47	723
727	3295	Silvina Tabeira Clerici	00:27:58	00:27:02	VET A	47	F	139		00:21:59	748
728	477	Alejandro Lamas Martínez	00:28:00	00:27:39	Sub 19	65	M	589		00:21:38	692

729	24	Manuel Díaz Bernal	00:28:01	00:26:31	VET B	95	M	590	Runining Club Altafit Odeon	00:22:38	819
730	2706	Salvatore Pellegrino	00:28:01	00:25:03	VET A	185	M	591		99:99:99	999999
731	472	Alvaro Bellas Bañobre	00:28:02	00:27:29	Sub 19	66	M	592		00:22:03	751
732	169	María González Correa	00:28:03	00:27:14	Senior	33	F	140		00:21:46	717
733	165	Luis Miguel García Gonzalez	00:28:04	00:27:15	Senior	197	M	593		00:21:45	716
734	473	Carlos Castro Rodríguez	00:28:04	00:27:31	Sub 19	67	M	594		00:22:03	752
735	242	Mercedes Lago Fernández	00:28:05	00:27:11	Sub 19	25	F	141	Tirso de Molina	00:22:06	757
736	475	Carlos Gil Rey	00:28:05	00:27:41	Sub 19	68	M	595		00:22:04	754
737	2351	J. Fene López Rodríguez	00:28:06	00:26:59	VET A	186	M	596		00:22:13	771
738	535	María Heras Justo	00:28:07	00:27:51	Sub 19	26	F	142	ATLETISMO NARON	00:21:36	687
739	951	Brais López Campos	00:28:07	00:27:44	Senior	198	M	597	RIA FERROL-CONCEPCION ARENAL	00:21:25	675
740	1307	Isabel Cabana Blanco	00:28:07	00:27:32	VET B	27	F	143		00:21:52	734
741	3405	Alicia Vázquez Méndez	00:28:07	00:27:32	VET A	48	F	144		00:21:54	739
742	2154	Carolina Horjales Dopico	00:28:08	00:27:30	VET A	49	F	145		00:21:55	740
743	1656	Juan Carlos Diaz-robles Pita	00:28:08	00:27:00	VET B	96	M	598		00:21:59	747
744	1193	Francisco Miguel Barriuso Simó	00:28:08	00:27:39	VET A	187	M	599		00:21:52	736
745	3216	Dolores Señor Gonzales	00:28:08	00:27:32	VET B	28	F	146		00:21:42	707
746	1918	Lidia Fuerte Casal	00:28:08	00:27:54	Senior	34	F	147		00:21:34	686
747	2445	Sabela Martínez	00:28:08	00:27:24	Senior	35	F	148		00:21:51	732
748	543	Sergio Castelleiro Meno	00:28:08	00:27:51	Sub 23	23	M	600		00:21:36	688
749	2446	Santi Martínez	00:28:09	00:27:25	VET B	97	M	601		00:21:52	733
750	2188	Susi Irago Juncal	00:28:09	00:27:54	VET A	50	F	149		00:21:40	701
751	3085	Alejandro Romero Montero	00:28:11	00:27:31	Senior	199	M	602		00:21:53	737
752	479	Daniel Martínez Hermida	00:28:11	00:27:38	Sub 19	69	M	603		00:21:38	689
753	2951	Manuel Angel Rico Gonzalez	00:28:11	00:25:41	VET A	188	M	604		00:22:35	803
754	867	Diego Brejo Caruncho	00:28:12	00:26:37	Senior	200	M	605		00:22:29	793
755	2831	Daniel Pita López	00:28:12	00:27:40	Senior	201	M	606		00:21:41	703
756	3084	Justo Romero Martiño	00:28:12	00:26:41	VET C	19	M	607		00:22:36	814
757	1039	Agustín Deive Díaz	00:28:15	00:28:15	VET A	189	M	608	TROPA GUFFY	00:21:44	713
758	11	Marco Antonio Barro Senra	00:28:16	00:27:13	Senior	202	M	609	Running Altafit Odeon	00:22:18	775
759	1653	Luis Diaz Villarino	00:28:16	00:26:41	VET B	98	M	610		00:22:37	817
760	2969	Iván Rivas Rivas	00:28:16	00:27:13	Senior	203	M	611		00:22:19	776
761	1365	Manuel Canosa Loureiro	00:28:17	00:27:32	VET B	99	M	612		00:22:03	753
762	385	Juan Herrero Evia	00:28:17	00:27:30	VET B	100	M	613	CLUB CASTRO DE LOBADIZ	00:22:14	772
763	3475	Rubén Villar Díaz	00:28:17	00:27:21	VET A	190	M	614		00:22:11	766
764	2984	Juan Rodríguez Beceiro	00:28:18	00:27:22	VET D	10	M	615		00:22:12	768
765	2813	Jose Piñeiro Tojeiro	00:28:19	00:26:38	VET B	101	M	616		00:22:32	800
766	1509	Almudena Corral Ares	00:28:21	00:27:55	Sub 23	10	F	150		00:21:38	693
767	244	Hugo Castro Garcia	00:28:23	00:27:28	Sub 19	70	M	617	REMO SAN FELIPE	00:21:47	722
768	1594	Tony Deive Rey	00:28:23	00:27:27	VET B	29	F	151		00:22:03	749
769	2492	Alejandro Matos González	00:28:24	00:26:57	VET A	191	M	618		00:22:08	761
770	2297	Diego Lopez González	00:28:24	00:27:32	VET A	192	M	619		00:22:16	774
771	3285	Jose Luis Suarez Gonzalez	00:28:24	00:27:05	VET A	193	M	620		00:22:07	759
772	2282	Teresa López De La Vega	00:28:24	00:27:19	VET A	51	F	152		00:22:20	779
773	295	Marcos Castro García	00:28:26	00:26:54	Sub 19	71	M	621	REMO SAN FELIPE	00:22:56	851
774	2033	Pily Gomez Casas	00:28:26	00:27:54	VET B	30	F	153		00:22:07	758
775	2976	Ivan Rocas Rivas	00:28:27	00:27:30	Senior	204	M	622		00:22:49	834
776	1239	Antonio Bernal Moure	00:28:27	00:26:59	VET C	20	M	623		00:22:29	794
777	865	Francisco Jesús Rojas Rojas	00:28:29	00:26:03	Senior	205	M	624		00:22:58	860
778	435	Juan Carlos De Jesus Brea	00:28:31	00:27:02	VET B	102	M	625		00:22:28	791
779	438	Luis Miguel De Jesus Brea	00:28:32	00:27:03	VET A	194	M	626		00:22:39	821
780	1044	Andrea Barreiro Martinez	00:28:32	00:27:50	VET C	2	F	154		00:21:49	726
781	2253	Tania Loira Torrente	00:28:33	00:27:15	Senior	36	F	155		00:22:25	789
782	534	Lucía Heras Justo	00:28:34	00:28:17	Sub 19	27	F	156	ATLETISMO NARON	00:21:41	704
783	92	Ana María Ramos Castro	00:28:34	00:28:14	VET A	52	F	157	Runining Club Altafit Odeon	00:22:22	786
784	1906	Jorge Juan Freire Gómez	00:28:35	00:28:35	VET C	21	M	627		00:21:39	695
785	1872	Alejandro Fortuna Gonzalez	00:28:35	00:27:04	Senior	206	M	628		00:22:22	785
786	2404	Inés Luque Mateos	00:28:35	00:28:30	Sub 19	28	F	158		00:21:24	669
787	2762	Ricardo Perez Romero	00:28:37	00:27:05	VET A	195	M	629		00:22:39	820
788	1552	Paula Crespo Pazos	00:28:37	00:27:03	VET A	53	F	159		00:22:42	825
789	2095	Joaquín Gonzalez Sanchez	00:28:38	00:27:24	VET B	103	M	630		00:22:21	781
790	1459	Roberto Cebrián Gonzalez	00:28:40	00:27:28	Sub 23	24	M	631		00:21:50	728
791	1811	Fátima Fernández Pérez	00:28:40	00:28:15	Sub 19	29	F	160		00:21:50	730
792	1508	Marta Corral Ares	00:28:41	00:28:17	Sub 19	30	F	161		00:21:50	729
793	856	Juan Antonio Causin Aragón	00:28:41	00:26:21	Senior	207	M	632	Marineros Antonio de Escaño	00:22:59	862
794	857	Daniel Doña Gordillo	00:28:41	00:26:20	Senior	208	M	633	Marineros Antonio de Escaño	00:22:59	863
795	860	Alejandro Ortuño Busto	00:28:42	00:26:20	Senior	209	M	634	Marineros Antonio de Escaño	00:22:59	864
796	3288	Vicente Suárez Peñaranda	00:28:42	00:27:41	VET B	104	M	635		00:22:23	788
797	2438	Nazareth Martín Peraza	00:28:43	00:27:37	VET A	54	F	162		00:22:23	787
798	232	Alicia Silveira Cela	00:28:44	00:27:39	Sub 19	31	F	163	Tirso de Molina	00:22:06	756
799	953	Fernando Luis Pazos González	00:28:48	00:27:51	VET B	105	M	636		00:22:16	773
800	2123	Antía Grueiro Cheda	00:28:48	00:28:16	Sub 23	11	F	164		00:22:10	763
801	176	Sabela Lopez Campos	00:28:48	00:28:24	Senior	37	F	165		00:22:30	795
802	1305	Paúl Caaveiro Ramos	00:28:49	00:27:50	Senior	210	M	637		00:22:49	833
803	403	Esther Piñeiro Fraga	00:28:49	00:28:21	VET B	31	F	166	CLUB CASTRO DE LOBADIZ	00:22:33	801
804	2400	María Dolores Lozano Rodríguez	00:28:49	00:27:45	VET A	55	F	167		00:22:32	799
805	2807	Beatriz Piñeiro Lozano	00:28:49	00:27:54	Sub 19	32	F	168		00:22:52	844
806	2891	Raquel Ramil Hermida	00:28:50	00:27:58	VET D	1	F	169		00:22:31	797
807	2655	Luis Padín Evia	00:28:50	00:27:07	VET A	196	M	638		00:22:38	818
808	2892	Luis Ramil Hermida	00:28:50	00:27:46	VET C	22	M	639		00:22:32	798
809	203	Tamara Rodríguez Rodríguez	00:28:51	00:28:10	Senior	38	F	170		00:22:30	796

810	1137	Belen Aneiros Rey	00:28:51	00:27:45	VET A	56	F	171		00:22:37	816
811	3015	Mª Pilar Rodríguez González	00:28:51	00:28:25	VET C	3	F	172		00:22:34	802
812	618	Lourdes Pereira Becero	00:28:51	00:27:56	VET A	57	F	173	Corre ub	00:22:37	815
813	1033	Manuel Rodríguez Leboso	00:28:53	00:26:03	VET A	197	M	640	triatlon ferrol	00:23:09	872
814	2120	José Graña Vigo	00:28:55	00:27:22	Senior	211	M	641		00:22:56	852
815	3339	Bernardo Torrente	00:28:55	00:27:42	VET A	198	M	642		00:22:49	835
816	1953	Bárbara García Doce	00:28:56	00:27:43	VET A	58	F	174		00:22:50	837
817	724	Belén Filgueira Garcia	00:28:56	00:28:21	VET B	32	F	175	GRUPO X	00:22:22	784
818	1241	Maria De Fatima Betegon Reinoso	00:28:56	00:28:41	VET A	59	F	176		00:22:20	778
819	2291	Andrés Antonio López Franqueira	00:28:58	00:28:23	Senior	212	M	643		00:21:46	718
820	3491	Andrea Yáñez López	00:29:01	00:28:23	Senior	39	F	177		00:22:12	770
821	2218	Raúl Laranjeira Varela	00:29:02	00:27:42	Sub 19	72	M	644		00:22:57	854
822	1798	Javier Fernández López	00:29:02	00:26:29	Sub 19	73	M	645		00:23:55	942
823	3379	Isabel Varela Pereira	00:29:03	00:27:43	VET A	60	F	178		00:22:57	855
824	869	Eva Freire Marqués	00:29:03	00:27:32	VET B	33	F	179		00:22:49	836
825	2419	Antonio Manso Sanesteban	00:29:04	00:27:38	VET A	199	M	646		00:22:56	850
826	516	Julio Martínez Rodríguez	00:29:05	00:27:39	VET B	106	M	647	BOMBEROS	00:22:57	853
827	2949	Montse Rico Filgueiras	00:29:05	00:27:44	VET A	61	F	180		00:22:57	856
828	106	Rocio Rodríguez Justo	00:29:05	00:27:44	VET A	62	F	181	Runining Club Altafit Odeon	00:22:36	809
829	89	Silvia Pontes Mella	00:29:05	00:27:44	VET A	63	F	182	Runining Club Altafit Odeon	00:22:36	810
830	2664	José Pantín López	00:29:07	00:28:34	VET D	11	M	648		00:22:44	828
831	2279	Brais López Cordero	00:29:07	00:28:22	Sub 19	74	M	649		00:22:28	792
832	785	Caridad Lens Blanco	00:29:07	00:28:07	VET B	34	F	183	JESUS MAESTRO	00:22:40	822
833	570	Pablo Pazos Lorenzo	00:29:08	00:28:00	Senior	213	M	650	CLUB DE REMO SAN FELIPE	00:22:51	842
834	828	Sara Zarco Lens	00:29:09	00:28:08	Sub 19	33	F	184	JESUS MAESTRO	00:22:40	823
835	1351	Noelia Camoira Villamor	00:29:09	00:28:13	Senior	40	F	185		00:22:44	827
836	2300	Amanda López Insa	00:29:09	00:28:42	Senior	41	F	186		00:22:26	790
837	3314	Rubén Teijelo Fernández	00:29:12	00:28:14	VET A	200	M	651		00:22:36	813
838	3231	Ignacio Serantes González	00:29:13	00:27:53	VET B	107	M	652		00:22:50	838
839	1019	Noemi Álvarez Alvarez	00:29:13	00:28:42	VET A	64	F	187	triatlon ferrol	00:22:35	805
840	3515	Oscar Madrid Muñoz	00:29:13	00:26:49	Senior	214	M	653	Mameros Antonio de Escaño	00:23:17	884
841	557	Oscar Pita Vidal	00:29:14	00:27:38	Senior	215	M	654	CLUB ATLETISMO SADA	00:22:58	859
842	1038	Ana Feal Curbeira	00:29:15	00:28:29	Senior	42	F	188		00:22:46	829
843	2315	Miguel Angel Lopez Lorenzo	00:29:15	00:26:50	VET A	201	M	655		00:23:33	904
844	412	José Ignacio Villanueva Gomez	00:29:16	00:28:01	VET A	202	M	656	6 Pes Pa Un Banco	00:22:48	832
845	1746	Pablo Fajardo Bouza	00:29:16	00:27:28	VET A	203	M	657		00:23:53	940
846	446	Jose Antoni Fernandez Sánchez	00:29:17	00:27:39	VET A	204	M	658		00:23:09	871
847	1780	Sara Fernandez Fernandez	00:29:18	00:28:48	Senior	43	F	189		00:22:21	783
848	1871	Susana Fortuna Gómez	00:29:18	00:27:46	VET A	65	F	190		00:22:55	847
849	2874	Xavier Primoy Martinez	00:29:20	00:28:34	Sub 19	75	M	659		00:22:10	764
850	1206	Maite Bastida Martínez	00:29:20	00:28:44	VET B	35	F	191		00:23:12	874
851	3469	Rafael Villadóniga Soloso	00:29:21	00:26:51	VET A	205	M	660		00:23:42	925
852	879	Pablo Pita Rodríguez	00:29:22	00:27:46	VET A	206	M	661	MTB BIELA E CHAVETA	00:22:56	849
853	2644	Noelia Otero Nogueira	00:29:23	00:29:01	Sub 19	34	F	192		00:22:36	812
854	124	Iván Varela Gonzalez	00:29:23	00:28:27	Senior	216	M	662	Runining Club Altafit Odeon	00:22:36	811
855	2708	Marcos Pena Freire	00:29:23	00:29:02	VET A	207	M	663		00:22:35	808
856	978	Cristina Piñeiro Fraga	00:29:23	00:28:54	Senior	44	F	193	X	00:23:34	907
857	2552	Miriam Moragues Cava	00:29:23	00:28:46	Senior	45	F	194		00:22:35	807
858	983	Maria Del Carmen Fatima Fraga Rios	00:29:24	00:28:56	VET C	4	F	195		00:23:35	912
859	3297	Nuria Taboada Pérez	00:29:26	00:28:25	Sub 19	35	F	196		00:22:43	826
860	1041	Lacroqueta Enlameta	00:29:27	00:29:01	Senior	46	F	197	UNIVERSIDADE SANTIAGO DE COMPOSTELA	00:22:54	846
861	1841	José Luis Ferreiro Alvarez	00:29:28	00:28:56	VET D	12	M	664		00:22:12	769
862	1399	Jorge Casal Casal	00:29:28	00:27:41	Senior	217	M	665		00:23:18	887
863	844	Berta Rey Solá	00:29:31	00:29:02	Senior	47	F	198		00:22:55	848
864	2246	Mario Llago Alonso	00:29:32	00:28:38	Sub 19	76	M	666		00:22:51	840
865	1862	Manuel Angel Fojo Pedrido	00:29:33	00:28:36	VET B	108	M	667		00:23:23	892
866	546	Angeles Amor García	00:29:33	00:29:02	VET A	66	F	199	CLUB ATLETISMO SADA	00:22:48	831
867	874	Manu Muño	00:29:33	00:29:03	VET B	109	M	668	MONTAEVAI BTT O PINO	00:22:48	830
868	2497	Marta Medina Cruz	00:29:36	00:28:39	Senior	48	F	200		00:23:23	893
869	1776	Pablo Fernández Espada	00:29:36	00:28:48	Senior	218	M	669		00:23:21	890
870	2241	Javier Lejo Sierra	00:29:37	00:28:35	Senior	219	M	670		00:23:21	889
871	1423	Iván Castro Couce	00:29:39	00:29:01	Sub 23	25	M	671		00:23:24	894
872	2570	Beatriz Mourinho Carballido	00:29:39	00:28:52	VET A	67	F	201		00:23:12	875
873	3020	Ana Rodríguez López	00:29:40	00:29:28	Senior	49	F	202		00:22:59	861
874	2569	Belén Mourinho Carballido	00:29:42	00:28:42	VET B	36	F	203		00:23:14	878
875	1634	Alejandra Diaz Rodríguez	00:29:43	00:28:26	VET A	68	F	204		00:22:58	857
876	1643	Ana Diaz Santalla	00:29:43	00:28:37	VET B	37	F	205		00:22:58	858
877	2541	Pablo Montero Fernández	00:29:44	00:28:28	Senior	220	M	672		00:24:01	947
878	562	Alfonso Villar Lopez	00:29:45	00:28:15	VET B	110	M	673	CLUB ATLETISMO SADA	00:23:37	916
879	593	Jose Luis Pelaez Galego	00:29:48	00:28:26	VET B	111	M	674	CLUB SOCIAL BANCO PASTOR	00:23:46	929
880	3473	Marcos Villanueva Sánchez	00:29:49	00:28:41	VET A	208	M	675		00:23:36	914
881	1675	Isabel Dominguez Munaiz	00:29:49	00:28:32	VET A	69	F	206		00:23:46	930
882	1166	Silvia Arroyo Cunha	00:29:50	00:28:25	VET A	70	F	207		00:23:48	932
883	2359	Nerea López Sanmartín	00:29:51	00:28:36	Sub 23	12	F	208		00:23:40	920
884	293	Anton Noche Arozamena	00:29:53	00:28:19	Sub 19	77	M	676	REMO SAN FELIPE	00:23:09	870
885	2219	David Lata Rios	00:29:53	00:28:31	Senior	221	M	677		00:23:40	919
886	1441	Olaia Castro Piñeiro	00:29:53	00:28:22	Senior	50	F	209		00:23:50	937
887	2365	Óscar López Serra	00:29:55	00:27:43	VET A	209	M	678		00:23:45	928
888	2990	Miguel Rodríguez Bouza	00:29:55	00:27:25	Senior	222	M	679		00:23:30	902
889	2216	Brais Landeira García	00:29:56	00:28:59	Senior	223	M	680		00:23:02	866
890	1232	Mª Teresa Bengochecha Cimadevila	00:29:58	00:28:46	Senior	51	F	210		00:23:13	876

891	1658	Alisonne Dillen	00:29:58	00:29:06	Senior	52	F	211		00:23:17	882
892	59	Vanessa Luaces Bouza	00:29:58	00:29:39	VET A	71	F	212	Running Club Altafit Odeon	00:22:54	845
893	2475	Julian Martinez Rodriguez	00:29:58	00:26:17	Sub 23	26	M	681		00:23:48	933
894	832	Jorge Balsa González	00:29:58	00:26:10	Sub 23	27	M	682		00:23:48	934
895	237	José García-paredes Ucero	00:29:58	00:29:08	VET B	112	M	683	Tirso de Molina	00:23:28	899
896	2103	Juan González-aller Cornago	00:29:58	00:28:46	Senior	224	M	684		00:23:13	877
897	23	Ángel Manuel Del Río Pena	00:29:59	00:28:48	VET A	210	M	685	Running Altafit Odeon	00:23:57	944
898	485	Montse Teijeiro Pita	00:29:59	00:29:27	VET B	38	F	213	Malata	00:22:52	843
899	977	Ana García Blanco	00:30:00	00:29:10	Senior	53	F	214	X	00:23:34	909
900	981	Diana Vilela Caamaño	00:30:01	00:29:10	Senior	54	F	215	X	00:23:34	908
901	2054	Antonio Jesus González Arias	00:30:02	00:29:17	VET B	113	M	686		00:23:39	917
902	1965	Óscar García García	00:30:02	00:28:24	VET A	211	M	687		00:23:14	880
903	1549	Margot Crespo	00:30:03	00:29:21	Senior	55	F	216		00:23:42	926
904	2905	Natalia Ramos Revidiego	00:30:03	00:28:44	Senior	56	F	217		00:23:54	941
905	733	Jesús Bernal Gómez	00:30:05	00:29:47	VET D	13	M	688	INDEPENDIENTE	00:23:47	931
906	1802	José Antonio Fernández Maceiras	00:30:06	00:28:55	VET B	114	M	689		00:23:26	897
907	3430	Andrea Veiga Fernández	00:30:06	00:28:59	VET B	39	F	218		00:23:26	896
908	3386	Beatriz Vazquez Barreiro	00:30:06	00:28:20	Senior	57	F	219		00:23:19	888
909	1730	Isabel Estevan Serrano	00:30:06	00:29:01	VET B	40	F	220		00:23:14	881
910	1976	Marta García Martínez	00:30:07	00:29:01	Sub 19	36	F	221		00:23:45	927
911	1159	René Armada Armada	00:30:08	00:29:31	VET A	212	M	690		00:23:17	883
912	3045	Magdalena Rodríguez Rodríguez	00:30:08	00:29:30	VET A	72	F	222		00:23:18	886
913	2832	Pablo Pita Morales	00:30:10	00:29:15	Sub 19	78	M	691		00:23:33	906
914	1215	Jose Antonio Beceiro Rego	00:30:10	00:28:21	VET A	213	M	692		00:23:59	946
915	2314	Sandra María López López	00:30:10	00:28:22	VET A	73	F	223		00:23:57	943
916	3236	Juan Manuel Serrano Otero	00:30:10	00:28:59	VET B	115	M	693		00:23:29	900
917	108	Luis Victorio Rúa García	00:30:10	00:28:46	VET B	116	M	694	Running Altafit Odeon	99:99:99	999999
918	1958	Emilio Garcia Fernandez	00:30:10	00:28:40	VET B	117	M	695		00:24:25	973
919	1974	Paco Garcia Malvar	00:30:11	00:29:16	Sub 19	79	M	696		00:23:33	905
920	2243	Marcos León Graña	00:30:11	00:29:25	VET A	214	M	697		00:23:36	913
921	2009	Santiago Gato Doce	00:30:12	00:28:29	Senior	225	M	698		00:24:09	959
922	1259	Lara Bonome Pardo	00:30:13	00:28:30	Senior	58	F	224		00:24:09	958
923	3203	Ángeles Seco Veiga	00:30:13	00:28:42	VET B	41	F	225		00:23:31	903
924	2882	Dora Puriños Pena	00:30:13	00:29:59	VET C	5	F	226		00:23:01	865
925	2667	Carlos Pardo Allegue	00:30:14	00:29:47	Sub 19	80	M	699		00:23:26	895
926	1919	Eva Fuentés Dopico	00:30:16	00:30:02	VET B	42	F	227		00:23:06	867
927	1284	Luis Brocos	00:30:17	00:29:36	Senior	226	M	700		00:23:07	868
928	1895	Montserrat Francisco Crego	00:30:19	00:29:37	VET B	43	F	228		00:23:17	885
929	982	Inés Álvarez Gobernado	00:30:19	00:29:50	Senior	59	F	229		00:23:35	911
930	2261	Miguel Angel Lopez Blanco	00:30:19	00:29:16	VET A	215	M	701		00:23:27	898
931	3163	Ruben Sanjuan	00:30:19	00:27:53	Senior	227	M	702		00:24:17	969
932	2179	Raul Iglesias Rozas	00:30:21	00:27:57	VET D	14	M	703		00:24:09	961
933	959	Jesús Bello Quintía	00:30:21	00:28:41	Sub 23	28	M	704	RIA FERROL-CONCEPCION ARENAL	00:24:19	971
934	258	Santiago Gomez Garcia	00:30:25	00:28:53	Sub 19	81	M	705	REMO SAN FELIPE	00:23:35	910
935	1611	Alejandro Diaz Dopico	00:30:27	00:28:02	Senior	228	M	706		00:24:17	968
936	674	Carolina Cruz Lapidó	00:30:29	00:30:13	Sub 23	13	F	230	Escola Atletismo Paula Mayobre	00:23:39	918
937	3014	Iván Rodríguez González	00:30:29	00:26:48	Sub 23	29	M	707		00:23:48	935
938	3001	Sonia Rodríguez Del Valle	00:30:30	00:30:17	VET A	74	F	231		00:23:10	873
939	1171	Estefanía Baceo Filgueiras	00:30:31	00:29:06	Senior	60	F	232		00:23:52	939
940	1936	Nicolás García	00:30:32	00:29:23	VET A	216	M	708		00:23:41	922
941	3087	Manuel Amable Romero Pérez	00:30:35	00:28:52	VET B	118	M	709		00:23:22	891
942	999	Antón Arenas López	00:30:36	00:27:22	Sub 23	30	M	710		00:24:55	1025
943	2245	Irene Liz Lopez	00:30:37	00:28:55	Sub 19	37	F	233		00:24:38	991
944	1330	Daniel Calabuig Amor	00:30:38	00:29:20	Sub 23	31	M	711		00:23:49	936
945	3151	Benigno Sanchez Vales	00:30:39	00:29:15	VET A	217	M	712		00:23:14	879
946	2236	Zahara Leira Sixto	00:30:43	00:28:47	Senior	61	F	234		00:24:32	984
947	384	Amparo Gomez Perez	00:30:43	00:30:27	VET C	6	F	235	CLUB CASTRO DE LOBADIZ	00:23:41	923
948	836	Daniel López Cuenca	00:30:44	00:30:07	Senior	229	M	713		00:24:01	948
949	2378	Pablo Lorenzo Garcia	00:30:44	00:28:52	Senior	230	M	714		00:24:32	983
950	838	Bruno Souto Cadevilla	00:30:45	00:30:05	Senior	231	M	715		00:24:02	949
951	2163	Rebeca Iglesias Barreira	00:30:46	00:28:22	VET A	75	F	236		00:24:34	987
952	495	Mónica Lama Pérez	00:30:46	00:30:14	VET A	76	F	237	BE ONE LA MALATA	00:24:14	966
953	1452	Patricia Castro Vila	00:30:47	00:30:15	VET A	77	F	238		00:24:07	956
954	3341	Eva Torrente Hermans	00:30:48	00:30:04	Senior	62	F	239		00:24:14	967
955	2272	Manuel Lopez Cascallar	00:30:48	00:30:24	VET A	218	M	716		00:24:07	954
956	2653	Alejandro Padilla Rodríguez	00:30:49	00:28:55	Senior	232	M	717		00:24:08	957
957	1046	Laura Iglesias García	00:30:51	00:30:11	VET B	44	F	240		00:23:41	921
958	1448	Diego Castro Soto	00:30:51	00:30:04	Sub 19	82	M	718		00:23:08	869
959	1089	María Felix Alonso Martínez	00:30:52	00:30:25	VET C	7	F	241		00:23:41	924
960	2459	Alfonso Martínez Grandal	00:30:54	00:30:54	Senior	233	M	719		00:24:11	964
961	413	Héctor Loureiro Tome	00:30:57	00:30:18	Senior	234	M	720		00:23:36	915
962	647	Noelia Sánchez Conde	00:30:59	00:30:18	Senior	63	F	242		00:23:30	901
963	1861	Alba Fojo Bouza	00:31:05	00:29:29	Senior	64	F	243		00:24:49	1008
964	3327	Mari Tenreiro Rodríguez	00:31:08	00:29:52	VET A	78	F	244		00:24:06	952
965	1858	Jorge Fiol Bolivar	00:31:09	00:26:09	Senior	235	M	721		00:24:59	1034
966	239	José Grandal Lista	00:31:12	00:29:00	Senior	236	M	722	Tirso de Molina	00:24:51	1013
967	2914	Armando Rebollar Casal	00:31:13	00:29:23	VET B	119	M	723		00:24:57	1029
968	2434	Daniel Márquez Pato	00:31:17	00:29:33	VET A	219	M	724		00:24:57	1028
969	596	Covadonga Gutiérrez Rodríguez-moldes	00:31:19	00:30:48	VET B	45	F	245	Club Triatlón Ferrol	00:24:07	953
970	272	Ana Trastoy Cuba	00:31:19	00:30:19	VET A	79	F	246	REMO SAN FELIPE	00:24:32	985
971	833	Goretti Arias Ferreira	00:31:23	00:30:49	Senior	65	F	247		00:24:34	988

972	677	Elena Patricia Lapido Rodríguez	00:31:23	00:31:03	VET B	46	F	248	Escola Atletismo Paula Mayobre	00:24:07	955
973	644	Sandra Freiria Vejo	00:31:24	00:30:43	Senior	66	F	249		00:24:31	981
974	218	Eddie Rosas Paguada	00:31:25	00:30:22	VET A	80	F	250	COLEGIO SAN ROSENDO	00:24:11	963
975	646	José Reché Gonzalez	00:31:25	00:30:59	VET A	220	M	725		00:24:31	980
976	1642	Carolina Díaz Rodríguez	00:31:26	00:30:20	VET A	81	F	251		00:23:58	945
977	2947	Bibiana Reyes Rodríguez	00:31:27	00:29:43	VET A	82	F	252		00:24:56	1027
978	525	Jesus Garrido Rodríguez	00:31:28	00:30:47	VET D	15	M	726		00:23:51	938
979	898	María Luz Lopez Castro	00:31:28	00:29:46	VET A	83	F	253		00:24:30	979
980	2332	Encarna López Paineira	00:31:29	00:28:47	VET B	47	F	254		00:25:08	1053
981	3385	Alberto Vascós Serantes	00:31:31	00:30:25	Senior	237	M	727		00:24:44	1001
982	2251	Rocio Liao Acebes	00:31:32	00:30:18	VET A	84	F	255		00:24:45	1002
983	2366	Cristina Lopez Suarez	00:31:33	00:30:55	VET B	48	F	256		00:24:13	965
984	1301	Guillermo Busto Barbeito	00:31:34	00:29:34	Senior	238	M	728		00:24:54	1021
985	3207	Laura Seijas Lareo	00:31:34	00:29:33	Senior	67	F	257		00:24:54	1022
986	1728	Diego Esteban Tapia	00:31:34	00:31:03	Senior	239	M	729		00:24:18	970
987	3310	Mónica Teijeiro Pazos	00:31:35	00:30:28	VET B	49	F	258		00:24:30	978
988	1657	Sabela Diez Amado	00:31:36	00:28:31	Senior	68	F	259		00:25:03	1041
989	1933	Paula Gamundi Barros	00:31:38	00:30:19	Senior	69	F	260		00:24:50	1009
990	2829	Almudena Pita Huete	00:31:38	00:30:18	Senior	70	F	261		00:24:50	1010
991	90	Rocio Prieto Gonzalez	00:31:38	00:30:26	Senior	71	F	262	Running Altafit Odeon	00:24:51	1012
992	1954	Patricia Garcia Espejo-saavedra	00:31:40	00:30:45	VET A	85	F	263		00:24:37	990
993	1329	Carolina Calabuig Amor	00:31:40	00:30:16	Senior	72	F	264		00:25:07	1047
994	2327	Eva López Mouron	00:31:41	00:31:10	Senior	73	F	265		00:24:26	974
995	2391	Belen Martina Loureiro Amor	00:31:41	00:30:15	Senior	74	F	266		00:25:08	1051
996	2153	Alejandro Hontavilla Gericó	00:31:41	00:30:17	Senior	240	M	730		00:25:05	1045
997	2660	Ivan Pampin Rodriguez	00:31:42	00:31:16	VET A	221	M	731		00:24:09	962
998	2020	Ana María Ginzó Caloto	00:31:43	00:31:23	VET A	86	F	267		00:24:09	960
999	2321	Noemia Zeltia López Martínez	00:31:45	00:30:49	VET A	87	F	268		00:24:39	995
1000	2940	Jose Emilio Rey Vila	00:31:45	00:31:23	VET B	120	M	732		00:24:05	950
1001	612	Cristina Pérez-Iago Gómez	00:31:45	00:30:15	VET B	50	F	269		00:25:08	1052
1002	3210	Andrés Seijido Carballo	00:31:46	00:30:16	VET C	23	M	733		00:24:58	1031
1003	2257	Susana López	00:31:46	00:30:11	VET B	51	F	270		00:24:59	1035
1004	3155	Chus Sanchez Vilas	00:31:47	00:31:25	VET B	52	F	271		00:24:05	951
1005	3318	Montse Tella Fernández	00:31:47	00:30:12	VET A	88	F	272		00:24:55	1026
1006	1385	Javier Cameiro Pérez	00:31:47	00:30:13	VET B	121	M	734		00:24:59	1033
1007	919	César Martínez Cabanas	00:31:48	00:30:52	VET A	222	M	735	PARTICULAR	00:24:36	989
1008	550	Mereces Fajardo Moreno	00:31:48	00:31:06	VET B	53	F	273	CLUB ATLETISMO SADA	00:24:29	976
1009	3154	Dolores Sánchez Vidal	00:31:48	00:30:42	VET B	54	F	274		00:24:41	997
1010	553	Amelia Meijide Martinez	00:31:49	00:31:09	VET B	55	F	275	CLUB ATLETISMO SADA	00:24:28	975
1011	549	Ana Espiñeira Seoane	00:31:49	00:31:06	VET A	89	F	276	CLUB ATLETISMO SADA	00:24:31	982
1012	1596	Andres Del Rio Rodriguez	00:31:49	00:30:43	VET A	223	M	736		00:24:41	998
1013	1190	Diana Barreiro Garcia	00:31:50	00:31:03	VET A	90	F	277		00:24:30	977
1014	1177	Raúl Balseiro Parrilla	00:31:51	00:31:19	VET B	122	M	737		00:25:09	1054
1015	1497	Marta María Conde Chao	00:31:52	00:31:26	VET A	91	F	278		00:25:08	1050
1016	1021	Purí Caneiro	00:31:57	00:30:39	VET D	2	F	279	triatlon ferrol	00:24:41	1000
1017	1020	Marcos Caneiro	00:31:57	00:30:40	VET A	224	M	738	triatlon ferrol	00:24:41	999
1018	837	Zoe Rivera Sánchez	00:31:58	00:31:25	Sub 23	14	F	280		00:24:39	994
1019	2085	Isabel González Rey	00:32:00	00:30:39	VET A	92	F	281		00:24:39	992
1020	2230	Uxia Leira Fernández	00:32:00	00:31:43	VET A	93	F	282		00:24:39	993
1021	347	Nuria Seijo Ameneiros	00:32:00	00:31:42	VET A	94	F	283	MERCEDARIAS FERROL	00:24:40	996
1022	2325	Celestino Juan López Montero	00:32:00	00:30:20	VET B	123	M	739		00:24:33	986
1023	2135	Pascual Gutierrez Ramos	00:32:01	00:30:58	VET A	225	M	740		00:24:58	1032
1024	2191	Javier Izquierdo Lopez	00:32:01	00:30:58	VET B	124	M	741		00:24:58	1030
1025	256	Alba Guerrero Bouza	00:32:01	00:31:31	Sub 19	38	F	284	REMO SAN FELIPE	00:24:48	1005
1026	255	Daniela Gonzalez Garo	00:32:02	00:31:31	Sub 19	39	F	285	REMO SAN FELIPE	00:24:48	1006
1027	772	Antonio Fernandez Miramontes	00:32:02	00:32:02	VET B	125	M	742	JESUS MAESTRO	00:26:01	1112
1028	1477	Malva Chamorro Aguilar	00:32:03	00:29:34	Senior	75	F	286		00:25:16	1061
1029	2083	José Angel González Piñon	00:32:03	00:31:03	VET B	126	M	743		00:24:46	1003
1030	2766	Alba Pérez Vázquez	00:32:03	00:31:08	Senior	76	F	287		00:24:52	1016
1031	1063	Raquel Acevedo Naranjo	00:32:04	00:30:34	Senior	77	F	288		00:25:13	1058
1032	3099	Ines Rosa Salgado	00:32:04	00:31:46	Sub 19	40	F	289		00:25:07	1048
1033	3139	Jose Maria Sanchez Fraga	00:32:06	00:30:54	VET B	127	M	744		00:25:02	1040
1034	564	Carmen Mato Filgueira	00:32:06	00:31:31	Sub 19	41	F	290	RIA FERROL-CONCEPCION ARENAL	00:25:07	1049
1035	2782	Yolanda Picallo Caamaño	00:32:06	00:31:25	Senior	78	F	291		00:24:51	1015
1036	262	Felicidad Rodríguez Serantes	00:32:07	00:31:38	Senior	79	F	292	REMO SAN FELIPE	00:24:48	1004
1037	1140	Javier Anidos Rodriguez	00:32:07	00:30:31	VET A	226	M	745		00:25:14	1059
1038	2183	Maximina Insua Rey	00:32:09	00:29:41	VET C	8	F	293		00:25:12	1056
1039	520	Julio Amoso Diaz	00:32:09	00:30:17	VET A	227	M	746	CLUB BTT FENE	00:25:43	1084
1040	995	Andrea Carro Baena	00:32:09	00:31:24	Sub 19	42	F	294		00:24:52	1017
1041	551	María Filloy Carollo	00:32:09	00:31:27	VET B	56	F	295	CLUB ATLETISMO SADA	00:24:54	1020
1042	1854	María José Filgueira Hermida	00:32:09	00:30:39	VET B	57	F	296		00:25:04	1042
1043	990	David Baena Rodríguez	00:32:10	00:31:25	VET A	228	M	747	SÍGUEME SI PUEDES	00:24:53	1018
1044	2478	Susana Martínez Rubinos	00:32:10	00:30:29	VET A	95	F	297		00:25:12	1057
1045	2165	Cristina Iglesias Crespo	00:32:10	00:28:39	Senior	80	F	298		00:26:00	1108
1046	1536	David Coton Carballeira	00:32:11	00:30:18	Senior	241	M	748		00:25:44	1085
1047	531	Begoña González Torrego	00:32:12	00:30:24	VET A	96	F	299	ESCOLAS DEP. LOURENZA	00:25:15	1060
1048	2140	Yolanda Hermida Gómez	00:32:13	00:31:28	Sub 23	15	F	300		00:25:00	1037
1049	2818	Elisa Piñón Hermida	00:32:13	00:31:28	Sub 23	16	F	301		00:24:59	1036
1050	1409	José Ramón Casteleiro Veiga	00:32:14	00:29:39	Senior	242	M	749		00:26:19	1131
1051	1537	Maité Couce Aneiros	00:32:17	00:31:11	VET A	97	F	302		00:25:22	1068
1052	1070	Rocio Airado Bello	00:32:19	00:31:15	Senior	81	F	303		00:25:05	1043

1053	3267	Vanessa Souto	00:32:20	00:31:12	VET A	98	F	304		00:25:17	1062
1054	3052	Alejandro Rodríguez Veiga	00:32:20	00:28:47	Senior	243	M	750		00:25:47	1089
1055	454	Claudia Montero Bouzas	00:32:21	00:31:25	Sub 19	43	F	305	Atlético Ilous	00:25:07	1046
1056	1999	Ana García Teijeiro	00:32:21	00:28:46	Senior	82	F	306		00:25:48	1091
1057	3303	Juan Alberto Tellado Arias	00:32:21	00:27:38	VET A	229	M	751		00:26:09	1124
1058	455	Alberto Montero Lagoa	00:32:22	00:30:32	VET B	128	M	752	Atlético Ilous	00:22:41	824
1059	406	Damián Cao Pla	00:32:23	00:31:41	Senior	244	M	753		00:26:01	1113
1060	1773	María Jose Fernandez Diaz	00:32:23	00:31:16	VET A	99	F	307		00:24:49	1007
1061	2288	Fernando Lopez Fernandez	00:32:24	00:31:41	VET A	230	M	754		00:24:25	972
1062	533	Antonio Castro Nuñez	00:32:25	00:31:56	VET B	129	M	755		00:25:57	1100
1063	3104	Antonio José Ruiz Dopico	00:32:27	00:30:44	VET A	231	M	756		00:25:35	1078
1064	752	Javier Aulet Martínez-esparza	00:32:28	00:30:52	Sub 23	32	M	757	JESUS MAESTRO	00:25:33	1075
1065	847	Manuel Castro López	00:32:29	00:30:43	VET B	130	M	758	Manuel	00:25:00	1038
1066	763	Jose Bravo De Paz	00:32:32	00:30:30	Sub 19	83	M	759	JESUS MAESTRO	00:25:50	1096
1067	3281	Michael Stockheim Gómez	00:32:34	00:31:53	VET A	232	M	760		00:25:21	1066
1068	2572	Ana María Mourón Fraga	00:32:34	00:31:55	VET A	100	F	308		00:25:21	1067
1069	1944	Marta Garcia Burgos	00:32:34	00:31:53	Sub 19	44	F	309		00:26:10	1126
1070	2574	María Mozo Ríos	00:32:35	00:31:42	Sub 19	45	F	310		00:26:10	1125
1071	3399	Juan Carlos Vazquez Lopez	00:32:36	00:30:01	VET B	131	M	761		00:26:00	1109
1072	2006	Xabier Gasalla Baeza	00:32:38	00:28:13	VET A	233	M	762		00:26:15	1128
1073	398	Fernando De Rosende García	00:32:39	00:30:05	VET B	132	M	763	CLUB CASTRO DE LOBADIZ	00:25:59	1105
1074	1751	David Feal Diaz	00:32:40	00:31:36	Senior	245	M	764		00:25:05	1044
1075	2060	Daniel Gonzalez Casal	00:32:40	00:31:11	VET B	133	M	765		00:25:21	1065
1076	1540	Alicia Ana Couce Falcon	00:32:40	00:31:37	VET B	58	F	311		00:25:27	1071
1077	875	Manuel Marcos Bello	00:32:41	00:31:41	VET B	134	M	766	Montefaro	00:25:42	1083
1078	3074	Guillermo Manuel Romero Calvo	00:32:42	00:30:52	VET C	24	M	767		00:25:27	1072
1079	2276	Sergio López Castro	00:32:43	00:30:08	Senior	246	M	768		00:26:19	1130
1080	1791	Irene Fernández Gómez	00:32:43	00:31:26	Senior	83	F	312		00:25:23	1069
1081	3201	Alejandro Seco Gonzalez	00:32:44	00:29:30	Sub 23	33	M	769		00:26:02	1114
1082	229	María Gómez Duruy	00:32:44	00:31:39	Sub 19	46	F	313	Tirso de Molina	00:25:32	1074
1083	79	Ana Belen Pena Rejo	00:32:44	00:32:34	VET A	101	F	314	Runining Club Altafit Odeon	00:24:53	1019
1084	2704	Alberto Pedreira Diaz	00:32:44	00:31:42	Senior	247	M	770		00:24:54	1024
1085	127	Celia Vilasanchez Sanjuan	00:32:45	00:32:35	VET A	102	F	315	Runining Club Altafit Odeon	00:24:54	1023
1086	2465	Amparo Martínez Luaces	00:32:46	00:32:25	VET A	103	F	316		00:25:19	1063
1087	130	Rafael Jesus Alberca Castro	00:32:51	00:32:00	Senior	248	M	771		00:25:11	1055
1088	1461	Jorge Cela Valiño	00:32:51	00:30:36	VET A	234	M	772		00:26:07	1119
1089	1577	Karine David Vivas	00:32:53	00:30:23	Senior	84	F	317		00:25:58	1102
1090	3089	Brais Romero Piñón	00:32:53	00:31:59	Senior	249	M	773		00:26:23	1135
1091	439	María Prado Velo	00:32:55	00:31:42	Sub 19	47	F	318		00:26:03	1115
1092	1349	Laura Camazón Lourido	00:32:55	00:31:55	Senior	85	F	319		00:25:48	1093
1093	2007	Tamara Gato Comba	00:32:55	00:31:55	Senior	86	F	320		00:25:48	1092
1094	2460	Andrea Martínez Hermida	00:32:55	00:32:50	Sub 19	48	F	321		00:24:51	1014
1095	2049	Laura Gómez Tojeiro	00:33:00	00:31:19	VET A	104	F	322		00:26:08	1120
1096	1845	Javier Ferreiro Castrillón	00:33:01	00:31:52	VET D	16	M	774		00:25:40	1081
1097	1843	Laura Ferreiro Calvo	00:33:01	00:31:55	VET A	105	F	323		00:25:41	1082
1098	1263	Jaime Bouza Bouzamayor	00:33:01	00:32:26	VET C	25	M	775		00:25:19	1064
1099	2127	David Grueiro Méndez	00:33:02	00:31:24	VET A	235	M	776		00:25:01	1039
1100	3113	María Saavedra Rico	00:33:03	00:32:12	Senior	87	F	324		00:25:38	1079
1101	544	Rebeca Blanco Cinza	00:33:03	00:33:03	Senior	88	F	325	Club atletismo ría Ferrol	00:26:00	1110
1102	532	Ana Alban Salgado	00:33:03	00:32:33	VET B	59	F	326	CLUB ATLETISMO MILLARAI0	00:25:58	1101
1103	1894	Jorge Juan Fraguela Santos	00:33:03	00:29:31	VET B	135	M	777		00:26:08	1121
1104	2887	Lara Quintela Lago	00:33:08	00:31:53	Senior	89	F	327		00:25:28	1073
1105	3136	Naiara Sanchez Diaz	00:33:09	00:31:01	Senior	90	F	328		00:26:27	1139
1106	2763	Sara Pérez Seijas	00:33:10	00:31:52	VET A	106	F	329		00:25:53	1099
1107	15	Sonia Carballo Leiras	00:33:11	00:32:24	VET A	107	F	330	Runining Club Altafit Odeon	00:25:45	1087
1108	6	Juan Ignacio Arbe Nuñez	00:33:11	00:32:24	VET A	236	M	778	Runining Club Altafit Odeon	00:25:44	1086
1109	1556	Jose Mª Criado Labajo	00:33:12	00:33:12	VET D	17	M	779		00:25:49	1095
1110	2791	Noemi Pico Llamazares	00:33:13	00:31:59	VET A	108	F	331		00:25:58	1103
1111	2789	Jose Pico Freire	00:33:14	00:31:59	VET C	26	M	780		00:26:01	1111
1112	1243	Francisco Blanco Barreiro	00:33:16	00:31:50	VET B	136	M	781		00:25:59	1107
1113	411	Iago Lage Paz	00:33:27	00:31:44	Sub 19	84	M	782		00:26:33	1150
1114	172	Joaquín Lage Seco	00:33:28	00:31:45	VET A	237	M	783		00:26:32	1147
1115	1456	Rosa Cebreiro Dopico	00:33:28	00:32:59	VET A	109	F	332		00:25:39	1080
1116	1184	Noelia Barcia Umbón	00:33:30	00:32:52	VET A	110	F	333		00:25:47	1088
1117	1183	Lucía Barcia Umbón	00:33:31	00:33:02	VET B	60	F	334		00:25:47	1090
1118	1244	Manuel Blanco García	00:33:33	00:33:33	VET D	18	M	784		99:99:99	999999
1119	3202	Alberto Seco Leira	00:33:33	00:32:25	Senior	250	M	785		00:25:51	1097
1120	2168	Mª Isabel Iglesias Fernandez	00:33:34	00:30:32	VET B	61	F	335		00:26:40	1158
1121	3287	José Antonio Suárez Noya	00:33:35	00:32:41	VET A	238	M	786		00:25:35	1076
1122	2968	Carlota Rivas López	00:33:35	00:32:42	VET A	111	F	336		00:25:35	1077
1123	998	Marcos Porta Picallo	00:33:36	00:32:09	VET A	239	M	787	Taberna o trisquel	00:26:20	1132
1124	2587	Uxia Naveira Hermida	00:33:36	00:32:23	Senior	91	F	337		00:26:28	1141
1125	858	Sandra Fernández Álvarez	00:33:36	00:31:03	Senior	92	F	338	Marineros Antonio de Escaño	00:27:05	1171
1126	31	Isabel Escudero Gonzalez	00:33:36	00:33:16	Senior	93	F	339	Runining Club Altafit Odeon	00:25:51	1098
1127	859	Jessica González Cózar	00:33:36	00:31:04	Senior	94	F	340	Marineros Antonio de Escaño	00:27:06	1172
1128	1367	Marta Canto Souto	00:33:37	00:32:54	VET A	112	F	341		00:26:05	1116
1129	864	Cristina López Noya	00:33:38	00:31:07	Senior	95	F	342		00:27:02	1169
1130	2696	Mª Carmen Paz Paz	00:33:38	00:32:49	VET B	62	F	343		00:25:59	1106
1131	2039	Lucía Gomez Garcia	00:33:38	00:32:29	VET A	113	F	344		00:25:58	1104
1132	2592	Alba Nebra Pérez	00:33:39	00:31:31	Sub 23	17	F	345		00:26:27	1138
1133	1545	Fernando Couselo Barrio	00:33:40	00:32:20	VET B	137	M	788		00:26:05	1117

1134	1778	Noelia Fernandez Fernandez	00:33:40	00:32:20	VET A	114	F	346		00:26:05	1118
1135	1626	Elvira Díaz Montero	00:33:42	00:31:54	VET B	63	F	347		00:26:21	1134
1136	1047	Modesto Lopez Rosales	00:33:45	00:31:03	VET B	138	M	789	Vara e Pedal	00:26:48	1168
1137	3395	Maria Vazquez Giz	00:33:51	00:31:25	VET A	115	F	348		00:26:42	1163
1138	3394	Laura Vazquez Giz	00:33:51	00:31:26	VET A	116	F	349		00:26:42	1161
1139	727	Raquel Fernandez Mosquera	00:33:52	00:32:02	VET A	117	F	350	Guapas de Cambre	00:26:43	1164
1140	757	Elena Bermudez Ramos	00:33:54	00:32:05	VET A	118	F	351	JESUS MAESTRO	00:26:43	1165
1141	759	Maite Bermudo Morejon	00:33:54	00:32:06	Senior	96	F	352	JESUS MAESTRO	00:26:42	1162
1142	1687	Paula Dopico González	00:33:54	00:33:06	Senior	97	F	353		00:26:30	1144
1143	1413	Ana Castiñeira Miralles	00:33:54	00:33:08	Senior	98	F	354		00:26:08	1123
1144	1343	Tania Calvo Iglesias	00:33:55	00:33:06	Senior	99	F	355		00:26:30	1145
1145	2255	Marcos Antonio Longa Vilarinho	00:33:56	00:33:09	Senior	251	M	790		00:26:08	1122
1146	2313	Rubén López López	00:33:58	00:32:05	Senior	252	M	791		00:26:38	1153
1147	1870	Lucía Formoso Miguez	00:33:58	00:32:03	Senior	100	F	356		00:26:38	1152
1148	2098	Jonathan Gonzalez Vega	00:34:01	00:31:13	Sub 23	34	M	792		00:27:17	1178
1149	1723	Manuel Esperante Riveiro	00:34:01	00:32:57	VET C	27	M	793		00:25:24	1070
1150	1578	Javier De Cal Y Dopico	00:34:02	00:31:15	Sub 19	85	M	794		00:27:17	1179
1151	2349	Javier Lopez Roca	00:34:03	00:32:42	Senior	253	M	795		00:26:41	1159
1152	1820	Gonzalo Fernandez Rodríguez	00:34:03	00:32:38	VET B	139	M	796		00:26:41	1160
1153	1853	Arturo Filgueira Hermida	00:34:08	00:32:32	VET A	240	M	797		00:26:28	1142
1154	1188	Pedro Barreiro Gabeiras	00:34:09	00:29:24	VET A	241	M	798		00:27:20	1182
1155	1868	Ania Formoso	00:34:15	00:33:31	Senior	101	F	357		00:26:17	1129
1156	1907	Natalia Freire Gómez	00:34:15	00:33:15	Senior	102	F	358		00:27:34	1191
1157	2656	Paula Palacios Cerdán	00:34:17	00:33:17	Sub 19	49	F	359		00:26:28	1140
1158	2645	Marcos Otero Rodríguez	00:34:18	00:33:24	VET A	242	M	799		00:25:48	1094
1159	2384	Maria Losa Gonzalez	00:34:18	00:33:10	Sub 19	50	F	360		00:26:29	1143
1160	1438	José Castro Orte	00:34:19	00:33:14	VET A	243	M	800		00:28:36	1252
1161	1341	Patricia Calvo Gunturiz	00:34:20	00:32:32	VET A	119	F	361		00:27:08	1174
1162	1356	Antonio Campos Lama	00:34:22	00:34:22	Senior	254	M	801		00:27:31	1188
1163	1716	Adrián Elizechea Fernández	00:34:25	00:29:41	Senior	255	M	802		00:27:36	1195
1164	1155	Fernando Ares Couceiro	00:34:26	00:31:06	VET D	19	M	803		00:27:21	1183
1165	3043	Noelia Rodríguez Rodríguez	00:34:26	00:33:25	Senior	103	F	362		00:27:34	1192
1166	2341	Amparo Lopez Ramonde	00:34:27	00:33:02	VET B	64	F	363		00:27:17	1176
1167	2971	Maria Rivera Ramonde	00:34:27	00:33:02	VET A	120	F	364		00:27:17	1177
1168	2479	Andrea Martínez Sachocos	00:34:28	00:33:27	Sub 23	18	F	365		00:27:33	1189
1169	967	Ismael Picallo Ramonde	00:34:29	00:33:03	VET A	244	M	804	RIA FERROL-CONCEPCION ARENAL	00:27:16	1175
1170	1060	Maria Abuin	00:34:29	00:34:08	VET A	121	F	366		00:26:21	1133
1171	2821	Miguel Pita Apestequiá	00:34:30	00:32:33	VET B	140	M	805		00:27:56	1208
1172	3471	Pilar Villamarin Mendez	00:34:31	00:33:23	VET B	65	F	367		00:26:38	1155
1173	3474	Ricardo Villar Cristobal	00:34:33	00:31:47	VET B	141	M	806		00:27:55	1207
1174	2068	Silvia González Fernández	00:34:37	00:33:28	Sub 19	51	F	368		00:26:33	1148
1175	3131	Maria Sampayo Fernandez	00:34:37	00:33:45	Senior	104	F	369		00:26:13	1127
1176	1169	Pepa Baamonde Reigosa	00:34:37	00:33:54	VET B	66	F	370		00:26:39	1156
1177	774	Paola Gamundi Sanchez	00:34:38	00:33:56	Sub 19	52	F	371	JESUS MAESTRO	00:26:39	1157
1178	1799	Martin Fernández López	00:34:38	00:33:39	Sub 19	86	M	807		00:26:33	1149
1179	861	Rocio Bauti Guerrero	00:34:39	00:32:07	Sub 23	19	F	372		00:27:48	1200
1180	118	Jesus Sueiras Esperante	00:34:43	00:33:39	VET B	142	M	808	Running Altafit Odeon	00:27:34	1190
1181	1569	Alejandra Cutanda Mier	00:34:47	00:34:01	VET A	122	F	373		00:26:45	1167
1182	2489	Noelia Mateus Fraga	00:34:47	00:34:01	VET A	123	F	374		00:26:44	1166
1183	359	Dolores Pedreira Fernández	00:34:48	00:33:16	VET B	67	F	375	CASTRO DE LOBADIZ	00:27:08	1173
1184	1877	Elisa María Fraga Galdo	00:34:48	00:34:21	Sub 19	53	F	376		00:26:26	1136
1185	1959	Jimena Garcia Fernandez	00:34:50	00:33:36	Sub 19	54	F	377		00:26:26	1137
1186	3468	Rocio Vilchez Simo	00:34:52	00:33:36	VET A	124	F	378		00:27:36	1194
1187	736	Noela Caruncho Miragaya	00:34:55	00:31:20	Senior	105	F	379		00:28:02	1219
1188	1745	Cristina Fachal Piñeiro	00:34:55	00:34:11	Senior	106	F	380		00:27:57	1209
1189	1087	Carlos Alonso González	00:34:56	00:30:57	Senior	256	M	809		00:28:06	1226
1190	2051	Jose Manuel Gómez Vazquez	00:34:59	00:34:14	VET D	20	M	810		00:26:36	1151
1191	1336	Daniel Calvo Diaz	00:35:01	00:32:46	Senior	257	M	811		00:27:18	1180
1192	2909	Ana Rascado Dopico	00:35:11	00:34:40	Sub 23	20	F	381		00:26:30	1146
1193	1908	Victor Freire Marques	00:35:15	00:33:48	VET B	143	M	812		00:26:38	1154
1194	3	Jose Luis Acosta Rodríguez	00:35:16	00:34:50	VET C	28	M	813	Runining Club Altafit Odeon	00:27:02	1170
1195	2151	David Higuera Cazalla	00:35:18	00:34:07	Sub 19	87	M	814		00:27:53	1205
1196	1533	Claudia Cortizo Barro	00:35:28	00:34:44	Sub 23	21	F	382		00:27:47	1199
1197	294	Emma Vazquez Linos	00:35:29	00:34:50	Sub 19	55	F	383	REMO SAN FELIPE	00:27:49	1201
1198	296	Ana Herrero Dominguez	00:35:30	00:34:51	Sub 19	56	F	384	REMO SAN FELIPE	00:27:49	1202
1199	538	Montserrat Rioboo Leon	00:35:32	00:34:33	Senior	107	F	385	CLUB ATLETISMO NARON	00:28:21	1244
1200	1422	Rosalía Castro Castro	00:35:33	00:32:10	Senior	108	F	386		00:28:35	1250
1201	1396	Jesús Caruncho Alvarez	00:35:33	00:32:13	Senior	258	M	815		00:28:35	1249
1202	1849	Marga Figueira Ignacio	00:35:33	00:32:54	VET D	3	F	387		00:27:55	1206
1203	753	Arturo Aulet Ruiz	00:35:34	00:33:57	VET B	144	M	816	JESUS MAESTRO	00:28:42	1261
1204	2208	Lucía Lago Ferreira	00:35:35	00:34:41	Sub 19	57	F	388		00:27:57	1210
1205	900	Maria Fernanda Arrojo Alonso	00:35:39	00:32:55	VET C	9	F	389	No federada	00:28:01	1216
1206	2716	Carmen Peña	00:35:40	00:34:38	Senior	109	F	390		00:27:57	1212
1207	2859	Carolina Prado Velo	00:35:41	00:34:27	Senior	110	F	391		00:28:01	1217
1208	3072	Iria Romero Brejio	00:35:44	00:33:54	Senior	111	F	392		00:27:34	1193
1209	1228	Marta Bellón Zapata	00:35:45	00:33:45	Sub 19	58	F	393		00:27:22	1184
1210	2102	Alejandro Exiquio Gonzalez Vidal	00:35:45	00:33:43	Senior	259	M	817		00:27:43	1196
1211	25	Miguel A Diaz Cameiro	00:35:45	00:31:53	VET B	145	M	818	Runining Club Altafit Odeon	00:28:52	1270
1212	122	Juan M Touza Aneiros	00:35:45	00:31:55	VET A	245	M	819	Running Altafit Odeon	00:28:54	1272
1213	2862	Lucía Prados Lourés	00:35:46	00:33:33	Senior	112	F	394		00:28:03	1221
1214	1612	Sergio Díaz Dopico	00:35:47	00:33:33	Senior	260	M	820		00:28:01	1218

1215	1381	Alba Carballo Sánchez	00:35:47	00:33:57	Sub 19	59	F	395		00:28:03	1222
1216	2718	Laura Peña Caaveiro	00:35:48	00:34:45	Senior	113	F	396		00:27:59	1213
1217	3351	Anna Toye Alvarez	00:35:50	00:35:09	Sub 19	60	F	397		00:27:57	1211
1218	3335	Ramón Tojeiro Díaz	00:35:54	00:35:54	VET D	21	M	821		00:27:29	1186
1219	3094	Antonio Romero Vilela	00:35:54	00:35:54	VET A	246	M	822		00:27:30	1187
1220	1832	Manuel Fernández Yáñez	00:35:54	00:32:12	VET C	29	M	823		00:28:48	1266
1221	2675	Carlos Pardo Veiga	00:35:55	00:35:55	VET B	146	M	824		00:27:18	1181
1222	636	Marta Torres	00:35:58	00:34:12	Senior	114	F	398		00:28:46	1265
1223	2410	Olalla Maiztegui Martínez	00:35:59	00:33:12	Senior	115	F	399		00:28:35	1251
1224	2535	Francisco José Miño Vilaríño	00:36:03	00:33:50	VET B	147	M	825		00:28:18	1240
1225	2879	Enma Puentes Román	00:36:04	00:35:10	Sub 19	61	F	400		99:99:99	999999
1226	1535	Juan Carlos Costoya González	00:36:07	00:35:32	VET A	247	M	826		00:27:52	1204
1227	1752	Oscar Feal Lourido	00:36:07	00:34:38	VET A	248	M	827		00:28:18	1241
1228	2323	Leticia Tatiana Lopez Medin	00:36:08	00:34:39	Senior	116	F	401		00:28:19	1242
1229	3098	Jesús Romeu Teijeiro	00:36:09	00:33:29	VET A	249	M	828		99:99:99	999999
1230	228	Carla Alonso Valdivieso	00:36:10	00:35:03	Sub 19	62	F	402	Tirso de Molina	00:28:19	1243
1231	2017	Beatrice Geslin	00:36:11	00:35:21	Senior	117	F	403		00:28:00	1215
1232	236	Francisco Alonso Santalla	00:36:12	00:35:14	VET B	148	M	829	Tirso de Molina	00:28:18	1239
1233	2858	Julia Prado Velo	00:36:15	00:36:01	Sub 23	22	F	404		00:28:00	1214
1234	119	Obdulia Ternero Sanchez	00:36:19	00:33:52	Senior	118	F	405	Runining Club Altafit Odeon	00:28:57	1273
1235	2932	Carolina Rey Beracochea	00:36:19	00:33:52	Senior	119	F	406		00:28:57	1275
1236	399	Alvaro Parres	00:36:20	00:35:03	Senior	261	M	830	CLUB CASTRO DE LOBADIZ	00:28:06	1228
1237	3299	Martina Taboada Vicos	00:36:22	00:35:06	VET A	125	F	407		00:28:05	1225
1238	87	Elena Pita Abeal	00:36:23	00:32:49	Senior	120	F	408	Runining Club Altafit Odeon	00:29:01	1282
1239	3249	José Manuel Sixto Niebla	00:36:23	00:35:08	VET A	250	M	831		00:28:05	1224
1240	3309	Cristina Teijeiro Niebla	00:36:24	00:35:05	Senior	121	F	409		00:28:06	1227
1241	121	Elena Tomé Gonzalez	00:36:24	00:32:51	Senior	122	F	410	Runining Club Altafit Odeon	00:29:01	1283
1242	3479	Mª Jesús Villar Vellón	00:36:25	00:36:06	VET A	126	F	411		00:27:26	1185
1243	2200	Oscar Labora Vega	00:36:29	00:35:21	Sub 19	88	M	832		00:28:09	1231
1244	1389	Lidia Carreira Vázquez	00:36:30	00:35:38	Senior	123	F	412		00:28:02	1220
1245	1792	Julio Fernández Hermida	00:36:30	00:34:34	VET C	30	M	833		00:28:18	1238
1246	2394	Manuel Loureiro Miguez	00:36:32	00:35:35	VET B	149	M	834		00:28:10	1233
1247	1517	Adriana Correa Campos	00:36:32	00:34:47	VET A	127	F	413		00:28:34	1248
1248	1561	Enrique Cubeiro Cabello	00:36:35	00:33:02	VET C	31	M	835		00:28:38	1255
1249	3507	Cristina Díaz	00:36:36	00:35:28	VET A	128	F	414		00:28:09	1232
1250	863	Lorena Flores Sánchez	00:36:37	00:34:06	Senior	124	F	415		00:29:35	1307
1251	3265	Beatriz Sousa	00:36:37	00:35:28	Senior	125	F	416		00:28:08	1230
1252	862	Cintia Doello García	00:36:39	00:34:05	Senior	126	F	417		00:29:35	1308
1253	1747	Manuel Fandiño Manteca	00:36:39	00:35:37	VET C	32	M	836		00:28:58	1276
1254	984	Sara Saez Suarez	00:36:39	00:35:49	Senior	127	F	418		00:28:05	1223
1255	980	Ivette Romero Saavedra	00:36:40	00:35:50	Senior	128	F	419	X	00:28:07	1229
1256	979	Estefania Piñeiro Fraga	00:36:41	00:35:49	Senior	129	F	420	X	00:28:16	1236
1257	3143	M José Sánchez Mayo	00:36:42	00:34:54	VET B	68	F	421		00:28:37	1254
1258	3157	María Jesús Sande Puga	00:36:42	00:34:54	VET A	129	F	422		00:28:37	1253
1259	2973	Alvaro Robles Soto	00:36:47	00:35:12	VET B	150	M	837		00:28:22	1245
1260	3496	María Isabel Yáñez Sánchez	00:36:52	00:34:26	VET A	130	F	423		00:28:39	1259
1261	3498	Charí Zapata Domínguez	00:36:52	00:34:53	VET B	69	F	424		00:28:40	1260
1262	1383	Iván Manuel Carmona Miranda	00:36:52	00:35:46	VET A	251	M	838		00:28:39	1257
1263	841	Jose Ramon Ares Couceiro	00:36:52	00:33:13	VET C	33	M	839	libre	00:30:40	1349
1264	1943	Laura García Blanco	00:36:53	00:36:00	Senior	130	F	425		00:28:14	1234
1265	2242	Sara Lema Rodríguez	00:36:56	00:36:09	Senior	131	F	426		00:28:14	1235
1266	2024	Delphine Goemans	00:36:56	00:34:58	Senior	132	F	427		00:28:54	1271
1267	2663	Marcos Pantín Leal	00:36:57	00:36:10	Senior	262	M	840		00:28:16	1237
1268	2204	Lola Lage Cons	00:36:57	00:35:44	Sub 19	63	F	428		00:27:44	1197
1269	1415	Elena Castellón Fernández	00:36:57	00:35:44	Sub 19	64	F	429		00:27:45	1198
1270	1805	Mª Luz Fernández Martínez	00:37:00	00:33:19	VET A	131	F	430		00:28:49	1267
1271	1769	Antonio Fernández Carreira	00:37:01	00:35:17	VET B	151	M	841		00:28:57	1274
1272	1348	Eva Mª Cámara Dopico	00:37:01	00:35:18	VET B	70	F	431		00:29:00	1279
1273	3247	Restituto Simon Lago	00:37:01	00:35:17	VET A	252	M	842		00:28:59	1277
1274	846	Arti Oitabén Mariño	00:37:03	00:34:28	VET A	253	M	843		00:28:59	1278
1275	3422	Nasira Vázquez Villares	00:37:03	00:34:28	Senior	133	F	432		00:29:00	1281
1276	726	Marian Paredes Polo	00:37:05	00:35:09	VET A	132	F	433		00:29:00	1280
1277	963	Inés Crespo Carro	00:37:07	00:35:15	Sub 23	23	F	434	RIA FERROL-CONCEPCION ARENAL	00:30:18	1335
1278	1956	Judit García Fábregas	00:37:07	00:35:17	Sub 23	24	F	435		00:30:20	1336
1279	2126	Ignacio Grueiro Méndez	00:37:08	00:37:08	VET A	254	M	844		00:31:02	1366
1280	1741	María Fernanda Fábregas Del Canto	00:37:09	00:35:19	VET B	71	F	436		00:30:20	1337
1281	97	Elena Rivas Rivas	00:37:09	00:36:06	Senior	134	F	437	Runining Altafit Odeon	00:29:26	1301
1282	2247	Noelia Llago Fernández	00:37:09	00:35:02	Sub 23	25	F	438		00:29:03	1286
1283	848	Fernando Bustabad Vazquez	00:37:15	00:36:58	Sub 19	89	M	845	marina ferrol	00:28:45	1262
1284	1842	Laura Ferreira Borreiros	00:37:16	00:35:49	Sub 19	65	F	439		00:29:18	1295
1285	849	Lara Nieto Ruiz	00:37:16	00:37:03	Sub 19	66	F	440	marina ferrol	00:28:46	1264
1286	801	Damian Prieto Freire	00:37:17	00:37:17	VET A	255	M	846	JESUS MAESTRO	00:28:45	1263
1287	1210	Laura Beceiro Dopico	00:37:17	00:33:46	Senior	135	F	441		00:29:46	1313
1288	2986	Paloma Rodríguez Bernardo	00:37:17	00:33:47	Senior	136	F	442		00:29:49	1314
1289	1983	Sara García Novo	00:37:19	00:35:52	Sub 19	67	F	443		00:29:16	1293
1290	2521	Ángeles Mera Álvarez	00:37:23	00:33:46	Senior	137	F	444		00:29:41	1312
1291	1116	Adrián Amado Barrera	00:37:25	00:33:49	Senior	263	M	847		00:29:41	1311
1292	3114	Sara Saavedra Rico	00:37:28	00:36:37	Senior	138	F	445		00:28:50	1269
1293	633	Rut Lesta Boedo	00:37:28	00:35:43	VET A	133	F	446		00:29:21	1297
1294	3110	José Saavedra García	00:37:28	00:36:48	VET D	22	M	848		00:28:50	1268
1295	1120	Lucia Amado Vázquez	00:37:30	00:36:28	VET A	134	F	447		00:29:27	1302

1296	632	Maria Del Rosario García	00:37:32	00:35:46	VET C	10	F	448		00:29:21	1296
1297	1784	Mario Fernández Formoso	00:37:33	00:37:20	Senior	264	M	849		00:27:51	1203
1298	2852	Carlos Manuel Porto Basoa	00:37:34	00:35:45	VET A	256	M	850		00:29:05	1289
1299	2967	Teresa Rivas González	00:37:38	00:33:40	Senior	139	F	449		00:30:13	1329
1300	2958	Ana Riobo Moreira	00:37:39	00:36:05	Sub 19	68	F	450		00:29:34	1305
1301	554	Ana Mejuto Seoane	00:37:39	00:37:02	VET B	72	F	451	CLUB ATLETISMO SADA	00:28:27	1247
1302	2870	Adelina Prieto Rivera	00:37:40	00:37:05	VET C	11	F	452		00:28:24	1246
1303	2565	Carmen Mosquera Deive	00:37:41	00:36:06	Sub 19	69	F	453		00:29:34	1306
1304	2260	Ángela López Barros	00:37:43	00:36:29	VET A	135	F	454		00:29:13	1292
1305	2043	María Gómez Pardo	00:37:43	00:36:14	VET A	136	F	455		00:29:22	1298
1306	579	Antia Cotelos Ramos	00:37:44	00:37:28	Sub 19	70	F	456		00:29:59	1324
1307	966	Paula Nieto Ruiz	00:37:46	00:37:29	Sub 19	71	F	457	RIA FERROL-CONCEPCION ARENAL	00:29:59	1325
1308	1442	Gonzalo Castro Puentes	00:37:49	00:35:02	Senior	265	M	851		00:29:06	1290
1309	2005	Jose Carlos Garrote Rilo	00:37:49	00:35:03	Sub 23	35	M	852		00:29:02	1284
1310	3174	Rubén Sammartín López	00:37:52	00:35:04	Sub 23	36	M	853		00:29:07	1291
1311	1095	Sheila Alvarez Lopez	00:37:54	00:35:10	Senior	140	F	458		00:29:39	1310
1312	503	Mª Dolores Martínez Perez	00:37:55	00:36:41	VET B	73	F	459	benigymSport	00:29:25	1300
1313	1666	Lorena Doce Fernandez	00:38:00	00:35:31	Senior	141	F	460		99:99:99	999999
1314	1734	Elia Estraviz Pradi	00:38:05	00:35:18	VET B	74	F	461		00:29:02	1285
1315	2584	Patricia Navarro Montero	00:38:06	00:36:34	VET A	137	F	462		00:29:51	1317
1316	2471	Irene Martínez Perales	00:38:07	00:36:34	VET A	138	F	463		00:29:53	1322
1317	1093	Lianet Álvarez Escalona	00:38:10	00:37:21	Senior	142	F	464		00:29:04	1288
1318	1390	Raquel Carreira Vázquez	00:38:11	00:37:22	Senior	143	F	465		00:29:04	1287
1319	1488	Laura Cobelo Anido	00:38:16	00:36:11	Senior	144	F	466		00:30:40	1350
1320	2738	Josefina Pérez Gende	00:38:19	00:36:48	VET D	4	F	467		00:29:24	1299
1321	1568	Lorena Curras Simo	00:38:20	00:37:33	Senior	145	F	468		00:30:03	1326
1322	852	Felix Martínez Yañez	00:38:29	00:36:48	VET B	152	M	854		00:30:03	1327
1323	1433	José María Castro Mazorra	00:38:36	00:36:39	VET B	153	M	855		00:29:38	1309
1324	2354	Natalia López Sande	00:38:40	00:33:22	Sub 23	26	F	469		00:31:27	1376
1325	1294	Jose Angel Burgos Cagiao	00:38:41	00:37:26	VET B	154	M	856		00:24:50	1011
1326	231	Lara Meizoso López	00:38:42	00:38:42	Sub 19	72	F	470	Tirso de Molina	99:99:99	999999
1327	3042	Cristina Rodríguez Rodríguez	00:38:47	00:37:09	Sub 23	27	F	471		00:29:33	1304
1328	2348	Sara Lopez Rivera	00:38:47	00:37:09	Senior	146	F	472		00:29:33	1303
1329	2073	Javier González Jiménez	00:38:47	00:36:27	Senior	266	M	857		00:31:39	1379
1330	3414	Alberto Vázquez Santiago	00:38:52	00:35:34	VET D	23	M	858		00:31:19	1373
1331	1450	María Del Carmen Castro Varela	00:38:59	00:36:53	VET B	75	F	473		00:30:42	1351
1332	2452	Cristian Martínez Díaz	00:39:00	00:37:32	Sub 23	37	M	859		00:30:44	1355
1333	1928	Jenny Galdó Aneiros	00:39:00	00:37:32	Sub 23	28	F	474		00:30:45	1357
1334	868	Cristina Fernández Freire	00:39:02	00:37:27	Senior	147	F	475		00:30:45	1356
1335	1706	Genma Duran Formoso	00:39:02	00:33:31	VET A	139	F	476		00:31:16	1371
1336	1707	Paula Duran Formoso	00:39:03	00:33:31	VET A	140	F	477		00:31:16	1372
1337	1777	Mercedes Fernandez Espiñeira	00:39:04	00:38:52	VET A	141	F	478		00:30:29	1341
1338	1170	Elisa Baamonde Reigosa	00:39:07	00:38:24	VET B	76	F	479		00:29:53	1320
1339	827	Ernesto Zarco Gil	00:39:07	00:38:23	VET B	155	M	860	JESUS MAESTRO	00:29:53	1321
1340	1146	Susana Aparicio	00:39:13	00:38:16	Senior	148	F	480		00:30:23	1339
1341	1960	Carolina García Fernández	00:39:14	00:38:16	Senior	149	F	481		00:30:23	1340
1342	3184	Laura Santalla Trigo	00:39:14	00:38:15	Sub 23	29	F	482		00:29:49	1315
1343	227	María Jesus Movilla Fernandez	00:39:14	00:34:12	VET B	77	F	483		99:99:99	999999
1344	1470	Paula Cernadas Calvo	00:39:15	00:38:14	Sub 23	30	F	484		00:29:50	1316
1345	3167	Maitte Sanjuán Ramos	00:39:17	00:36:53	VET B	78	F	485		00:30:17	1334
1346	2131	Carmen Guerrero Rico	00:39:17	00:36:51	VET B	79	F	486		00:30:16	1332
1347	3456	Adrián Vigo Fraga	00:39:22	00:38:29	Sub 19	90	M	861		00:28:39	1256
1348	1968	Elena García González	00:39:22	00:39:04	VET A	142	F	487		00:29:17	1294
1349	3256	Natalia Sola Lite	00:39:22	00:37:27	Senior	150	F	488		00:30:38	1347
1350	3235	Nuria Serra Roca	00:39:22	00:38:30	Sub 19	73	F	489		00:28:39	1258
1351	419	David Carro Veiga	00:39:24	00:38:46	VET A	257	M	862	AD Judo Ferrolterr	00:30:08	1328
1352	2661	Natalia Pan Bermudez	00:39:25	00:36:45	VET A	143	F	490		00:32:02	1393
1353	2186	Julia Iorio Saavedra	00:39:26	00:38:18	VET A	144	F	491		00:30:43	1352
1354	2185	Palma Rosa Iorio Saavedra	00:39:26	00:38:19	VET B	80	F	492		00:30:44	1353
1355	1101	Guillermo Alvarez Ogando	00:39:30	00:38:29	VET A	258	M	863		00:30:14	1330
1356	1978	Monica Garcia Montero	00:39:32	00:38:32	VET A	145	F	493		00:30:15	1331
1357	1262	Cristina Botana Queiruga	00:39:37	00:38:55	VET A	146	F	494		00:30:16	1333
1358	414	Olga Álvarez Iglesias	00:39:39	00:37:45	Senior	151	F	495	A.D. DOWNHILL	00:31:49	1382
1359	3240	Juan Antonio Sierra Raña	00:39:39	00:37:43	Senior	267	M	864		00:31:50	1385
1360	230	Carmen García Paredes	00:39:43	00:38:38	Sub 19	74	F	496	Tirso de Molina	00:31:20	1374
1361	1431	Lucía Castro López	00:39:46	00:38:19	VET A	147	F	497		00:30:55	1358
1362	689	Pablo Martínez Babelo	00:39:46	00:39:31	Sub 23	38	M	865		00:29:52	1318
1363	690	Alicia Santiago Fernández	00:39:47	00:39:33	Sub 23	31	F	498		00:29:53	1319
1364	1783	Miguel Fernández Fernández	00:39:47	00:38:11	Sub 19	91	M	866		00:29:57	1323
1365	1593	Carmen De Vierna Marcos	00:39:47	00:38:38	Sub 19	75	F	499		00:30:55	1359
1366	2542	Ana Montero Gómez	00:39:47	00:38:39	Sub 19	76	F	500		00:30:58	1362
1367	737	Cristina Espantoso Hermida	00:39:49	00:36:11	VET A	148	F	501		00:31:50	1383
1368	738	Jessica Espantoso Hermida	00:39:49	00:36:16	Senior	152	F	502		00:31:50	1384
1369	337	José Manuel Luaces Santalla	00:39:52	00:38:31	VET B	156	M	867	MERCEDARIAS FERROL	00:30:36	1346
1370	3146	Ana Sánchez Pita	00:39:53	00:37:32	Senior	153	F	503		00:31:39	1380
1371	3376	Jorge Juan Varela Gomez	00:39:55	00:39:31	VET B	157	M	868		00:30:20	1338
1372	30	Teresa Esclusa Diaz	00:39:56	00:38:52	VET B	81	F	504	Running Altafit Odeon	00:30:33	1342
1373	117	Javier Sueiras Esclusa	00:39:57	00:38:43	Sub 23	39	M	869	Running Altafit Odeon	00:30:33	1343
1374	2254	Raúl Lomba Maroño	00:39:58	00:38:33	Sub 23	40	M	870		00:32:04	1396
1375	1608	Mª Carmen Diaz Castro	00:40:03	00:37:50	VET A	149	F	505		99:99:99	999999
1376	1879	Manuela Fraga López	00:40:12	00:38:12	VET B	82	F	506		00:31:31	1378

1377	1538	Maria Isabel Couce Casas	00:40:12	00:39:35	VET A	150	F	507		00:30:59	1363
1378	3150	Vanessa Sánchez Treig	00:40:14	00:39:10	VET A	151	F	508		00:30:35	1345
1379	1009	Cristina González López	00:40:14	00:39:09	VET A	152	F	509	triatlon ferrol	00:30:34	1344
1380	2721	Juana Pereira Dopico	00:40:14	00:39:10	VET A	153	F	510		00:31:01	1365
1381	1595	Elena Del Río Ríos	00:40:19	00:39:51	VET C	12	F	511		00:30:39	1348
1382	1350	Sonia Camoira Villamor	00:40:23	00:39:18	VET A	154	F	512		00:31:00	1364
1383	3037	Adriana Rodríguez Ríos	00:40:23	00:34:52	Senior	154	F	513		99:99:99	999999
1384	1028	Yolanda Novo Ameijide	00:40:23	00:39:18	VET A	155	F	514		00:30:58	1360
1385	408	María Visitación Pla Diez	00:40:26	00:39:11	VET C	13	F	515		00:31:04	1367
1386	27	Graciela Diaz Gabeiras	00:40:26	00:38:51	Senior	155	F	516	Runining Club Altafit Odeon	00:31:15	1370
1387	9	Jesica Arribe Martinez	00:40:26	00:38:50	Senior	156	F	517	Runining Club Altafit Odeon	00:31:15	1369
1388	2687	María Patiño Junquera	00:40:27	00:34:57	VET B	83	F	518		99:99:99	999999
1389	2197	Ana Junquera Pérez	00:40:33	00:35:03	Senior	157	F	519		99:99:99	999999
1390	3196	Arantxa Santúa López	00:40:36	00:39:04	VET B	84	F	520		99:99:99	999999
1391	2918	Ismael Rego Bestilleiro	00:40:37	00:39:05	VET A	259	M	871		99:99:99	999999
1392	2408	Ana Mª Maceiras Novo	00:40:38	00:40:29	VET B	85	F	521		00:31:09	1368
1393	903	Carla Elias	00:40:40	00:38:18	Senior	158	F	522		00:32:16	1400
1394	526	Iago Ebrero	00:40:42	00:38:20	Senior	268	M	872		00:32:18	1401
1395	2551	Yaiza María Morado Veiga	00:40:49	00:39:15	Senior	159	F	523		00:33:09	1414
1396	3245	María Luisa Silvera Vez	00:40:49	00:40:20	VET B	86	F	524		00:30:58	1361
1397	3079	Ingrid Romero Fraís	00:40:49	00:38:10	VET A	156	F	525		00:31:56	1389
1398	3336	Diego Tojo Mourelo	00:40:50	00:38:15	Senior	269	M	873		00:32:03	1394
1399	1992	Isabel Garcia Puriñños	00:40:54	00:39:37	VET D	5	F	526		00:31:56	1388
1400	565	Manuel Luaces Rodríguez	00:40:54	00:39:37	VET D	24	M	874	Club de Campo	00:31:55	1387
1401	2702	Sandra Pazos Otero	00:41:04	00:39:44	VET A	157	F	527		00:32:01	1390
1402	470	Olaia Villar Dopico	00:41:10	00:37:03	Senior	160	F	528	ATLETISMO NARON	00:34:41	1451
1403	1755	Simone Felgueiras Gomes	00:41:11	00:41:11	VET A	158	F	529		00:31:24	1375
1404	2844	Diego Ponce Robles	00:41:14	00:39:17	VET A	260	M	875		00:31:27	1377
1405	407	María Loureiro Sanjuan	00:41:15	00:40:25	Senior	161	F	530		00:32:04	1395
1406	2214	Susana María Lamas Pena	00:41:15	00:39:52	Senior	162	F	531		00:32:01	1391
1407	2205	Álvaro Lage Paz	00:41:19	00:39:55	Senior	270	M	876		00:32:02	1392
1408	1164	Inma Arroyo Cunha	00:41:20	00:40:27	VET A	159	F	532		00:32:30	1408
1409	3480	Lucía M. Villasinín Vaamonde	00:41:21	00:40:40	VET A	160	F	533		00:30:44	1354
1410	3243	Elena Silvar Carneiro	00:41:24	00:39:58	VET B	87	F	534		00:32:06	1397
1411	1207	María Bastida Martínez	00:41:27	00:40:41	VET C	14	F	535		00:31:55	1386
1412	2613	Vanessa Nuñez Fernandez	00:41:41	00:39:56	VET A	161	F	536		00:32:37	1409
1413	2767	Margarita Perez Veiga	00:41:47	00:41:14	VET B	88	F	537		00:32:29	1407
1414	2988	Rosalía Rodríguez Blanco	00:41:47	00:39:41	Senior	163	F	538		00:32:55	1411
1415	2199	Theresa Krämer	00:41:49	00:39:15	Sub 19	77	F	539		00:32:20	1402
1416	917	Verónica Caaveiro Justo	00:41:50	00:41:18	Senior	164	F	540		00:31:47	1381
1417	456	Xaina Abucide Noya	00:41:53	00:38:04	Sub 19	78	F	541	ATLETISMO CARBALLO	00:32:24	1404
1418	3145	Daniel Sánchez Pérez	00:41:53	00:38:09	Senior	271	M	877		00:32:24	1405
1419	415	Daniel López González	00:41:53	00:38:05	VET A	261	M	878	A.D. DOWNHILL	00:32:23	1403
1420	2987	Cecilia Mª Rodríguez Blanco	00:41:54	00:39:16	Senior	165	F	542		00:32:55	1410
1421	1194	Nuria Barro Diaz	00:42:09	00:38:11	VET A	162	F	543		00:34:03	1435
1422	2910	Pedro Rascado Piñon	00:42:11	00:40:39	VET C	34	M	879		00:33:12	1416
1423	1810	María Fernández Nuñez	00:42:14	00:37:28	Senior	166	F	544		00:33:17	1420
1424	1321	Javier Cainzos López	00:42:15	00:37:28	Senior	272	M	880		00:33:15	1419
1425	899	María Andrea Rivera Lopez	00:42:19	00:42:01	Sub 19	79	F	545		99:99:99	999999
1426	277	Aldara Soto Fidalgo	00:42:20	00:40:35	Sub 19	80	F	546	REMO SAN FELIPE	99:99:99	999999
1427	3081	Nuria Romero González	00:42:20	00:37:34	Senior	167	F	547		00:33:31	1425
1428	1000	María Del Carmen López Marcos	00:42:22	00:39:08	VET B	89	F	548		00:33:35	1427
1429	3367	Natalia Valiño Beceiro	00:42:22	00:37:39	Senior	168	F	549		00:33:27	1422
1430	3478	Lucía Villar Romero	00:42:22	00:37:37	Senior	169	F	550		00:33:29	1423
1431	3442	Cristina Verdía Calvo	00:42:23	00:37:36	Senior	170	F	551		00:33:30	1424
1432	3320	Alba Tellado Martinez	00:42:24	00:42:05	Sub 19	81	F	552		99:99:99	999999
1433	104	Ana María Rodríguez Candal	00:42:28	00:40:28	VET B	90	F	553	Runining Club Altafit Odeon	00:33:12	1417
1434	46	Rogelia Gonzalez Gomez	00:42:29	00:40:30	VET B	91	F	554	Runining Altafit Odeon	00:33:14	1418
1435	2991	Francisco Rodríguez Bravo	00:42:31	00:40:03	VET C	35	M	881		00:34:11	1437
1436	1835	Raul Ferrandez Bellas	00:42:33	00:37:36	Sub 23	41	M	882		00:35:36	1482
1437	1130	Patricia Aneiros Fernandez	00:42:46	00:40:46	VET A	163	F	555		00:32:26	1406
1438	1801	Rut Fernández Maceiras	00:42:47	00:42:35	Senior	171	F	556		00:33:02	1412
1439	3132	Noelia San Claudio	00:42:54	00:41:39	Senior	172	F	557		00:34:01	1434
1440	1572	Raquel Dalama Corbeira	00:42:58	00:41:58	VET B	92	F	558		00:32:10	1398
1441	1500	María Corbeira Porca	00:42:58	00:41:58	VET B	93	F	559		00:32:13	1399
1442	1372	Noel Caramés Río	00:42:59	00:41:20	Sub 19	82	F	560		00:36:06	1494
1443	235	María Valdivieso Martínez	00:43:10	00:38:46	VET B	94	F	561	Tirso de Molina	00:36:35	1509
1444	1743	Vanessa Fachal Mella	00:43:11	00:38:43	Senior	173	F	562		00:33:35	1426
1445	1756	Carlos Fernandez Alonso	00:43:19	00:40:47	VET D	25	M	883		00:33:19	1421
1446	2067	Lydia González Fernández	00:43:29	00:40:28	Sub 19	83	F	563		00:34:13	1438
1447	1562	Paloma Cubeiro Velon	00:43:33	00:40:37	Senior	174	F	564		00:33:44	1429
1448	3438	Paloma Velon Ororbia	00:43:33	00:40:38	VET B	95	F	565		00:33:44	1428
1449	751	Tomas Anton Lorca	00:43:40	00:40:54	VET A	262	M	884	JESUS MAESTRO	00:33:47	1430
1450	1240	Belén Bértalo Peralta	00:43:40	00:38:34	VET B	96	F	566		99:99:99	999999
1451	2045	Rosa Gómez Peraira	00:43:41	00:38:35	VET B	97	F	567		99:99:99	999999
1452	1504	Mª Begoña Cordero Romero	00:43:42	00:42:52	VET B	98	F	568		00:33:57	1433
1453	2021	Raquel Giz Vazquez	00:43:42	00:41:10	VET A	164	F	569		00:35:11	1467
1454	3000	Vanessa Rodríguez Darrocha	00:43:44	00:41:12	VET A	165	F	570		00:35:09	1466
1455	947	Beatriz Alvarez Justo	00:43:44	00:42:57	Senior	175	F	571		00:33:07	1413
1456	2546	Maitte Montoya Jaramillo	00:43:47	00:39:55	VET A	166	F	572		00:34:47	1457
1457	3071	Raquel Romero Brejío	00:43:57	00:43:05	VET A	167	F	573		99:99:99	999999

1458	3458	Montserrat Vila Alarcos	00:44:01	00:43:14	VET B	99	F	574		00:34:16	1439
1459	2928	Luz Elena Restrepo Gutierrez	00:44:02	00:40:26	VET A	168	F	575		00:34:47	1460
1460	68	Celeste Morado Ardao	00:44:04	00:40:24	VET A	169	F	576	Running Altafit Odeon	00:34:48	1462
1461	48	Mirlandy Hernandez Garcia	00:44:04	00:40:24	VET A	170	F	577	Running Altafit Odeon	00:34:48	1461
1462	2455	Veronica Martinez Filgueira	00:44:06	00:38:37	VET A	171	F	578		00:36:38	1512
1463	3230	Carmen Serantes Gonzalez	00:44:08	00:39:47	VET C	15	F	579		00:35:46	1485
1464	36	Sara Fontán De Pazos	00:44:09	00:42:28	Sub 23	32	F	580	Running Altafit Odeon	00:34:32	1448
1465	1288	Jose Bruquetas Sierra	00:44:10	00:39:08	VET D	26	M	885		00:35:46	1486
1466	13	Silvia Brage Piñeiro	00:44:10	00:42:29	Sub 23	33	F	581	Running Altafit Odeon	00:34:33	1449
1467	86	Paula Piñeiro Herrero	00:44:10	00:42:29	Senior	176	F	582	Runining Club Altafit Odeon	00:34:34	1450
1468	71	Lorena Mosquera López	00:44:14	00:41:45	Senior	177	F	583	Runining Club Altafit Odeon	00:35:32	1477
1469	85	Vicente Picos Sedes	00:44:14	00:42:26	VET C	36	M	886	Runining Club Altafit Odeon	00:34:22	1443
1470	587	Lucía Sánchez Grandal	00:44:17	00:43:03	Sub 19	84	F	584	CLUB NATACION CEDEIRA MUEBLES GARCIA	00:34:17	1440
1471	3273	Cecilia Souto Fernandez	00:44:18	00:42:50	Senior	178	F	585		00:34:24	1445
1472	2116	Rosana Grandal Vilela	00:44:18	00:43:04	VET A	172	F	586		00:34:18	1441
1473	3274	Concepción Souto Fernandez	00:44:19	00:42:49	VET A	173	F	587		00:34:25	1447
1474	1295	Neus Burguera Prohens	00:44:19	00:42:51	Senior	179	F	588		00:34:25	1446
1475	1337	Sergio Miguel Calvo Díaz	00:44:23	00:41:04	Senior	273	M	887		00:34:46	1456
1476	2730	Rosa Mª Pérez Cobeta	00:44:25	00:42:33	VET B	100	F	589		00:35:29	1474
1477	1274	Miguel Bouzón Puyana	00:44:30	00:42:37	VET C	37	M	888		00:35:33	1479
1478	3018	Ana María Rodríguez López	00:44:33	00:43:20	VET C	16	F	590		00:34:05	1436
1479	276	Susana Fidalgo Martinez	00:44:36	00:42:52	VET B	101	F	591	REMO SAN FELIPE	00:34:45	1454
1480	275	Victor Soto Martinez	00:44:37	00:42:54	VET B	158	M	889	REMO SAN FELIPE	00:34:46	1455
1481	35	Azucena Fernandez Hevia	00:44:42	00:42:53	VET B	102	F	592	Runining Club Altafit Odeon	00:34:24	1444
1482	3378	Fanny Varela Gonzalez	00:44:49	00:43:53	Sub 19	85	F	593		00:34:51	1464
1483	3031	Sidney Rodríguez Polo	00:44:49	00:42:19	Sub 19	86	F	594		00:35:30	1476
1484	72	Yerane Pantín Novo	00:44:49	00:43:54	Senior	180	F	595	Runining Club Altafit Odeon	00:34:51	1463
1485	3149	Sonia Sánchez Santos	00:44:50	00:43:01	VET A	174	F	596		00:35:17	1468
1486	2508	María Dolores Mendez Lopez	00:44:52	00:42:20	VET C	17	F	597		00:35:30	1475
1487	1173	Arantxa Balanz Pita	00:45:12	00:45:09	Sub 19	87	F	598		00:36:29	1507
1488	2649	Angeles Ovalle Freire	00:45:21	00:44:03	VET B	103	F	599		00:34:44	1452
1489	2648	Juana Mª Ovalle Freire	00:45:23	00:44:05	VET B	104	F	600		00:34:45	1453
1490	1834	Patricia Ferrandez Bellas	00:45:23	00:40:27	VET A	175	F	601		00:35:35	1481
1491	1973	Cristina Garcia Luaces	00:45:23	00:40:28	VET A	176	F	602		00:35:36	1483
1492	1575	Felisbina Das Neves Felgueiras	00:45:27	00:45:27	VET D	6	F	603		00:34:19	1442
1493	2626	Lydia Orizales Iglesias	00:45:35	00:44:47	Sub 19	88	F	604		00:35:42	1484
1494	3181	Noemi Santalla Rivera	00:45:41	00:44:20	Senior	181	F	605		00:35:33	1480
1495	3428	Silvia Veiga Cercido	00:45:43	00:44:21	Senior	182	F	606		00:35:33	1478
1496	2034	Bianca Gomez Cervera	00:45:45	00:44:45	Sub 19	89	F	607		99:99:99	9999999
1497	1411	Ana Castiñeira Castro	00:45:45	00:44:36	Sub 19	90	F	608		99:99:99	9999999
1498	3412	Alejandro Vázquez Salgado	00:45:51	00:44:37	Sub 19	92	M	890		00:35:25	1471
1499	3127	Carolina Salgado Pena	00:45:51	00:44:38	VET B	105	F	609		00:35:23	1469
1500	3411	Carolina Vázquez Salgado	00:45:52	00:44:38	Senior	183	F	610		00:35:24	1470
1501	3255	Mª Dolores Sobrino Fernandez	00:45:53	00:43:44	VET C	18	F	611		00:35:47	1487
1502	2856	Silvia Pose Picado	00:45:55	00:44:43	Senior	184	F	612		00:34:47	1459
1503	2018	Araceli Gil Brage	00:45:56	00:44:44	Senior	185	F	613		00:34:47	1458
1504	2595	M Isabel Neira Vazquez	00:46:07	00:44:27	VET B	106	F	614		00:36:10	1495
1505	888	Sonia Calvo Ardao	00:46:07	00:44:47	VET A	177	F	615	Náutico naron	00:35:55	1489
1506	1712	Tania Durán Rodríguez	00:46:08	00:42:35	Senior	186	F	616		00:36:56	1521
1507	744	Olga Perez Mauriz	00:46:09	00:42:34	Senior	187	F	617		00:37:00	1522
1508	394	Juan Pedro León González	00:46:09	00:42:52	Senior	274	M	891	CLUB CASTRO DE LOBADIZ	00:36:20	1500
1509	1379	Juan Carballo Díaz	00:46:11	00:44:21	VET B	159	M	892		00:36:36	1510
1510	1075	Sara Allegue Rey	00:46:11	00:44:57	Senior	188	F	618		00:36:10	1497
1511	1499	Adela Corbalan Anca	00:46:12	00:44:56	Senior	189	F	619		00:36:04	1493
1512	1800	Lorena Fernández Luaces	00:46:14	00:44:51	Senior	190	F	620		00:36:10	1496
1513	3424	Silvia Vega Fradejas	00:46:16	00:45:08	VET A	178	F	621		00:36:02	1492
1514	1525	Celeste Cortizas García	00:46:23	00:43:09	Senior	191	F	622		00:38:10	1560
1515	1937	Paula Garcia	00:46:23	00:44:57	VET A	179	F	623		00:36:28	1506
1516	2994	Antía Rodríguez Cabaleiro	00:46:30	00:44:48	Sub 23	34	F	624		00:35:55	1490
1517	3161	Lara Sanesteban Fornos	00:46:30	00:44:48	Sub 23	35	F	625		00:35:54	1488
1518	2022	Adela Goas Iglesias	00:46:41	00:41:28	VET C	19	F	626		00:36:25	1505
1519	10	Iria Barro Rey	00:46:41	00:43:30	Senior	192	F	627	Runining Club Altafit Odeon	00:38:10	1561
1520	1374	Pilar Carballeira Lopez	00:46:45	00:45:51	VET A	180	F	628		00:33:53	1432
1521	2635	Barbara Oshesa Mesa	00:46:46	00:46:12	VET A	181	F	629		00:35:05	1465
1522	1457	Noemi Cebreiro Dopico	00:46:47	00:45:52	VET A	182	F	630		00:33:49	1431
1523	1925	Silvia Gago Rial	00:46:54	00:45:46	Senior	193	F	631		00:36:02	1491
1524	2959	Lucia Riobo Moreira	00:46:55	00:45:15	Sub 19	91	F	632		00:37:58	1554
1525	2368	Celia Lopez Torreiro	00:46:55	00:45:15	Sub 19	92	F	633		00:37:58	1553
1526	285	Enrique Anca Casal	00:46:56	00:43:05	VET B	160	M	893	REMO SAN FELIPE	00:39:08	1596
1527	2107	Teresa Grandal Botana	00:47:00	00:44:58	VET C	20	F	634		00:36:25	1504
1528	3451	Mª Carmen Vieites García	00:47:05	00:46:11	VET C	21	F	635		00:36:14	1498
1529	3452	Mª Olga Vieites García	00:47:06	00:46:12	VET B	107	F	636		00:35:27	1472
1530	3453	Mª Luz Vieites García	00:47:06	00:46:13	VET C	22	F	637		00:35:28	1473
1531	2673	José Pardo Paraños	00:47:09	00:46:34	VET C	38	M	894		00:36:15	1499
1532	1964	María Rita Garcia Garcia	00:47:11	00:45:18	VET C	23	F	638		00:37:02	1525
1533	3381	Ana Berta Varela Sanchez	00:47:11	00:45:54	VET A	183	F	639		00:37:02	1523
1534	2087	Lucía González Rodríguez	00:47:14	00:44:47	Senior	194	F	640		00:36:40	1514
1535	2981	Ana Belén Rodríguez Alonso	00:47:14	00:44:50	VET A	184	F	641		00:36:40	1513
1536	739	Rocio Fernández García	00:47:22	00:47:22	VET A	185	F	642		00:38:54	1586
1537	2071	Marta González García	00:47:24	00:46:03	Senior	195	F	643		00:37:38	1547
1538	2756	Lucía Pérez Prelo	00:47:24	00:46:10	Senior	196	F	644		00:37:43	1548

1539	1901	Carmen María Freire Arestín	00:47:29	00:45:58	VET A	186	F	645		00:36:51	1517
1540	1141	Mónica Anidos Rodríguez	00:47:29	00:46:07	VET A	187	F	646		00:36:50	1516
1541	1056	Mª Del Carmen Abeal Hermida	00:47:29	00:45:57	VET A	188	F	647		00:36:49	1515
1542	1846	Ana Ferreiro Fidalgo	00:47:33	00:46:11	Senior	197	F	648		00:36:51	1518
1543	3355	Bianca Troca Silveira	00:47:39	00:47:12	Sub 23	36	F	649		00:37:02	1524
1544	2526	Natalia Merelas Maroño	00:47:47	00:45:53	Senior	198	F	650		00:37:06	1527
1545	3266	Abel Sousa Hermelo	00:47:48	00:45:53	Senior	275	M	895		00:37:04	1526
1546	1553	Susana Crespo Varela	00:47:52	00:46:33	VET A	189	F	651		00:37:14	1532
1547	2624	Francisco J Oreona Blanco	00:47:55	00:46:37	VET A	263	M	896		00:37:15	1534
1548	2014	Iago Gelpi Figueira	00:47:58	00:45:02	Senior	276	M	897		00:37:34	1544
1549	2015	Santi Gelpi Martínez	00:47:58	00:44:54	VET C	39	M	898		00:37:34	1546
1550	1912	Mª Carmen Freire Rey	00:48:01	00:45:59	VET C	24	F	652		00:38:03	1557
1551	2604	Vanessa Novo Carballeira	00:48:01	00:44:10	VET A	190	F	653		00:38:28	1566
1552	1287	Emilio Bruquetas Serantes	00:48:02	00:43:43	VET A	264	M	899		00:38:25	1564
1553	1771	Isabel Fernandez Cebal	00:48:03	00:43:42	VET A	191	F	654		00:38:41	1572
1554	126	Estefanía Vázquez Mosquera	00:48:03	00:44:12	VET A	192	F	655	Running Altafit Odeon	00:38:28	1565
1555	2431	María Maroño Souto	00:48:04	00:47:19	VET C	25	F	656		00:37:14	1533
1556	3516	Alberto Botana Fidalgo	00:48:04	00:43:05	VET A	265	M	900	MERCEDARIAS FERROL	00:37:19	1538
1557	541	Berta Rodríguez Yañez	00:48:04	00:47:04	VET A	193	F	657	CLUB ATLETISMO NARON	00:37:13	1531
1558	1662	Gerardo Doce Blas	00:48:05	00:43:45	VET C	40	M	901		00:39:41	1627
1559	2386	Manuel Losada Cabanas	00:48:05	00:43:24	VET C	41	M	902		00:39:42	1628
1560	592	Ana Isabel Sanmatin Vilar	00:48:05	00:47:19	VET B	108	F	658	CLUB OLYMPO AS PONTES	00:37:12	1529
1561	3437	Jose María Velo Sabin	00:48:07	00:43:30	VET C	42	M	903		00:38:35	1570
1562	2177	Cristina Iglesias Perez	00:48:12	00:47:25	VET A	194	F	659		00:36:38	1511
1563	3039	Carmen Rodríguez Rivas	00:48:15	00:47:19	VET A	195	F	660		00:37:15	1535
1564	3007	Carmen Rodríguez Franco	00:48:16	00:47:20	VET A	196	F	661		00:37:16	1536
1565	803	Ramon Jose Rey Lage	00:48:18	00:47:02	VET A	266	M	904	JESUS MAESTRO	00:36:34	1508
1566	2938	Fátima Rey Torrente	00:48:19	00:46:05	VET B	109	F	662		00:37:46	1551
1567	3532	Jorge Cela Valiño	00:48:21	00:47:37	VET A	267	M	905		99:99:99	999999
1568	1914	Teresa Frieiro Soto	00:48:26	00:46:37	VET B	110	F	663		00:36:24	1503
1569	1566	Jose Antonio Cunha Mera	00:48:27	00:46:51	VET B	161	M	906		00:36:56	1520
1570	2745	Veronica Perez Maroño	00:48:27	00:47:42	VET A	197	F	664		00:37:12	1530
1571	3476	Yolanda Villar Miramontes	00:48:27	00:47:22	VET A	198	F	665		00:37:24	1540
1572	2293	Isabel Lopez Frieiro	00:48:29	00:46:40	Sub 23	37	F	666		00:36:22	1502
1573	1721	Rosa Espasandin Sánchez	00:48:30	00:46:40	VET B	111	F	667		00:36:22	1501
1574	3195	Encarna Santos Miramontes	00:48:30	00:47:25	VET B	112	F	668		00:37:28	1541
1575	2113	Paula Grandal López	00:48:31	00:46:27	Senior	199	F	669		00:37:59	1555
1576	806	Catalina Rodríguez Fuentes	00:48:32	00:47:46	Sub 19	93	F	670	JESUS MAESTRO	99:99:99	999999
1577	2110	Ramon Grandal Corral	00:48:34	00:46:30	VET B	162	M	907		00:37:57	1552
1578	2670	Francisco Pardo Garea	00:48:37	00:43:35	VET A	268	M	908		00:38:49	1580
1579	1478	Silvia Chamorro Díaz	00:48:44	00:44:14	VET A	199	F	671		00:40:55	1676
1580	3481	Sonia Viñás	00:48:45	00:47:07	VET A	200	F	672		00:37:34	1545
1581	1878	Monstserrat Fraga López	00:48:49	00:46:48	VET A	201	F	673		00:38:00	1556
1582	2876	Javier Puentes Couto	00:48:50	00:46:02	VET B	163	M	909		00:38:49	1581
1583	2509	Mar Mendez Maltrana	00:48:53	00:47:16	VET B	113	F	674		00:39:14	1605
1584	2996	Tamara Rodríguez Campos	00:48:53	00:45:46	Senior	200	F	675		00:41:27	1697
1585	3065	Mª Carmen Román Teijeiro	00:48:53	00:46:02	VET B	114	F	676		00:38:44	1576
1586	2641	Carmen Otero Moldes	00:48:54	00:47:14	VET C	26	F	677		00:39:17	1609
1587	809	Jose Ruibal Yañez	00:49:00	00:46:17	VET C	43	M	910	JESUS MAESTRO	00:38:03	1558
1588	3359	Carmen Tutor Alvarinho	00:49:01	00:47:16	VET B	115	F	678		00:37:16	1537
1589	2582	Rafael Muñoz Montesinos	00:49:02	00:47:18	VET B	164	M	911		00:37:21	1539
1590	1412	Sabela Castiñeira Contreras	00:49:03	00:45:34	Senior	201	F	679		00:39:08	1595
1591	2493	Olalla Mayobre Ordóñez	00:49:03	00:45:36	Senior	202	F	680		00:39:07	1594
1592	1768	David Fernández Calvo	00:49:04	00:45:58	VET A	269	M	912		00:38:44	1577
1593	1145	Nuria Añon Gomez	00:49:05	00:46:00	VET A	202	F	681		00:38:49	1579
1594	3350	Almudena Torres Sánchez	00:49:07	00:47:23	VET A	203	F	682		00:38:09	1559
1595	2181	Cristina Imaz Piñeiro	00:49:07	00:47:23	VET A	204	F	683		00:38:13	1562
1596	1064	Almudena Aguado Porta	00:49:07	00:47:23	VET A	205	F	684		00:38:13	1563
1597	2857	Rosario Pose Ríos	00:49:08	00:47:02	VET B	116	F	685		00:38:36	1571
1598	1793	Elena Fernández Jara	00:49:08	00:47:14	Senior	203	F	686		00:38:57	1587
1599	2059	María Gonzalez Carreira	00:49:09	00:47:16	VET A	206	F	687		00:39:00	1591
1600	805	Eduardo Rodríguez Fuentes	00:49:10	00:48:23	Senior	277	M	913	JESUS MAESTRO	00:39:25	1618
1601	2072	Samara González García	00:49:11	00:47:57	Sub 19	94	F	688		00:36:55	1519
1602	2347	Marta Lopez Rivera	00:49:12	00:46:54	Senior	204	F	689		00:37:45	1550
1603	3352	Mª Lourdes Trigo Soto	00:49:12	00:48:11	VET B	117	F	690		00:37:44	1549
1604	3141	María Sánchez García	00:49:12	00:47:55	VET A	207	F	691		00:37:29	1542
1605	2843	Paula Ponce Llago	00:49:17	00:47:16	Senior	205	F	692		00:38:41	1573
1606	2248	Josefa Llago Vizoso	00:49:18	00:47:17	VET C	27	F	693		00:38:42	1575
1607	2249	Amalia Llago Vizoso	00:49:18	00:49:18	VET C	28	F	694		00:38:42	1574
1608	1808	Carla Fernandez Moles	00:49:19	00:46:16	VET A	208	F	695		00:38:34	1567
1609	1495	Rocio Coira Fernández	00:49:19	00:46:20	VET A	209	F	696		00:38:34	1568
1610	1	Evora Acosta Cebal	00:49:19	00:45:52	Senior	206	F	697	Running Altafit Odeon	00:38:50	1582
1611	2	Iria Acosta Cebal	00:49:20	00:45:52	Senior	207	F	698	Running Altafit Odeon	00:38:50	1583
1612	2950	Eva Rico Gándara	00:49:20	00:45:51	Senior	208	F	699		00:39:09	1597
1613	2388	Jesus Losada Maseda	00:49:30	00:48:15	VET A	270	M	914		00:37:32	1543
1614	1727	Tamara Espiñeira Rodríguez	00:49:30	00:47:43	Senior	209	F	700		00:38:59	1590
1615	1405	Arantxa Casero Perez	00:49:30	00:47:42	VET A	210	F	701		00:38:58	1588
1616	1951	Victor M. García Castro	00:49:31	00:47:29	VET A	271	M	915		00:40:25	1656
1617	3361	Pilar Usero Barcelona	00:49:32	00:43:52	VET A	211	F	702		00:40:01	1645
1618	1900	Bárbara Freire Ares	00:49:33	00:47:30	Senior	210	F	703		00:39:25	1617
1619	3228	Iria Seoane Tellado	00:49:33	00:45:22	VET A	212	F	704		00:39:38	1626

1620	1105	Sara Alvarez Primo	00:49:34	00:43:54	VET A	213	F	705		00:40:04	1646
1621	1248	Arienne Blanco Martinez	00:49:36	00:46:56	Sub 19	95	F	706		00:39:55	1639
1622	1156	Visitación Ares Vázquez	00:49:38	00:47:35	VET B	118	F	707		00:39:23	1614
1623	267	Eva Herrero Dominguez	00:49:39	00:47:01	Sub 19	96	F	708	REMO SAN FELIPE	00:39:51	1636
1624	1589	Lorena De La Viña Castro	00:49:46	00:48:08	VET A	214	F	709		00:39:15	1606
1625	110	José Ángel Sampayo Rodríguez	00:49:46	00:48:03	VET C	44	M	916	Running Altafit Odeon	00:39:15	1608
1626	2985	Mª Teresa Rodríguez Bergara	00:49:46	00:48:17	VET B	119	F	710		00:40:21	1654
1627	1136	Rosa Aneiros Rey	00:49:48	00:48:18	VET C	29	F	711		00:39:15	1607
1628	3392	Juan Carlos Vazquez Fraga	00:49:49	00:48:19	VET B	165	M	917		00:40:18	1652
1629	2684	Josefa Pasarin Vázquez	00:49:50	00:49:03	VET D	7	F	712		00:38:34	1569
1630	2793	Adelina Pico Pico	00:49:50	00:48:21	VET B	120	F	713		00:38:54	1585
1631	1283	Mª Dolores Breijo Fuentes	00:49:53	00:45:08	VET B	121	F	714		00:39:33	1623
1632	2510	Marina Mendez Maltrana	00:50:01	00:48:20	VET C	30	F	715		00:39:17	1610
1633	3463	Isabel Vilar Bouza	00:50:01	00:48:22	VET B	122	F	716		00:39:22	1613
1634	1424	Silvia Castro Duran	00:50:08	00:48:36	Senior	211	F	717		00:38:47	1578
1635	1485	Verónica Cinza Rodeiro	00:50:13	00:47:07	VET A	215	F	718		00:39:04	1593
1636	1035	Jorge Carballeira Amarelo	00:50:13	00:48:45	Senior	278	M	918	CLUB CASTRO DE LOBADIZ	00:38:50	1584
1637	2614	Elena Núñez García	00:50:14	00:48:07	VET A	216	F	719		00:39:13	1604
1638	3047	Sofía Rodríguez Romeu	00:50:16	00:48:31	Sub 19	97	F	720		00:41:15	1692
1639	1963	Sandra García Fraga	00:50:16	00:48:23	Senior	212	F	721		00:39:12	1598
1640	2650	Azucena Paadín Galdo	00:50:16	00:48:45	VET A	217	F	722		00:39:24	1616
1641	2978	Eva Rodeiro Pico	00:50:16	00:47:14	VET B	123	F	723		00:39:13	1602
1642	2537	Lorena Miramontes Vazquez	00:50:16	00:48:23	Senior	213	F	724		00:39:13	1603
1643	3413	Maria Lourdes Vazquez Salido	00:50:17	00:48:32	VET B	124	F	725		00:41:15	1691
1644	3427	Mª Luisa Veiga Carracedo	00:50:18	00:48:10	VET D	8	F	726		00:39:13	1601
1645	1750	Antonio Faraldo García	00:50:20	00:45:27	VET C	45	M	919		00:39:46	1630
1646	3044	Eva Rodríguez Rodríguez	00:50:20	00:48:22	VET A	218	F	727		00:39:12	1599
1647	2615	Carlota Nuñez Lopez	00:50:20	00:48:50	Sub 19	98	F	728		00:39:26	1619
1648	2309	Irene Maria Lopez Lopez	00:50:21	00:48:49	VET A	219	F	729		00:39:28	1620
1649	2681	Victor Manuel Paris Bech	00:50:21	00:45:42	VET C	46	M	920		00:39:42	1629
1650	3050	Manuel Rodríguez Uoeira	00:50:22	00:50:22	VET D	27	M	921		00:39:12	1600
1651	1446	Anselmo Castro Romero	00:50:24	00:47:19	VET D	28	M	922		00:40:36	1665
1652	2640	Manuel Otero García	00:50:31	00:45:42	VET D	29	M	923		00:39:51	1634
1653	2250	Maria Isabel Llanos García	00:50:35	00:47:14	Senior	214	F	730		00:39:32	1621
1654	3324	Miguel Téllez Bermejo	00:50:35	00:47:15	VET A	272	M	924		00:39:32	1622
1655	1637	Sergio Diaz Rodríguez	00:50:49	00:49:46	Sub 23	42	M	925		00:42:07	1733
1656	3126	Ana Salgado Araujo	00:50:54	00:48:56	VET A	220	F	731		00:39:52	1637
1657	914	Laura Piñeiro Varela	00:50:58	00:48:31	VET A	221	F	732		00:41:36	1704
1658	913	Pablo Fustes Doce	00:51:00	00:48:32	VET A	273	M	926		00:41:32	1699
1659	2619	Angel Ojea Fuentes	00:51:06	00:47:56	VET D	30	M	927		00:39:48	1631
1660	2939	Angela Rey Vila	00:51:10	00:49:30	VET B	125	F	733		00:39:38	1625
1661	2942	Nieves Rey Vila	00:51:10	00:49:31	VET B	126	F	734		00:39:33	1624
1662	2816	Cristina Piñón Fragueta	00:51:11	00:48:20	Sub 19	99	F	735		00:42:51	1776
1663	3506	Lucía Lago Bellas	00:51:12	00:47:07	Senior	215	F	736		00:43:03	1795
1664	334	Daniel Berini Montes	00:51:13	00:47:09	VET A	274	M	928	MERCEDARIAS FERROL	00:42:55	1785
1665	1358	Montserrat Campos Suárez	00:51:14	00:48:20	VET B	127	F	737		00:40:47	1669
1666	448	Gabriel Cives Blanco	00:51:14	00:50:12	Sub 23	43	M	929	ASPANAES FERROL	00:42:12	1737
1667	2362	Joaquín Daniel Lopez Schmalz	00:51:15	00:48:39	Senior	279	M	930		00:40:31	1659
1668	1889	Valeria Fragueta Prieto	00:51:16	00:48:27	VET A	222	F	738		00:42:53	1780
1669	835	Manoel Antón Ferreiro Montenegro	00:51:17	00:50:38	VET B	166	M	931		00:39:20	1611
1670	3439	Paula Ventura Fachel	00:51:18	00:48:41	Senior	216	F	739		00:40:32	1662
1671	834	Angeles Ferreiro Montenegro	00:51:18	00:50:26	VET B	128	F	740		00:39:20	1612
1672	2850	Carmen Maria Portela Parga	00:51:32	00:47:36	VET A	223	F	741		00:40:59	1682
1673	804	Marta Rodriguez Fuentes	00:51:32	00:50:46	Senior	217	F	742	JESUS MAESTRO	00:39:23	1615
1674	2468	Estibaliz Martínez Paz	00:51:32	00:48:51	Senior	218	F	743		00:42:21	1745
1675	2310	Carla López López	00:51:33	00:48:50	Senior	219	F	744		00:42:23	1749
1676	1419	Nieves Castro Campos	00:51:33	00:49:16	VET C	31	F	745		00:41:00	1685
1677	957	Ainoa Becerra Pardos	00:51:33	00:46:23	Sub 19	100	F	746	RIA FERROL-CONCEPCION ARENAL	00:41:57	1721
1678	1313	Susana Cabezon Sieiro	00:51:34	00:48:24	VET A	224	F	747		00:40:51	1672
1679	2372	Santiago López Vilela	00:51:34	00:48:51	VET B	167	M	932		00:42:24	1751
1680	2415	Barbara Maneiros Vich	00:51:35	00:48:26	VET A	225	F	748		00:40:50	1671
1681	2487	Sara Massa Teijeiro	00:51:36	00:46:27	Senior	220	F	749		00:41:58	1723
1682	2921	Sonia Regueira Martinez	00:51:36	00:47:42	Senior	221	F	750		00:41:00	1687
1683	1152	Cristina Ardao Espuch	00:51:37	00:46:29	Senior	222	F	751		00:41:58	1725
1684	3292	Marta Suarez Vilarinho	00:51:38	00:47:42	VET A	226	F	752		00:40:58	1680
1685	2849	Pedro Portela Parga	00:51:38	00:47:42	VET A	275	M	933		00:40:59	1684
1686	3209	Lucía Seijas Roca	00:51:41	00:47:57	Senior	223	F	753		00:41:26	1696
1687	2703	Ana Maria Pazos Posses	00:51:43	00:48:31	VET C	32	F	754		00:41:24	1695
1688	1591	Mª Elena De Paz Diaz	00:51:47	00:49:06	VET B	129	F	755		00:40:46	1667
1689	2334	Isabel López Parededes	00:51:48	00:49:06	VET B	130	F	756		00:40:47	1668
1690	1250	Mª Yaquelin Blanco Porta	00:51:48	00:49:10	VET B	131	F	757		00:40:35	1664
1691	3073	Maria Romero Cabanas	00:51:49	00:46:20	VET A	227	F	758		99:99:99	999999
1692	3204	Begoña Sedes Gadañón	00:51:50	00:46:22	VET A	228	F	759		99:99:99	999999
1693	2943	Sandra Rey Vila	00:51:50	00:50:10	VET A	229	F	760		00:40:04	1647
1694	2944	Isabel Rey Vila	00:51:53	00:50:13	VET B	132	F	761		00:40:06	1650
1695	2898	Marlene Ramos Da Silva Lima	00:51:53	00:49:08	Senior	224	F	762		00:40:19	1653
1696	2519	Sonia Menendez Gutierrez	00:51:57	00:51:12	VET A	230	F	763		00:40:04	1648
1697	2515	Ana Mª Mendez Rodríguez	00:51:58	00:51:12	VET A	231	F	764		00:40:06	1649
1698	2518	Mª Del Pilar Menendez Gutierrez	00:51:58	00:51:13	VET B	133	F	765		00:40:07	1651
1699	1447	Carlos Miguel Castro Sede	00:52:04	00:49:19	VET A	276	M	934		00:40:52	1673
1700	428	Carmen Naveiras Galdo	00:52:04	00:49:18	VET C	33	F	766	ADC BOMBEIROS A CORUÑA	00:40:56	1677

1701	1571	Marta Dacosta López	00:52:05	00:50:09	VET C	34	F	767		00:41:11	1690
1702	2056	Maria Gonzalez Cal	00:52:06	00:50:09	VET C	35	F	768		00:41:05	1688
1703	2222	Esperanza Leal Bastida	00:52:06	00:49:24	VET C	36	F	769		00:40:37	1666
1704	1347	Marina Calvo Souto	00:52:09	00:49:42	VET B	134	F	770		00:39:59	1643
1705	1691	Maria Teresa Dopico Piñeiro	00:52:10	00:49:43	VET C	37	F	771		00:39:56	1640
1706	1693	Pilar Dopico Piñeiro	00:52:12	00:49:46	VET D	9	F	772		00:40:01	1644
1707	2175	Maria Iglesias Martín	00:52:12	00:49:28	Senior	225	F	773		00:42:15	1740
1708	3008	Maria Teresa Rodriguez Fresco	00:52:15	00:49:09	Senior	226	F	774		00:41:27	1698
1709	3508	Ana María Rivas Abeledo	00:52:17	00:48:33	VET B	135	F	775	San rosendo	99:99:99	999999
1710	2748	Maria Pérez Méndez	00:52:17	00:49:26	Senior	227	F	776		00:42:09	1735
1711	3033	Josefa Rodríguez Prieto	00:52:18	00:50:55	VET C	38	F	777		00:40:25	1655
1712	1265	Rebeca Mª Boado Rodríguez	00:52:18	00:50:55	VET A	232	F	778		00:40:32	1661
1713	1149	Lucía Arastegui Bermudez	00:52:18	00:50:54	Sub 19	101	F	779		00:40:28	1657
1714	2871	Raimundo Prieto Romero	00:52:19	00:47:46	VET B	168	M	935		00:42:22	1746
1715	2915	Bárbara Rebollo Rodríguez	00:52:19	00:49:28	Senior	228	F	780		00:42:11	1736
1716	2040	Silvia Gómez Mariño	00:52:20	00:50:38	Sub 23	38	F	781		00:41:50	1713
1717	2258	Patricia Lopez Arroso	00:52:20	00:47:44	VET A	233	F	782		00:42:19	1742
1718	2041	Lucía Gómez Mariño	00:52:21	00:50:42	Sub 23	39	F	783		00:41:47	1709
1719	2042	Sandra Gómez Mariño	00:52:21	00:50:39	Senior	229	F	784		00:41:49	1710
1720	1245	Marta Blanco Gomez	00:52:22	00:50:51	Sub 19	102	F	785		00:40:29	1658
1721	2732	Maria Carmen Pérez Domínguez	00:52:22	00:47:43	VET C	39	F	786		00:40:56	1678
1722	2162	Jose Luis Iglesias Arrivi	00:52:23	00:47:47	VET B	169	M	936		00:42:22	1747
1723	1518	Maria Cortabitarte Montero	00:52:24	00:51:07	VET B	136	F	787		00:39:58	1642
1724	2318	Alejandro López Losada	00:52:25	00:47:49	Senior	280	M	937		00:40:56	1679
1725	3329	Francisco Teran Lopez	00:52:26	00:48:36	VET C	47	M	938		00:41:43	1708
1726	1519	Berta Cortabitarte Montero	00:52:29	00:51:11	VET B	137	F	788		00:39:58	1641
1727	2430	Mónica Mariño Vázquez	00:52:30	00:50:49	VET B	138	F	789		00:41:49	1711
1728	2429	Luisa Mariño Vázquez	00:52:32	00:50:51	VET B	139	F	790		00:41:49	1712
1729	3488	Irene Yañez Casteleiro	00:52:33	00:49:43	Senior	230	F	791		00:42:14	1739
1730	2692	Rosalía Paz Lopez	00:52:33	00:52:27	VET D	10	F	792		00:40:58	1681
1731	77	Isabel Pena Leira	00:52:38	00:49:22	Senior	231	F	793	Runining Club Altafit Odeon	00:41:51	1714
1732	3290	Vicente Suárez Rodríguez	00:52:41	00:51:11	VET D	31	M	939		00:41:55	1718
1733	3291	Iván Suárez Torres	00:52:42	00:51:14	VET A	277	M	940		00:41:55	1719
1734	3124	Natalia Sacristan Orjales	00:52:44	00:49:56	Senior	232	F	794		00:42:26	1755
1735	514	Sergio Collado Yañez	00:52:45	00:52:21	VET A	278	M	941		00:39:52	1638
1736	2164	Julia Iglesias Calvo	00:52:46	00:52:46	VET B	140	F	795		00:39:50	1633
1737	2768	Maria Luisa Perez Villar	00:52:47	00:51:59	VET B	141	F	796		00:39:49	1632
1738	2770	Mari Carmen Perez Villar	00:52:48	00:52:10	VET C	40	F	797		00:39:51	1635
1739	810	Mª Elisa Ruiz Ruiz De Cortazar	00:52:50	00:49:18	VET B	142	F	798	JESUS MAESTRO	00:41:11	1689
1740	96	Maria Sara Rey Lohia	00:52:52	00:49:37	VET C	41	F	799	Runining Club Altafit Odeon	00:41:52	1715
1741	3305	Andrea Teijeiro Bouza	00:52:56	00:51:23	Sub 19	103	F	800		00:41:36	1702
1742	12	Begoña Bouza Otero	00:52:56	00:51:22	VET A	234	F	801	Running Altafit Odeon	00:41:35	1700
1743	2877	Maria Puentes García	00:52:58	00:49:47	VET D	11	F	802		00:41:24	1694
1744	109	Elena Sampayo Fernández	00:52:59	00:51:16	VET A	235	F	803	Running Altafit Odeon	00:38:58	1589
1745	3129	Sandra Salvador Gundín	00:53:00	00:50:41	Senior	233	F	804		00:40:59	1683
1746	433	Xoana Prieto Hermida	00:53:01	00:51:34	VET A	236	F	805		00:41:00	1686
1747	746	Montserrat Sanz Aneiros	00:53:04	00:53:04	VET A	237	F	806		00:39:01	1592
1748	2618	Alba Ocampo Villamil	00:53:07	00:48:14	Senior	234	F	807		00:42:56	1786
1749	2101	Rosa Gonzalez Vidal	00:53:07	00:50:26	VET C	42	F	808		00:42:26	1754
1750	2286	Lucia Lopez Dopico	00:53:07	00:48:12	Senior	235	F	809		00:42:53	1782
1751	2517	Mª Josefa Menendez Gutierrez	00:53:09	00:52:20	VET B	143	F	810		00:40:31	1660
1752	3229	Mª Jesús Serantes Álvarez	00:53:15	00:52:24	VET C	43	F	811		00:40:33	1663
1753	2651	Rocio Paadín Galdo	00:53:17	00:51:44	VET A	238	F	812		00:42:13	1738
1754	3137	Manuel Sánchez Estraviz	00:53:18	00:51:24	VET D	32	M	942		00:41:36	1701
1755	1683	Alba Dopico Dopico	00:53:20	00:48:39	Senior	236	F	813		00:42:27	1756
1756	1883	Paloma Fraga Seco	00:53:21	00:48:44	Senior	237	F	814		00:42:27	1757
1757	2118	Raquel Graña Lamas	00:53:22	00:53:22	Senior	238	F	815		00:42:27	1758
1758	73	Alice Paratore	00:53:23	00:49:30	VET A	239	F	816	Runining Club Altafit Odeon	00:41:16	1693
1759	1366	Maria Canto Souto	00:53:25	00:52:41	VET A	240	F	817		00:41:38	1705
1760	2672	Carlos Pardo Muiños	00:53:29	00:52:46	VET A	279	M	943		00:41:36	1703
1761	1346	Alexandra Calvo Raffali	00:53:34	00:51:22	VET A	241	F	818		00:42:02	1732
1762	2512	Maira Mendez Mosquera	00:53:34	00:51:22	VET B	144	F	819		00:42:02	1731
1763	2511	Beatriz Mendez Mosquera	00:53:34	00:51:22	VET A	242	F	820		00:42:00	1728
1764	1454	Paula Cazalla Baeza	00:53:34	00:48:30	VET A	243	F	821		00:43:00	1792
1765	2134	Julita Gurria Porto	00:53:36	00:48:32	VET B	145	F	822		00:42:59	1790
1766	2840	Montserrat Poch Lorenzo	00:53:37	00:51:57	VET A	244	F	823		00:41:53	1717
1767	2841	Maria Del Carmen Poch Lorenzo	00:53:37	00:51:59	VET B	146	F	824		00:41:52	1716
1768	2534	Maria Jose Millarengo Puentes	00:53:40	00:52:34	VET B	147	F	825		00:40:52	1675
1769	2210	Luciano Lagoa Lamas	00:53:40	00:52:35	VET B	170	M	944		00:40:52	1674
1770	3048	Jose Rodriguez Sanz	00:53:41	00:52:35	VET C	48	M	945		00:40:49	1670
1771	1375	Rosa Carballeira Rey	00:53:41	00:49:06	VET A	245	F	826		00:43:09	1799
1772	2436	Jose Antonio Martin Manzano	00:53:41	00:51:55	VET B	171	M	946		00:41:39	1707
1773	2559	Martina Moreira Pacheco	00:53:42	00:51:13	Senior	239	F	827		00:42:08	1734
1774	2019	Nicolás Gilabert Sánchez	00:53:42	00:51:55	VET B	172	M	947		00:41:38	1706
1775	2070	Carlos Gonzalez Garcia	00:53:43	00:50:40	VET D	33	M	948		00:42:18	1741
1776	582	Cristina López Dacosta	00:53:50	00:52:20	VET A	246	F	828	club montala ferrol	00:42:28	1759
1777	927	Manuel Luis Fernández Pena	00:53:50	00:51:26	VET B	173	M	949	PASA OU ENTORNA	00:43:03	1796
1778	1235	Javier Bermudez Garcia	00:53:54	00:51:20	VET A	280	M	950		00:43:04	1798
1779	2132	Maria Esther Guimarés González	00:53:57	00:50:48	VET C	44	F	829		00:42:30	1761
1780	1700	Pilar Dueñas Fontán	00:53:57	00:49:14	VET D	12	F	830		00:46:17	1982
1781	333	Laura Lago Bellas	00:54:00	00:49:56	VET A	247	F	831	MERCEDARIAS FERROL	00:43:04	1797

1782	3366	Tamara Valinho Beceiro	00:54:07	00:54:07	Senior	240	F	832		00:42:19	1744
1783	2567	Victoria Mosquera López	00:54:09	00:51:38	VET B	148	F	833		00:42:34	1766
1784	1451	Marcos Castro Vigo	00:54:09	00:52:06	VET A	281	M	951		00:43:24	1802
1785	3278	Mónica Souto Vizoso	00:54:11	00:53:16	VET B	149	F	834		00:41:58	1724
1786	1090	Maria Carmen Alonso Rodriguez	00:54:11	00:51:38	VET C	45	F	835		00:42:37	1769
1787	896	Aran Lopez Martinez	00:54:11	00:54:11	Senior	281	M	952	NNGG Ferrol	00:42:19	1743
1788	3064	Carmen Romalde Crespo	00:54:12	00:53:18	VET B	150	F	836		00:42:00	1730
1789	3293	Maria Teresa Sueiras Rochela	00:54:16	00:52:43	VET C	46	F	837		00:41:58	1726
1790	1807	Dolores Fernández Mella	00:54:17	00:52:49	VET C	47	F	838		00:41:59	1727
1791	2026	Antonio Luis Gomes Da Conceição	00:54:17	00:49:57	VET D	34	M	953		00:42:53	1779
1792	1443	Iria Castro Puentes	00:54:17	00:51:22	Sub 23	40	F	839		00:43:34	1812
1793	1289	Ines Bueno	00:54:18	00:51:29	Sub 19	104	F	840		00:43:33	1810
1794	3185	Mª Luz Santana Fernandez	00:54:21	00:52:36	VET B	151	F	841		00:41:57	1722
1795	3380	Elena Varela Pereiro	00:54:22	00:52:32	VET B	152	F	842		00:41:56	1720
1796	1970	Leticia Garcia Jimenez	00:54:22	00:50:26	Senior	241	F	843		00:43:01	1793
1797	1640	Carla Díaz Rodríguez	00:54:23	00:49:29	Senior	242	F	844		00:43:35	1813
1798	2194	Ana Jimenez Cachaza	00:54:27	00:51:29	VET C	48	F	845		00:43:39	1819
1799	2387	Carlos Antonio Losada Herva	00:54:27	00:51:12	VET B	174	M	954		00:42:58	1788
1800	3135	Jorge Sánchez Chapela	00:54:28	00:51:28	VET D	35	M	955		00:43:44	1822
1801	1463	Angel Celis Bernat	00:54:31	00:50:04	VET C	49	M	956		00:45:07	1907
1802	324	Paz Paz Picos	00:54:31	00:50:35	VET B	153	F	846	MERCEDARIAS FERROL	00:43:32	1807
1803	325	Juan Luis Pedrosa Lence	00:54:34	00:50:38	VET B	175	M	957	MERCEDARIAS FERROL	00:43:33	1808
1804	1623	Marta Díaz López	00:54:35	00:51:48	Sub 19	105	F	847		00:43:33	1809
1805	321	Mª Carmen Fernández Hermida	00:54:35	00:50:43	VET C	49	F	848	MERCEDARIAS FERROL	99:99:99	999999
1806	1844	Eva Ferreiro Calvo	00:54:38	00:51:05	Senior	243	F	849		00:43:49	1823
1807	2652	David Pacheco Goya	00:54:39	00:51:09	Senior	282	M	958		00:43:51	1824
1808	3319	Raquel Tellado Barcia	00:54:41	00:50:23	VET A	248	F	850		00:45:08	1908
1809	2538	Meimaha Mohamed Salem	00:54:43	00:51:30	Senior	244	F	851		00:43:37	1815
1810	2353	Mª Montserrat López Romero	00:54:44	00:53:06	VET B	154	F	852		00:42:55	1784
1811	581	Carmen Dacosta Fernandez	00:54:45	00:53:16	VET D	13	F	853	club montala ferrol	00:42:34	1765
1812	1560	Juan Alfonso Cubeiro Alonso	00:54:46	00:53:08	VET B	176	M	959		00:42:55	1783
1813	51	Enma Lopez Barrio	00:54:50	00:51:18	Senior	245	F	854	Runining Club Altafit Odeon	00:45:56	1963
1814	2281	Maria Alejandra Lopez Dacosta	00:54:53	00:53:23	VET A	249	F	855		00:42:34	1764
1815	775	Maria Dolores Garcia Agullo	00:54:54	00:53:35	VET A	250	F	856	JESUS MAESTRO	00:42:52	1777
1816	1859	Rebeca Foces Zacatlegui	00:54:54	00:52:45	VET B	155	F	857		00:42:52	1778
1817	1860	Elisa Foces Zarategui	00:54:56	00:52:54	VET B	156	F	858		99:99:99	999999
1818	3502	Enrique Sanz Delrio	00:55:01	00:51:43	VET A	282	M	960		00:42:23	1750
1819	3420	Concha Vazquez Vázquez	00:55:01	00:51:25	VET C	50	F	859		00:42:46	1774
1820	2307	Alba López López	00:55:02	00:51:47	Senior	246	F	860		00:42:25	1753
1821	3419	Delia Vazquez Vazquez	00:55:02	00:51:26	VET D	14	F	861		00:42:45	1773
1822	1548	Sara Covés Gil	00:55:04	00:51:50	Senior	247	F	862		00:42:25	1752
1823	2946	Maria Isabel Reyes Franco	00:55:05	00:48:48	VET D	15	F	863		99:99:99	999999
1824	2620	Rut Ojea Reyes	00:55:06	00:48:48	VET A	251	F	864		99:99:99	999999
1825	1514	Aurora Corral Rodriguez	00:55:08	00:53:08	VET A	252	F	865		00:42:53	1781
1826	1941	Rocio García Aneiros	00:55:08	00:48:51	VET B	157	F	866		99:99:99	999999
1827	1515	Maria Luz Corral Rodriguez	00:55:09	00:53:08	VET A	253	F	867		00:42:58	1789
1828	1195	Vanesa Barro Dopico	00:55:09	00:53:08	VET A	254	F	868		00:42:58	1787
1829	3198	Ana Sanz Fernandez	00:55:10	00:53:01	VET A	255	F	869		00:43:00	1791
1830	2669	Eugenio Pardo Eimil	00:55:12	00:52:05	VET D	36	M	961		00:43:09	1800
1831	1186	Tania Barjas Dopico	00:55:12	00:53:03	Senior	248	F	870		00:43:02	1794
1832	2701	Rafael Pazos Louro	00:55:14	00:53:54	VET B	177	M	962		00:42:23	1748
1833	3490	Miguel Yañez Lopez	00:55:14	00:52:00	VET A	283	M	963		00:43:39	1818
1834	2794	Laura Pico Pico	00:55:14	00:53:30	Senior	249	F	871		00:42:33	1763
1835	1670	Virginia Dominguez Blanco	00:55:14	00:53:29	VET A	256	F	872		00:42:33	1762
1836	99	Maria Rivera Rodriguez	00:55:17	00:53:00	VET A	257	F	873	Runining Club Altafit Odeon	00:42:39	1771
1837	2406	Francisco Macerías Hermida	00:55:17	00:52:31	VET C	50	M	964		00:43:26	1804
1838	3241	Luz Silvar Carneiro	00:55:17	00:53:29	VET A	258	F	874		00:42:38	1770
1839	3242	Mayte Silvar Carneiro	00:55:17	00:53:30	VET B	158	F	875		00:42:36	1768
1840	2747	Yolanda Perez Mendez	00:55:18	00:52:31	VET B	159	F	876		00:43:26	1803
1841	3323	Alfonso Tellado Sande	00:55:20	00:51:01	VET D	37	M	965		00:45:09	1911
1842	1139	Margarita Anidos Duran	00:55:24	00:54:22	VET C	51	F	877		00:42:30	1760
1843	1077	Lidia Allegue Rodríguez	00:55:25	00:52:27	Senior	250	F	878		00:43:58	1827
1844	2691	Maria Isabel Paz Fernandez	00:55:25	00:53:05	VET A	259	F	879		00:43:37	1814
1845	1875	Eva Fraga Bueno	00:55:26	00:52:28	Senior	251	F	880		00:43:59	1831
1846	2605	Maria Sonia Novo Cinza	00:55:26	00:53:07	VET A	260	F	881		00:43:39	1817
1847	1962	Antonio Garcia Fernández	00:55:26	00:54:23	VET C	51	M	966		00:42:36	1767
1848	1168	Lucas Atan Mouró	00:55:33	00:49:49	VET A	284	M	967		00:46:27	1995
1849	3283	Lucía Suárez Díaz	00:55:33	00:54:24	VET B	160	F	882		00:43:33	1811
1850	2562	Eduardo Moróño Beceiro	00:55:35	00:50:33	VET B	178	M	968		00:46:30	1998
1851	2561	Juan Carlos Moreno Eloieta	00:55:38	00:52:32	VET B	179	M	969		00:43:10	1801
1852	1969	Antonia García Gundin	00:55:40	00:53:04	VET C	52	F	883		00:43:38	1816
1853	1483	Susana Cibreiro Fornos	00:55:50	00:51:43	VET A	261	F	884		00:45:00	1893
1854	1113	Cristina Alvarifo Pérez	00:55:51	00:52:39	VET A	262	F	885		00:43:59	1833
1855	2201	Silvia Laborde Novas	00:55:51	00:55:03	VET B	161	F	886		00:42:00	1729
1856	2122	Patricia Gueiro Cercido	00:55:52	00:52:37	VET A	263	F	887		00:44:03	1834
1857	3075	Noelia Romero Casal	00:55:52	00:51:44	VET A	264	F	888		00:44:59	1892
1858	3485	Angela Vizoso Calvo	00:55:53	00:52:41	VET A	265	F	889		00:43:59	1832
1859	1785	Beatriz Fernández Francos	00:55:53	00:55:05	VET B	162	F	890		00:42:50	1775
1860	1847	Cristina Ferreiro Vérez	00:55:55	00:53:29	VET A	266	F	891		00:44:21	1852
1861	2954	Mª Carmen Rico Pérez	00:55:56	00:53:59	VET D	16	F	892		00:43:32	1806
1862	461	Irene Fernandez Fidalgo	00:55:59	00:53:36	VET A	267	F	893	ATLETISMO NARON	00:44:22	1855

1863	1268	Yolanda Bouza Otero	00:56:07	00:54:33	VET A	268	F	894		00:43:32	1805
1864	3187	Aldara Santiago Casal	00:56:07	00:52:27	Senior	252	F	895		00:48:14	2132
1865	2555	Anibal Morales Márquez	00:56:07	00:52:26	Senior	283	M	970		00:48:14	2131
1866	3407	Jorge Vazquez Montero	00:56:07	00:51:39	VET A	285	M	971		00:45:05	1903
1867	2301	Rocio López Lamas	00:56:07	00:51:25	VET A	269	F	896		00:45:37	1940
1868	2275	Patricia López Castro	00:56:08	00:54:33	VET A	270	F	897		99:99:99	999999
1869	3076	Eugenio David Romero Corbacho	00:56:08	00:54:32	VET B	180	M	972		00:44:27	1860
1870	1498	Rogojina Constanza	00:56:09	00:50:25	VET A	271	F	898		00:46:29	1997
1871	2011	Helena Gato Tellado	00:56:11	00:51:53	Senior	253	F	899		00:45:08	1910
1872	1180	Anxos Barcia Piñeiro	00:56:12	00:51:52	VET D	17	F	900		00:45:08	1909
1873	2235	Jorge Leira Miraz	00:56:12	00:54:31	VET A	286	M	973		00:44:28	1862
1874	2178	Montserrat Iglesias Rivera	00:56:12	00:54:00	VET B	163	F	901		00:43:57	1826
1875	1772	Elena Fernandez Couce	00:56:12	00:54:03	VET A	272	F	902		00:43:51	1825
1876	2989	Natalia Rodríguez Blanco	00:56:12	00:54:03	VET A	273	F	903		00:43:58	1828
1877	1710	Verónica Durán López	00:56:13	00:54:32	VET A	274	F	904		00:44:30	1866
1878	975	María Lourido Rodríguez	00:56:14	00:52:34	Senior	254	F	905	rugbi ferrol	00:48:15	2134
1879	1229	Martín Ben Leira	00:56:15	00:54:29	Sub 19	93	M	974		00:44:30	1865
1880	2529	Fatima Mesa Garcia	00:56:16	00:51:18	Senior	255	F	906		00:44:33	1872
1881	2155	Laura Huete Cebreiro	00:56:16	00:51:18	Senior	256	F	907		00:44:32	1871
1882	3178	Begoña Santalla Castro	00:56:17	00:51:36	VET A	275	F	908		00:44:34	1873
1883	2311	Sara López López	00:56:17	00:51:50	VET C	53	F	909		00:45:21	1924
1884	3176	María Santalla Castro	00:56:20	00:51:37	VET B	164	F	910		00:44:31	1870
1885	3177	Natividad Santalla Castro	00:56:21	00:51:38	VET B	165	F	911		00:44:35	1876
1886	2207	María Rosario Lage Rodríguez	00:56:21	00:54:17	VET C	54	F	912		00:44:09	1842
1887	2159	Pilar De Los Ángeles Iglesias Babio	00:56:22	00:54:16	VET D	18	F	913		00:44:12	1848
1888	2695	Beatriz Paz Niebla	00:56:24	00:54:13	VET B	166	F	914		00:44:54	1890
1889	3330	Manu Testa Grandal	00:56:24	00:54:42	VET A	287	M	975		00:43:40	1820
1890	2861	Alberto José Prados López	00:56:26	00:51:33	Senior	284	M	976		00:44:58	1891
1891	1935	Rebeca Gárate López	00:56:26	00:51:33	Senior	257	F	915		00:45:01	1895
1892	2457	Purificación Martínez Gómez	00:56:26	00:54:46	Senior	258	F	916		00:43:43	1821
1893	49	Mercedes Herrero Evia	00:56:28	00:53:23	VET A	276	F	917	Running Altafit Odeon	00:44:29	1863
1894	1201	Isabel Basanta Díaz	00:56:29	00:55:09	Senior	259	F	918		00:43:58	1830
1895	26	Manuel Diaz Ferichola	00:56:29	00:53:24	VET A	288	M	977	Running Altafit Odeon	00:44:28	1861
1896	1610	Mª Del Carmen Díaz Díaz	00:56:30	00:55:14	VET B	167	F	919		00:44:03	1835
1897	1961	Nuria García Fernández	00:56:31	00:53:22	Senior	260	F	920		00:44:08	1841
1898	1200	Sofía Basanta Díaz	00:56:32	00:55:12	Sub 19	106	F	921		00:43:58	1829
1899	3315	Verónica Tejido Santos	00:56:33	00:53:24	VET A	277	F	922		00:44:05	1839
1900	695	Manuel Luaces Riobo	00:56:36	00:53:56	VET A	289	M	978		00:45:38	1943
1901	1127	Martina Aneiros Barros	00:56:38	00:51:53	VET A	278	F	923		00:44:11	1847
1902	2240	Monica Leiras Cabanillas	00:56:38	00:54:33	VET A	279	F	924		00:44:17	1851
1903	2447	Rosa Mª Martínez Beceiro	00:56:41	00:51:56	VET B	168	F	925		00:44:10	1844
1904	2231	Ana Leira Hermida	00:56:42	00:52:01	VET A	280	F	926		00:44:09	1843
1905	1363	María Belen Caneiro Rodriguez	00:56:42	00:52:33	VET B	169	F	927		00:45:02	1897
1906	1449	Ángeles Castro Tembrás	00:56:43	00:54:40	VET C	55	F	928		00:44:25	1857
1907	1339	Laura Calvo Filgueira	00:56:44	00:54:42	VET A	281	F	929		00:44:21	1853
1908	2575	Nuria Muíño Hermida	00:56:45	00:54:30	Senior	261	F	930		00:44:27	1859
1909	2979	Sandra Rodeiro Rego	00:56:45	00:55:16	VET B	170	F	931		00:44:10	1845
1910	2556	Ángel Morán Tenreiro	00:56:46	00:54:47	Senior	285	M	979		00:44:31	1868
1911	2141	Manuel Hermida Gómez	00:56:48	00:55:12	VET B	181	M	980		00:44:13	1849
1912	2677	Laura Paredes Beceiro	00:56:48	00:54:49	Senior	262	F	932		00:44:31	1869
1913	3397	Francisco Jose Vazquez Gonzalez	00:56:49	00:50:52	VET B	182	M	981		00:45:20	1923
1914	1759	María Del Carmen Fernández Barreiro	00:56:51	00:54:50	VET A	282	F	933		00:44:29	1864
1915	1216	Eva María Beceiro Rodríguez	00:56:53	00:54:52	VET B	171	F	934		00:44:31	1867
1916	3482	Lucía Vifões García	00:56:56	00:53:57	Senior	263	F	935		00:44:40	1878
1917	1649	Cristina Diaz Teijido	00:56:56	00:53:57	VET B	172	F	936		00:44:40	1877
1918	660	Oliva Rivas Vázquez	00:56:56	00:55:37	VET C	56	F	937	Equipo Rioxunto	00:44:05	1837
1919	2588	Rafael Naveira Rodríguez	00:56:57	00:54:56	VET B	183	M	982		00:45:04	1900
1920	659	Marisol Garcia Ferreiro	00:56:57	00:55:44	VET C	57	F	938	Equipo Rioxunto	00:44:05	1838
1921	2233	Estefanía Leira Miraz	00:56:58	00:55:12	VET A	283	F	939		00:44:48	1887
1922	1328	María Esther Cal Varela	00:56:59	00:54:04	VET B	173	F	940		00:45:00	1894
1923	2381	María Belén Lorenzo Lorenzo	00:57:00	00:54:05	VET A	284	F	941		00:45:04	1901
1924	519	Rocio Souto Rico	00:57:00	00:54:21	VET A	285	F	942	BTT Esmelle	00:45:13	1918
1925	497	Maitte Muíño	00:57:00	00:54:07	VET A	286	F	943	CLUB CASTRO DE LOBADIZ	00:45:15	1922
1926	2442	Isabel Martín Santos	00:57:00	00:54:04	VET A	287	F	944		00:45:38	1944
1927	694	María Del Mar Frade Carballeira	00:57:00	00:54:06	VET A	288	F	945		00:45:14	1919
1928	1580	Miguel C De Castro Miguel	00:57:00	00:52:10	VET B	184	M	983		00:45:04	1899
1929	510	Selena Gregoria Gorosito Castilla	00:57:01	00:54:11	VET B	174	F	946		00:45:12	1914
1930	518	Adela Nores Monzon	00:57:01	00:54:22	VET B	175	F	947	BTT Esmelle	00:45:11	1912
1931	458	Jesus Ardao	00:57:02	00:55:25	VET A	290	M	984	ATLETISMO NARON	99:99:99	999999
1932	2234	Paula Leira Miraz	00:57:02	00:55:38	VET A	289	F	948		00:44:48	1886
1933	2956	Sandra Río López	00:57:03	00:55:24	VET A	290	F	949		00:44:50	1888
1934	631	Laura Galego Castro	00:57:06	00:55:29	VET A	291	F	950		00:44:22	1854
1935	2129	Berta Grueiro Pérez	00:57:07	00:54:54	Senior	264	F	951		00:44:27	1858
1936	2128	Cristina Grueiro Pérez	00:57:08	00:54:53	VET A	292	F	952		00:44:23	1856
1937	2466	Mª Alicia Martínez Martínez	00:57:08	00:55:40	VET D	19	F	953		00:44:06	1840
1938	3277	María Jesus Souto Garcia	00:57:14	00:54:34	VET C	58	F	954		00:44:42	1879
1939	2462	Mª José Martínez López	00:57:15	00:54:36	VET B	176	F	955		00:45:05	1902
1940	3349	Teresa Torres Novo	00:57:15	00:55:46	VET D	20	F	956		00:44:34	1874
1941	2577	Mary Muíños Alonso	00:57:16	00:55:47	VET C	59	F	957		00:44:35	1875
1942	2628	Rosario Ojales Allegue	00:57:17	00:54:38	VET C	60	F	958		00:44:43	1881
1943	2836	Susana Pita Villar	00:57:17	00:52:04	Senior	265	F	959		00:45:29	1929

1944	1513	Mª Luisa Corral Loureiro	00:57:17	00:54:40	VET B	177	F	960		00:45:06	1905
1945	1230	Jesús Ben Sánchez	00:57:17	00:55:25	VET B	185	M	985		00:45:01	1896
1946	1371	Alberto Caramés Corral	00:57:18	00:55:25	VET B	186	M	986		00:45:02	1898
1947	3529	Diego Perez Soto	00:57:19	00:53:58	VET A	291	M	987	JESUS MAESTRO	00:45:37	1941
1948	1213	Carla Beceiro Lourido	00:57:20	00:52:09	Senior	266	F	961		00:45:30	1930
1949	2441	Merchi Martín Sanjuan	00:57:22	00:52:24	VET B	178	F	962		00:46:01	1965
1950	466	Mª Pilar Piñero López	00:57:23	00:53:27	VET C	61	F	963	ATLETISMO NARON	00:45:41	1950
1951	2610	Natalia Nuñez Caamaño	00:57:23	00:52:25	Senior	267	F	964		00:46:06	1969
1952	2312	Jose Manuel López López	00:57:26	00:52:51	VET C	52	M	988		00:45:26	1928
1953	1369	Maria Estela Cao Espiñeira	00:57:26	00:52:51	Senior	268	F	965		00:46:22	1992
1954	1796	Marta Fernandez Lopez	00:57:27	00:57:27	VET B	179	F	966		00:44:42	1880
1955	1816	Pablo Fernandez Pouso	00:57:28	00:54:25	VET A	292	M	989		00:44:53	1889
1956	2608	Cristina Novoa Amor	00:57:29	00:54:57	VET B	180	F	967		00:45:14	1920
1957	1724	Rosa Maria Espiñeira Gabin	00:57:30	00:52:55	VET C	62	F	968		00:46:22	1993
1958	2774	Joaquín Peribáñez Dongil	00:57:31	00:54:34	VET A	293	M	990		00:44:47	1885
1959	1269	Sonia Bouza Pérez	00:57:33	00:54:56	VET A	293	F	969		00:45:12	1915
1960	2977	Montse Rodeiro Pico	00:57:33	00:54:31	VET B	181	F	970		00:45:12	1913
1961	3400	Maria Sol Vázquez López	00:57:33	00:54:56	VET D	21	F	971		00:45:13	1916
1962	3030	Carmen Rodríguez Platas	00:57:38	00:57:38	VET C	63	F	972		00:44:13	1850
1963	2305	Vanesa Lopez Lago	00:57:38	00:54:43	Senior	269	F	973		00:45:36	1938
1964	3337	Maria Del Carmen Torrecillas Rodríguez	00:57:38	00:51:28	Senior	270	F	974		00:48:02	2109
1965	3415	Jose Antonio Vazquez Seijo	00:57:39	00:55:46	VET D	38	M	991		00:44:11	1846
1966	1910	Juan Miguel Freire Pose	00:57:41	00:54:46	VET B	187	M	992		00:45:38	1945
1967	2213	Maria Del Mar Lamas Méndez	00:57:41	00:54:47	VET A	294	F	975		00:46:21	1988
1968	2783	Ana Maria Picallo Chao	00:57:42	00:54:48	VET A	295	F	976		00:45:52	1959
1969	654	Luz María Freire Abeledo	00:57:42	00:52:14	VET C	64	F	977		00:46:18	1984
1970	1987	Alberto García Pazos	00:57:42	00:54:48	VET A	294	M	993		00:46:23	1994
1971	1981	Sofía García Nores	00:57:43	00:54:44	VET B	182	F	978		00:45:36	1937
1972	655	Marga Grueiro Pego	00:57:43	00:52:14	VET B	183	F	979		00:46:18	1985
1973	2377	Maria Lorenzo Díaz	00:57:43	00:54:47	VET A	296	F	980		00:45:39	1946
1974	3467	Maria De Los Angeles Vilasante Sanchez	00:57:44	00:55:02	VET B	184	F	981		00:45:45	1956
1975	2157	Mª Begoña Hurtado Lorenzo	00:57:45	00:55:12	VET B	185	F	982		00:44:45	1884
1976	441	Ana Isabel García Freire	00:57:45	00:55:15	Senior	271	F	983		00:44:44	1882
1977	1318	Eva Cagigao Vidal	00:57:45	00:56:48	VET B	186	F	984		00:44:03	1836
1978	1980	Ana García Nores	00:57:45	00:54:48	VET A	297	F	985		00:45:37	1942
1979	845	Lucia García Bouzamayor	00:57:46	00:55:13	Senior	272	F	986		00:44:45	1883
1980	2847	Ines Portela Garcia	00:57:46	00:54:54	Sub 19	107	F	987		00:45:41	1948
1981	1982	Maria Eugenia Garcia Nores	00:57:47	00:54:54	VET C	65	F	988		00:45:40	1947
1982	766	Lucia Cortizas Seco	00:57:49	00:57:49	VET A	298	F	989	JESUS MAESTRO	99:99:99	999999
1983	767	Manuela Couto Perez	00:57:49	00:54:57	VET B	187	F	990	JESUS MAESTRO	00:45:13	1917
1984	509	Ana Bastida Pérez	00:57:50	00:55:09	VET B	188	F	991		00:45:15	1921
1985	2052		00:57:50	00:56:52	Unknown	2	M	994		99:99:99	999999
1986	2413	Cristina Mandic Ochoa	00:57:53	00:56:35	VET C	66	F	992		00:45:06	1904
1987	432	Susana Diaz Gallego	00:57:56	00:56:38	VET B	189	F	993		00:45:07	1906
1988	2733	Mª Dolores Pérez Dueñas	00:57:59	00:53:16	VET B	190	F	994		00:46:17	1983
1989	1924	Carmela Gagigao Vidal	00:58:00	00:57:02	VET B	191	F	995		99:99:99	999999
1990	459	Jose Bouza Fernández	00:58:00	00:58:00	VET B	188	M	995	ATLETISMO NARON	00:45:55	1962
1991	1703	Ana María Duran Bouza	00:58:00	00:56:36	VET A	299	F	996		00:45:54	1961
1992	2494	Raquel Mazorra López	00:58:12	00:54:13	Senior	273	F	997		00:46:28	1996
1993	2358	Alejandra López Sanlés	00:58:15	00:52:20	Senior	274	F	998		00:47:02	2042
1994	3028	Angeles Rodriguez Pita	00:58:16	00:55:00	VET D	22	F	999		00:46:05	1968
1995	3259	Guillermo Solloso Novo	00:58:16	00:55:01	VET D	39	M	996		99:99:99	999999
1996	2299	Clara López Hermida	00:58:16	00:55:33	Sub 19	108	F	1000		00:45:32	1932
1997	3170	Maria Isabel Sanlés Babelo	00:58:16	00:52:21	VET B	192	F	1001		00:47:04	2046
1998	653	Monica Villarino Golpe	00:58:16	00:52:43	VET B	193	F	1002	El zueco veloz	99:99:99	999999
1999	1613	Sabela Díaz Dopico	00:58:16	00:55:34	Sub 19	109	F	1003		00:45:33	1933
2000	853	Belen Rivera Ferreira	00:58:17	00:52:45	VET B	194	F	1004		99:99:99	999999
2001	2038	Mª Pilar Gomez Freire	00:58:19	00:57:17	VET A	300	F	1005		00:45:41	1949
2002	2937	Mª Jose Rey Torreiro	00:58:19	00:57:10	VET C	67	F	1006		00:45:34	1935
2003	3344	Alejandra María Torrente Vizoso	00:58:20	00:52:25	VET A	301	F	1007		00:46:22	1990
2004	3171	Manuela Sanlés Babelo	00:58:21	00:52:29	VET B	195	F	1008		00:47:02	2043
2005	1267	Paula Bouza Lorenzo	00:58:21	00:56:55	Sub 19	110	F	1009		00:45:54	1960
2006	3417	Alba Vázquez Torrente	00:58:21	00:52:25	Senior	275	F	1010		00:46:22	1991
2007	3021	Ramón José Rodríguez López	00:58:23	00:55:44	VET C	53	M	997		00:45:31	1931
2008	1251	Mª Del Carmen Blanco Rodríguez	00:58:31	00:55:32	VET C	68	F	1011		00:46:20	1987
2009	499	Sandra Castelos Díaz	00:58:31	00:55:07	Senior	276	F	1012		00:46:39	2005
2010	2326	Mª Del Mar López Mourente	00:58:32	00:54:53	VET B	196	F	1013		00:47:50	2086
2011	2263	Marina López Bustabad	00:58:33	00:54:55	VET B	197	F	1014		00:47:51	2087
2012	3443	Marta Vez Cernadas	00:58:37	00:53:17	VET B	198	F	1015		00:46:54	2023
2013	1544	Maria Purificación Couce Sande	00:58:39	00:53:19	VET B	199	F	1016		00:46:54	2024
2014	3199	Maria Sar Gonzalez	00:58:39	00:57:08	Sub 19	111	F	1017		00:45:33	1934
2015	3313	Maria Purificación Teijeiro Sande	00:58:39	00:53:29	VET B	200	F	1018		00:46:56	2029
2016	2960	Rosa Mª Riobo Permuy	00:58:40	00:54:12	VET B	201	F	1019		00:46:59	2038
2017	2884	Amalia Quintana Cabaleiro	00:58:41	00:53:51	VET B	202	F	1020		00:46:44	2011
2018	3374	Carmen Varela Domínguez	00:58:41	00:54:13	VET C	69	F	1021		00:46:58	2037
2019	2962	Nuria Ríos López	00:58:42	00:53:51	VET B	203	F	1022		00:46:50	2016
2020	2889	Ana Quintán Saavedra	00:58:43	00:57:19	Sub 19	112	F	1023		00:45:35	1936
2021	2900	David Ramos López	00:58:43	00:56:18	VET A	295	M	998		00:46:31	2000
2022	2699	Davinia Pazos Calderón	00:58:44	00:56:25	VET A	302	F	1024		00:46:32	2002
2023	3088	Paulina Romero Permuy	00:58:45	00:54:17	VET D	23	F	1025		00:46:58	2035
2024	2146	Mariola Hermida Romero	00:58:45	00:54:19	VET B	204	F	1026		00:46:55	2026

2025	1406	Ángeles Casteleiro Meizoso	00:58:45	00:53:34	VET B	205	F	1027		00:46:58	2036
2026	217	Sandra Prieto	00:58:45	00:54:43	VET A	303	F	1028	COLEGIO SAN ROSENDO	00:47:47	2080
2027	2710	Celeste Pena Gómez	00:58:47	00:55:08	Senior	277	F	1029		00:45:45	1954
2028	2044	Carmen Gómez Paz	00:58:48	00:55:08	VET B	206	F	1030		00:45:45	1955
2029	3423	Sergio Vázquez Zanza	00:58:48	00:55:11	VET C	54	M	999		00:45:44	1953
2030	331	Mª Teresa Vázquez Pardo	00:58:48	00:54:53	VET C	70	F	1031	MERCEDARIAS FERROL	00:46:21	1989
2031	332	Ana Mª Vázquez Pardo	00:58:48	00:55:01	VET D	24	F	1032	MERCEDARIAS FERROL	00:46:20	1986
2032	3296	Josefina Taboada Castro	00:58:51	00:56:34	VET B	207	F	1033		00:45:22	1926
2033	2319	Roberto López Lourido	00:58:52	00:55:14	VET B	189	M	1000		00:47:58	2099
2034	2308	Lucía Lopez Lopez	00:58:52	00:55:16	Sub 19	113	F	1034		00:47:58	2101
2035	1401	Hortensia Casanova López	00:58:53	00:56:42	VET C	71	F	1035		00:45:21	1925
2036	464	Belén Lorenzo Martínez	00:58:54	00:57:27	VET A	304	F	1036	ATLETISMO NARON	00:46:08	1971
2037	463	Oliva Lorenzo Martínez	00:58:54	00:57:29	VET B	208	F	1037	ATLETISMO NARON	00:46:09	1972
2038	2476	Maria Martínez Rodriguez	00:58:54	00:56:47	VET D	25	F	1038		00:45:22	1927
2039	2642	Mª Jose Otero Moreira	00:58:55	00:57:10	VET B	209	F	1039		00:45:49	1957
2040	1277	Maria Jose Brage Rodriguez	00:58:56	00:55:06	VET C	72	F	1040		00:45:57	1964
2041	2643	Marisa Otero Moreira	00:58:57	00:57:09	VET C	73	F	1041		00:45:49	1958
2042	1322	Esperanza Cainzos Pena	00:58:57	00:54:57	VET B	210	F	1042		00:46:58	2034
2043	1952	Juan García Couce	00:58:57	00:55:16	VET B	190	M	1001		00:47:56	2095
2044	1671	Eugenia Domínguez Cainzos	00:58:57	00:54:57	VET A	305	F	1043		00:47:05	2047
2045	3517	Maria Cainzos Pena	00:59:00	00:55:00	VET B	211	F	1044		00:47:01	2041
2046	3518	Noelia Sánchez Cainzos	00:59:00	00:59:00	Senior	278	F	1045		00:47:06	2048
2047	1749	Josefina Fano Veiga	00:59:01	00:55:19	VET B	212	F	1046		00:48:02	2110
2048	683	Isabel Pazos Martínez	00:59:02	00:56:53	VET A	306	F	1047	Escola Atletismo Paula Mayobre	00:48:00	2107
2049	1972	Nuria García López	00:59:03	00:55:21	Sub 19	114	F	1048		00:47:55	2092
2050	1828	Ivan Fernandez Vazquez	00:59:05	00:54:13	Senior	286	M	1002		00:47:27	2064
2051	950	Raquel Sanjurjo Fraga	00:59:06	00:53:54	VET A	307	F	1049	Raquel	00:47:41	2073
2052	1947	Julia García Carracedo	00:59:06	00:53:53	VET A	308	F	1050		00:47:53	2088
2053	3186	Maria Del Carmen Santiago Carballeira	00:59:06	00:54:09	VET A	309	F	1051		00:47:26	2061
2054	877	Natalia Martínez Fernández	00:59:06	00:56:57	VET A	310	F	1052	Montefaro	00:48:00	2105
2055	2302	Marta López Leal	00:59:06	00:53:53	VET A	311	F	1053		00:47:50	2085
2056	813	Marta Sanchez Rodriguez	00:59:09	00:57:11	VET A	312	F	1054	JESUS MAESTRO	99:99:99	999999
2057	1592	Esther De Solaun Eimil	00:59:10	00:55:45	Senior	279	F	1055		00:50:20	2307
2058	2890	Malle Raet	00:59:10	00:55:46	Senior	280	F	1056		00:50:20	2308
2059	216	Luisa Perez Felpeto	00:59:12	00:55:15	VET C	74	F	1057	COLEGIO SAN ROSENDO	00:46:16	1981
2060	226	Filomena Rodriguez Rodriguez	00:59:12	00:55:15	VET D	26	F	1058		00:46:16	1980
2061	2121	Isabel Grueiro Acción	00:59:13	00:56:26	Senior	281	F	1059		00:46:42	2010
2062	1897	Gloria Franco Paz	00:59:13	00:58:00	VET C	75	F	1060		00:46:32	2001
2063	225	Beatriz Leira Franco	00:59:13	00:55:14	VET B	213	F	1061	SAN XOAN T.M.	00:46:14	1977
2064	1462	Alicia Cela Valiño	00:59:13	00:55:14	VET A	313	F	1062		00:46:15	1978
2065	2868	Maria Prieto Leiras	00:59:15	00:58:00	VET C	76	F	1063		00:46:31	1999
2066	2145	Inés Hermida Puriños	00:59:15	00:55:25	VET D	27	F	1064		00:46:58	2033
2067	2804	Paula Piñeiro Iglesias	00:59:16	00:54:33	VET A	314	F	1065		00:47:24	2058
2068	1856	Maria Filgueiras Grandal	00:59:17	00:56:32	Sub 19	115	F	1066		00:46:42	2009
2069	3512	Juan Ignacio Silvera Vez	00:59:17	00:55:21	VET B	191	M	1003		00:47:45	2077
2070	269	Mª Gloria Gonzalez Losada	00:59:18	00:54:33	VET B	214	F	1067	REMO SAN FELIPE	00:47:18	2054
2071	290	Laura Arozamena Muñíos	00:59:19	00:55:21	VET B	215	F	1068	REMO SAN FELIPE	00:47:19	2056
2072	278	Lourdes Arozamena Muñíos	00:59:19	00:54:35	VET B	216	F	1069	REMO SAN FELIPE	00:47:19	2055
2073	3142	Marina Sánchez Magariños	00:59:21	00:55:55	VET C	77	F	1070		00:46:57	2031
2074	2158	Mercedes Ibañez Casco	00:59:21	00:55:56	VET C	78	F	1071		00:46:54	2025
2075	1729	Asuncion Esteban Villar	00:59:22	00:55:55	VET C	79	F	1072		00:46:58	2032
2076	2830	Carmen Pita López	00:59:23	00:55:55	VET D	28	F	1073		00:46:56	2028
2077	3011	Gabriel Rodríguez Garcia	00:59:24	00:55:17	VET A	296	M	1004		00:46:49	2015
2078	2606	Reyes Novo Piñón	00:59:24	00:55:17	Senior	282	F	1074		00:46:42	2008
2079	1512	Alberto Corral López	00:59:24	00:59:24	VET A	297	M	1005		00:46:16	1979
2080	2480	Nieves Martínez Seco	00:59:30	00:58:21	Senior	283	F	1075		00:45:37	1939
2081	1398	Manuel Casal Bouza	00:59:34	00:57:03	VET D	40	M	1006		00:46:14	1976
2082	2724	Isabel Pereira Gonzalez	00:59:36	00:57:04	VET C	80	F	1076		00:46:12	1975
2083	3220	Mª Luisa Seoane Cendan	00:59:36	00:57:06	VET C	81	F	1077		00:46:11	1973
2084	1440	Mª Del Carmen Castro Perez	00:59:39	00:58:25	VET C	82	F	1078		00:46:33	2003
2085	504	Manuel Ángel Castro Espiñeira	00:59:40	00:57:13	VET A	298	M	1007	BENYGIN	00:46:53	2022
2086	506	Ana Santiago Fernández	00:59:41	00:57:22	VET A	315	F	1079	BENYGIN	00:46:53	2021
2087	3321	Mª Luisa Tellado Paz	00:59:43	00:55:24	VET D	29	F	1080		00:47:25	2060
2088	3521	Carmen Tellado Paz	00:59:43	00:55:25	VET D	30	F	1081		00:47:29	2066
2089	2030	Mª José Gómez Caamaño	00:59:44	00:53:45	VET B	217	F	1082		00:48:11	2123
2090	1427	Susana Castro Ferreira	00:59:49	00:54:30	VET B	218	F	1083		99:99:99	999999
2091	3035	Alejandra Rodríguez Primoy	00:59:51	00:55:14	Senior	284	F	1084		00:47:55	2094
2092	2417	Cristina Manivesa Alvarez	00:59:52	00:56:13	VET A	316	F	1085		00:47:03	2045
2093	3034	Carolina Rodríguez Primoy	00:59:53	00:55:19	VET A	317	F	1086		00:47:53	2089
2094	2784	Rosa Maria Picallo Deaño	00:59:54	00:55:34	VET B	219	F	1087		00:47:56	2096
2095	1997	Sandra García Seoane	00:59:55	00:56:28	Senior	285	F	1088		00:46:55	2027
2096	1950	Sonia García Castro	00:59:55	00:56:29	VET B	220	F	1089		00:46:52	2017
2097	1102	Amparo Álvarez Pena	00:59:55	00:56:17	VET C	83	F	1090		00:47:03	2044
2098	434	Maria Dolores Hermida Ameneiros	00:59:56	00:58:18	VET D	31	F	1091		00:46:04	1967
2099	1161	Amelia Arribas Cid	00:59:57	00:56:43	VET C	84	F	1092		00:46:53	2019
2100	437	Margarita Veiga Edreira	00:59:58	00:58:24	VET B	221	F	1093		00:46:02	1966
2101	1949	Lucía García Castro	00:59:58	00:56:44	VET C	85	F	1094		00:46:52	2018
2102	302	Jesús Lata Fernandez	00:59:59	00:54:43	VET D	41	M	1008	MERCEDARIAS FERROL	99:99:99	999999
2103	1857	Antonio Arturo Filgueiras Martinez	01:00:02	00:57:25	VET C	55	M	1009		00:47:01	2040
2104	2108	Mª José Grandal Castro	01:00:03	00:57:20	VET B	222	F	1095		00:47:00	2039
2105	2111	Gonzalo Grandal Lagoa	01:00:04	00:57:22	VET D	42	M	1010		00:46:57	2030

2106	2923	Rocio Regueiro Bujan	01:00:06	00:56:13	VET A	318	F	1096		00:47:45	2078
2107	1945	Ana Garcia Carballo	01:00:06	00:56:14	VET A	319	F	1097		00:47:44	2075
2108	303	Azucena Muiños Cela	01:00:07	00:54:52	VET D	32	F	1098	MERCEDARIAS FERROL	99:99:99	999999
2109	292	Eva Fernandez Insua	01:00:09	00:56:00	VET B	223	F	1099	REMO SAN FELIPE	00:47:46	2079
2110	2303	Marcos López Ledo	01:00:10	00:56:14	VET C	56	M	1011		00:47:16	2053
2111	1085	Noa Alonso Garcia	01:00:12	00:56:20	Sub 19	116	F	1100		00:47:43	2074
2112	630	Maria Jose Cazorla Pena	01:00:12	00:54:32	VET C	86	F	1101		00:48:27	2151
2113	629	Eva Teijeiro Martorell	01:00:14	00:54:33	VET A	320	F	1102	ATLETISMO NARON	00:48:26	2150
2114	637	Pilar Viña Ben	01:00:16	00:54:40	VET C	87	F	1103		00:48:27	2152
2115	1444	Maria Del Mar Castro Rivera	01:00:16	00:56:17	VET B	224	F	1104		00:47:16	2052
2116	3029	Mª Jesús Rodríguez Platas	01:00:17	00:58:26	VET C	88	F	1105		00:46:41	2006
2117	2373	Margarita López Yañez	01:00:17	00:58:25	VET D	33	F	1106		00:46:39	2004
2118	2957	Carmen Rio Reboredo	01:00:21	00:57:09	VET B	225	F	1107		99:99:99	999999
2119	2916	Isabel Reboredo Estraviz	01:00:21	00:56:32	VET C	89	F	1108		99:99:99	999999
2120	1100	Alfredo Álvarez Montoto	01:00:22	00:56:32	VET C	57	M	1012		99:99:99	999999
2121	3193	Cristina Santos Durán	01:00:22	00:55:47	Senior	286	F	1109		00:48:41	2167
2122	1884	Maria Fraguela Fernández	01:00:22	00:56:54	VET A	321	F	1110		00:47:13	2050
2123	1128	Mªcarmen Aneiros Díaz	01:00:22	00:58:08	VET A	322	F	1111		00:47:14	2051
2124	2752	Antia Pérez Piñeiro	01:00:24	00:55:47	Senior	287	F	1112		00:48:43	2171
2125	1635	M Elena Diaz Rodriguez	01:00:26	00:59:56	VET B	226	F	1113		00:46:11	1974
2126	842	Maria Yolanda Mauriz Mosquera	01:00:28	00:56:48	VET B	227	F	1114	libre	00:47:47	2081
2127	1636	Ignacio Diaz Rodriguez	01:00:30	01:00:01	VET B	192	M	1013		00:46:06	1970
2128	1099	Ana Álvarez Miguez	01:00:32	00:56:58	VET A	323	F	1115		00:47:49	2084
2129	1650	Julio César Díaz Valle	01:00:35	00:56:59	VET A	299	M	1014		00:47:45	2076
2130	2601	Rocio Nogueira Villamistre	01:00:40	00:56:51	VET A	324	F	1116		00:47:54	2090
2131	2917	Araceli Regal Pita	01:00:42	00:56:55	VET A	325	F	1117		00:48:04	2113
2132	457	Olga Anca Varela	01:00:44	00:59:03	VET A	326	F	1118	ATLETISMO NARON	00:49:05	2204
2133	1986	Mª Elia Garcia Pardo	01:00:44	00:58:25	VET C	90	F	1119		99:99:99	999999
2134	3100	Juan José Rouco Miguel	01:00:44	00:55:56	VET A	300	M	1015		00:47:48	2083
2135	3101	Jose Rouco Yañez	01:00:45	00:55:55	VET D	43	M	1016		00:47:48	2082
2136	2744	Francisco Javier Pérez López	01:00:46	00:57:17	VET A	301	M	1017		00:51:26	2383
2137	2420	Mª Antonia Maradona Suárez	01:00:47	00:53:45	VET C	91	F	1120		00:48:50	2182
2138	692	Esther Piñon Gonzalez	01:00:48	00:59:31	VET A	327	F	1121	FERROL	00:46:47	2014
2139	2066	Maria Del Carmen Gonzalez Fernandez	01:00:48	00:59:30	VET D	34	F	1122		00:46:46	2013
2140	2149	Iria Hernandez Fornos	01:00:49	00:58:33	Senior	288	F	1123		00:48:05	2115
2141	2190	Cristina Isasi Varela	01:00:49	00:58:32	Senior	289	F	1124		00:48:05	2116
2142	1204	Ana Basoa Losada	01:00:49	00:58:34	Senior	290	F	1125		00:48:06	2117
2143	3010	F. Javier Rodriguez Garcia	01:00:52	00:58:58	VET C	58	M	1018		00:47:25	2059
2144	1096	Susana Alvarez López	01:00:52	00:55:21	VET B	228	F	1126		00:48:46	2175
2145	1851	Maria Luz Figueirido Urbano	01:00:53	00:55:23	VET B	229	F	1127		00:48:56	2198
2146	3261	Mercedes Soto Seoane	01:00:54	00:55:22	VET B	230	F	1128		00:48:55	2196
2147	1436	Daniel Castro Montero	01:00:55	00:55:21	VET B	193	M	1019		00:48:44	2172
2148	2105	Eduardo Gonzalez-Illanos Lopez	01:00:55	00:54:14	VET B	194	M	1020		00:48:47	2178
2149	2682	Lucia Paris Fuertes	01:00:55	00:57:04	Sub 19	117	F	1129		00:48:48	2180
2150	3455	Luisa Vigo Cores	01:00:56	00:56:14	VET B	231	F	1130		00:48:13	2125
2151	3012	Maria Jesus Rodriguez Garcia	01:00:56	00:59:01	VET D	35	F	1131		00:47:24	2057
2152	1720	Ana España	01:00:56	00:57:05	Sub 19	118	F	1132		00:48:53	2190
2153	2435	Patricia Marta	01:00:58	00:56:16	VET B	232	F	1133		00:48:13	2126
2154	2992	Carmen Rodríguez Bueno	01:00:58	00:56:21	VET B	233	F	1134		00:48:13	2128
2155	2283	Ana López Del Río	01:00:58	00:57:07	Sub 19	119	F	1135		00:48:51	2185
2156	2428	Maria Luisa Marin Sanchez	01:00:59	00:56:21	VET C	92	F	1136		00:48:13	2127
2157	344	Ana Teresa Flores López	01:00:59	00:56:54	Senior	291	F	1137	MERCEDARIAS FERROL	00:47:40	2072
2158	343	Vanesa Lourido Rivas	01:01:00	00:56:54	Senior	292	F	1138	MERCEDARIAS FERROL	00:47:40	2071
2159	2694	Ramón Paz Niebla	01:01:02	00:54:01	VET C	59	M	1021		00:48:51	2186
2160	1586	Mª Del Carmen De La Huerta Martínez	01:01:03	00:58:24	VET D	36	F	1139		00:48:42	2169
2161	2485	Mª Dolores Martínez Zubieta	01:01:07	00:57:40	VET B	234	F	1140		00:48:03	2112
2162	2580	Rosa Muñoz Bodas	01:01:08	00:57:30	VET B	235	F	1141		00:47:55	2091
2163	1117	Pedro Antonio Amado Freire	01:01:09	00:59:27	VET A	302	M	1022		99:99:99	999999
2164	2550	Mª Cristina Morado Santos	01:01:10	00:56:19	VET B	236	F	1142		00:48:38	2164
2165	2835	Luciano Pita Sanchez	01:01:10	00:56:20	VET B	195	M	1023		00:48:36	2162
2166	1214	Sonia Beceiro Pérez	01:01:11	00:59:10	VET A	328	F	1143		00:47:37	2069
2167	1609	Manolo Diaz Del Rio Botas	01:01:11	00:57:45	VET C	60	M	1024		00:48:01	2108
2168	2229	Daniel Leira Estraviz	01:01:11	00:59:10	Sub 19	94	M	1025		00:47:35	2068
2169	1885	Adela Fraguela Lagoa	01:01:11	00:58:18	VET D	37	F	1144		00:47:59	2103
2170	1887	Yolanda Fraguela Prieto	01:01:11	00:58:18	VET A	329	F	1145		00:47:59	2102
2171	2867	Lucita Prieto Galego	01:01:12	00:58:23	VET C	93	F	1146		00:47:59	2104
2172	2228	Eva Leira Bouzamayor	01:01:12	00:56:22	VET B	237	F	1147		00:47:33	2067
2173	1888	Mª Luz Fraguela Prieto	01:01:12	00:58:20	VET A	330	F	1148		00:48:00	2106
2174	1789	Manuel Fernandez Gomez	01:01:13	00:58:01	VET A	303	M	1026		00:47:38	2070
2175	1667	Amparo Doce Renova	01:01:13	00:57:47	VET B	238	F	1149		00:48:03	2111
2176	1154	Margarita Area Vidal	01:01:13	00:57:34	VET D	38	F	1150		99:99:99	999999
2177	2597	Lourdes Nieto Ares	01:01:15	00:57:43	VET D	39	F	1151		00:48:25	2149
2178	2046	Mercedes Ana Gómez Pereiro	01:01:15	00:57:44	VET B	239	F	1152		00:48:20	2141
2179	3173	Andrea Sanmartín Gutierrez	01:01:15	00:58:12	Sub 19	120	F	1153		00:48:05	2114
2180	2736	Nieves Pérez Fernández	01:01:17	00:57:46	VET D	40	F	1154		00:48:25	2148
2181	1722	Elisa Esperante Guimaré	01:01:17	00:58:15	Sub 19	121	F	1155		00:48:10	2120
2182	3080	Maria Romero García	01:01:18	00:54:59	VET A	331	F	1156		00:49:58	2281
2183	1866	Mª Yolanda Fonticoba López	01:01:18	00:55:06	VET A	332	F	1157		00:50:00	2285
2184	1353	Mª José Campello Iglesias	01:01:19	01:01:19	VET D	41	F	1158		00:47:12	2049
2185	3338	Eva María Torreiro Martínez	01:01:19	00:57:59	VET B	240	F	1159		00:48:13	2129
2186	2264	Javier Lopez Calvo	01:01:19	00:57:59	VET B	196	M	1027		00:48:18	2139

2187	3501	Yolanda Castro Freire	01:01:19	00:58:14	VET B	241	F	1160		00:48:09	2118
2188	769	Laura De Paz Arias	01:01:20	00:59:27	VET B	242	F	1161	JESUS MAESTRO	00:47:28	2065
2189	2609	Conchi Noya Mirás	01:01:21	00:55:08	VET B	243	F	1162		00:50:49	2345
2190	2094	Carmen Mª Gonzalez Rouco	01:01:21	00:55:09	VET B	244	F	1163		00:50:52	2349
2191	2759	José Manuel Pérez Ramil	01:01:27	00:57:42	VET D	44	M	1028		00:48:29	2154
2192	1238	Francisco Bernabeu Piñeiro	01:01:27	00:57:58	VET D	45	M	1029		00:48:23	2143
2193	2934	Carmen Rey Garcia	01:01:28	00:58:27	VET C	94	F	1164		00:48:16	2135
2194	2470	Silvia Martínez Peña	01:01:28	00:56:45	VET A	333	F	1165		00:48:24	2146
2195	3365	Silvia Valencia Meizosa	01:01:29	00:56:48	Senior	293	F	1166		00:48:38	2163
2196	988	Sara Gracia Carbajo	01:01:29	00:56:49	Senior	294	F	1167		00:48:41	2166
2197	1694	María Josefa Dopico Piñeiro	01:01:29	00:58:29	VET D	42	F	1168		00:48:25	2147
2198	573	Isabel Rodríguez Ramil	01:01:30	00:58:11	VET A	334	F	1169	CLUB DE REMO SAN FELIPE	00:47:57	2098
2199	3363	Ana Belén Valencia Barro	01:01:31	00:56:48	VET B	245	F	1170		00:48:24	2145
2200	571	Balbina Ramil Picos	01:01:31	00:58:06	VET D	43	F	1171	CLUB DE REMO SAN FELIPE	00:47:57	2097
2201	2439	Juncal Martín Perez	01:01:34	00:59:35	VET A	335	F	1172		00:47:26	2062
2202	1991	Marta Garcia Porta	01:01:34	00:58:19	VET A	336	F	1173		00:49:55	2276
2203	2612	Cristina Nuñez Fernandez	01:01:34	00:58:22	VET A	337	F	1174		00:49:53	2273
2204	3304	María Tebar Zancas	01:01:34	00:58:03	VET C	95	F	1175		00:48:18	2137
2205	1345	Concepción Calvo Pena	01:01:34	00:59:34	VET A	338	F	1176		00:47:26	2063
2206	22	Carolina Del Río Diaz	01:01:34	00:57:00	Senior	295	F	1177	Running Altafit Odeon	00:49:32	2241
2207	58	Catuxa Losada Rivas	01:01:35	00:57:06	Senior	296	F	1178	Running Altafit Odeon	00:49:31	2240
2208	63	Ana Martín Garcia	01:01:35	00:57:06	Senior	297	F	1179	Running Altafit Odeon	00:49:28	2234
2209	3492	Eduardo Yáñez López	01:01:36	00:57:06	VET A	304	M	1030		00:49:33	2244
2210	2412	Fernando Malo Garcia	01:01:36	00:58:06	VET C	61	M	1031		00:48:30	2156
2211	1886	Victor Fraguela Lagoa	01:01:36	00:58:47	VET C	62	M	1032		99:99:99	999999
2212	537	Eva María Paz Longa	01:01:40	00:58:39	VET A	339	F	1180	CLUB ATLETISMO NARON	00:48:32	2157
2213	2974	Fernando Roca Bordello	01:01:40	00:58:40	VET B	197	M	1033		00:48:33	2159
2214	1570	Eva Dacal Pedreiro	01:01:41	00:57:16	Senior	298	F	1181		00:48:53	2187
2215	2689	Alexandra Paz Cabada	01:01:41	00:57:13	Senior	299	F	1182		00:48:55	2195
2216	50	Concepcion Lohia Braje	01:01:42	00:58:29	VET D	44	F	1183	Runining Club Altafit Odeon	00:48:42	2168
2217	2050	Ana Belén Gómez Tojeiro	01:01:43	00:58:30	VET A	340	F	1184		00:48:39	2165
2218	1565	Mónica Cunha Mera	01:01:44	01:00:51	VET A	341	F	1185		00:48:33	2158
2219	281	Mª Del Mar Roca Garcia	01:01:45	00:56:54	VET A	342	F	1186	REMO SAN FELIPE	99:99:99	999999
2220	2866	Silvia Prieto Castro	01:01:49	01:00:55	VET A	343	F	1187		00:48:33	2160
2221	1053	Diego Abad Diaz	01:01:49	01:00:54	VET A	305	M	1034		00:48:35	2161
2222	282	Cristina Castillon Abeal	01:01:51	00:56:53	VET A	344	F	1188	REMO SAN FELIPE	00:49:38	2248
2223	2823	Uxía Pita Cabanas	01:01:52	01:00:21	Sub 19	122	F	1189		00:47:55	2093
2224	1579	Marta De Castro Leira	01:01:52	01:00:28	Sub 19	123	F	1190		00:47:58	2100
2225	1178	Reme Bañobre González	01:01:52	00:56:48	VET C	96	F	1191		00:49:22	2216
2226	3280	Ileana Stefana Gama	01:01:52	00:59:45	VET A	345	F	1192		00:48:16	2136
2227	2036	Mª Jesús Gómez Corral	01:01:52	00:56:46	VET B	246	F	1193		00:49:23	2222
2228	3156	Esperanza Sande Charlon	01:01:52	00:56:36	VET B	247	F	1194		00:48:47	2177
2229	3459	María José Vila Garcia	01:01:54	00:56:34	VET C	97	F	1195		00:48:50	2184
2230	2737	Alejandro Pérez Fernández	01:01:54	00:56:56	VET A	306	M	1035		00:49:39	2250
2231	997	Belén Sedes Manteiga	01:01:54	00:56:29	VET B	248	F	1196		00:50:07	2292
2232	2268	Mar Lopez Carreiras	01:01:55	00:56:35	Senior	300	F	1197		00:48:53	2188
2233	2930	Marta Revuelta Seijo	01:01:55	00:56:29	VET A	346	F	1198		00:50:07	2295
2234	3061	Andrea Rojo López	01:01:55	00:59:47	Sub 19	124	F	1199		00:48:19	2140
2235	2012	Angeles Gayoso López	01:01:56	00:57:58	VET B	249	F	1200		00:48:48	2179
2236	3447	María Elena Vidal Malde	01:01:56	00:57:10	VET B	250	F	1201		00:49:18	2212
2237	1387	Rocio Alexandra Carrasco Vieites	01:01:57	00:58:24	Sub 23	41	F	1202		00:48:56	2197
2238	915	Nicolas Villanueva Sanchez	01:01:57	00:58:23	Sub 23	44	M	1036	OLIMPICO VEDRA	00:48:59	2201
2239	1567	Pilar Currás Castiñeira	01:01:57	00:57:10	VET B	251	F	1203		00:49:18	2211
2240	901	Antonio Oliva Mariño	01:01:57	00:57:10	VET C	63	M	1037	No federada	00:45:43	1951
2241	2278	Fernanda López Cobo	01:01:58	00:59:50	VET B	252	F	1204		00:48:15	2133
2242	2238	Julia Leira Vivero	01:01:58	00:57:09	VET B	253	F	1205		00:49:20	2215
2243	3107	Natalia Ruza Pena	01:01:58	00:57:05	VET A	347	F	1206		00:49:20	2214
2244	351	Mercedes López Pérez	01:01:58	00:55:29	VET B	254	F	1207	MERCEDARIAS FERROL	00:50:36	2340
2245	1370	María Fernanda Capozzi Capozzi	01:01:59	00:57:06	VET B	255	F	1208		00:45:43	1952
2246	350	Mercedes Pérez Pereiro	01:02:00	00:55:31	VET D	45	F	1209	MERCEDARIAS FERROL	00:50:35	2338
2247	3472	Jose Villanueva Rey	01:02:00	00:58:27	VET B	198	M	1038		00:48:59	2200
2248	349	Carmen Piñeiro Ramos	01:02:02	00:55:37	VET A	348	F	1210	MERCEDARIAS FERROL	99:99:99	999999
2249	2376	Jaime Lorenzo Bruquetad	01:02:04	00:59:04	VET A	307	M	1039		99:99:99	999999
2250	1975	Pedro Garcia Marin	01:02:04	00:58:08	VET C	64	M	1040		00:48:50	2183
2251	220	Ana Diaz Blanco	01:02:05	00:56:40	VET A	349	F	1211	COLEGIO SAN ROSENDO	00:51:24	2377
2252	2037	Ana Gómez Fernández	01:02:07	00:57:29	VET A	350	F	1212		00:49:33	2243
2253	1563	Priscila Cubero Ferreiro	01:02:08	00:59:14	VET A	351	F	1213		00:48:49	2181
2254	1984	Mónica Garcia Ordás	01:02:09	00:57:31	VET A	352	F	1214		00:49:27	2231
2255	2616	Margarita Ocampo Calvo	01:02:09	00:59:19	Senior	301	F	1215		00:48:53	2189
2256	3022	Adrián Rodríguez Martínez	01:02:10	00:59:18	VET A	308	M	1041		00:48:54	2193
2257	1916	Alberto José Fuentes Garcia	01:02:10	00:59:17	Senior	287	M	1042		00:48:54	2192
2258	2203	Lourdes Lage Angulo	01:02:12	00:59:55	VET B	256	F	1216		00:48:21	2142
2259	2755	Rocio Pérez Porto	01:02:12	00:57:34	VET A	353	F	1217		00:49:33	2242
2260	2623	Mª Teresa Orea Sánchez	01:02:13	00:57:07	VET C	98	F	1218		00:49:26	2225
2261	3446	Olga Cristina Vidal Hermida	01:02:13	00:59:57	VET B	257	F	1219		00:48:23	2144
2262	1466	Alba Cereijo Durán	01:02:13	00:57:09	Sub 23	42	F	1220		00:49:54	2275
2263	1939	Patricia Garcia Alonso	01:02:13	00:57:11	VET B	258	F	1221		00:49:53	2272
2264	1754	Victor M. Feijoo Revilla	01:02:14	00:57:08	VET B	199	M	1043		00:49:25	2224
2265	2031	Elena Gomez Calleja	01:02:14	00:59:59	VET C	99	F	1222		00:48:18	2138
2266	1708	Javier Durán Justo	01:02:14	00:57:11	VET B	200	M	1044		00:49:54	2274
2267	1191	María Del Carmen Barreiro Rodríguez	01:02:23	00:57:41	VET B	259	F	1223		00:50:33	2335

2268	2265	Yolanda López Calvo	01:02:23	00:57:42	VET A	354	F	1224		00:50:29	2331
2269	994	Maria Jesús Santos Bordallo	01:02:26	00:56:57	VET B	260	F	1225	SÍGUEME SI PUEDES	00:50:06	2290
2270	2931	Paula Maria Revuelta Seijo	01:02:27	00:56:59	VET B	261	F	1226		00:50:08	2297
2271	2929	Maria Revuelta Seijo	01:02:27	00:57:00	VET B	262	F	1227		00:50:07	2291
2272	634	Luis Nogueira	01:02:35	00:56:49	VET B	201	M	1045		00:49:25	2223
2273	635	Angeles Rouco Sesar	01:02:35	00:56:49	VET B	263	F	1228		00:49:28	2233
2274	1692	Remedios Dopico Piñeiro	01:02:43	00:59:42	VET D	46	F	1229		00:48:45	2173
2275	100	Elena Roca Miraz	01:02:47	00:57:12	VET A	355	F	1230	Runining Club Altafit Odeon	00:51:06	2363
2276	2746	Montserrat Pérez Martínez	01:02:50	01:00:24	VET B	264	F	1231		00:48:46	2176
2277	1494	Minerva Coira Fernández	01:02:51	00:59:51	Senior	302	F	1232		00:48:09	2119
2278	1493	Gema Coira Fernandez	01:02:51	00:59:52	VET A	356	F	1233		00:48:10	2121
2279	102	Maria Dolres Roca Miraz	01:02:52	00:57:16	VET B	265	F	1234	Runining Club Altafit Odeon	00:51:04	2362
2280	1530	Oscar Cortizas Goli	01:02:52	00:57:01	VET A	309	M	1046		00:50:49	2344
2281	1304	Victor Caaveiro Pena	01:02:53	01:00:11	VET C	65	M	1047		00:48:57	2199
2282	2092	Ainhoa González Rodríguez	01:02:53	00:57:06	VET A	357	F	1235		00:51:11	2371
2283	1058	Aurora Abelleira Pérez	01:02:54	01:00:28	Senior	303	F	1236		00:48:45	2174
2284	3497	David Yusta Ortiz	01:02:54	01:02:54	Senior	288	M	1048		00:50:50	2347
2285	2906	Montserrat Ramos Roman	01:02:56	01:00:17	VET C	100	F	1237		00:48:53	2191
2286	3218	Alba Señor López	01:02:56	01:00:29	Senior	304	F	1238		00:48:55	2194
2287	3222	Cristina Seoane Leal	01:02:56	00:57:08	VET A	358	F	1239		00:51:08	2368
2288	101	Ana Maria Roca Miraz	01:02:57	00:57:23	VET B	266	F	1240	Runining Club Altafit Odeon	00:51:08	2367
2289	2496	Concepción Medin Maceiras	01:02:57	01:01:07	VET D	47	F	1241		00:48:59	2202
2290	1377	Iria Carballeira Vazquez	01:02:57	00:57:09	Senior	305	F	1242		00:51:10	2370
2291	3019	Antonia Rodríguez López	01:02:58	01:01:08	VET D	48	F	1243		00:49:01	2203
2292	268	Javier Alfonso Quintana Nieto	01:02:58	00:59:09	VET B	202	M	1049	REMO SAN FELIPE	00:49:26	2229
2293	257	Maria Soto Santiago	01:02:58	01:02:58	VET A	359	F	1244	REMO SAN FELIPE	00:49:26	2228
2294	4	Maria Adegas Piñon	01:03:01	00:59:28	VET A	360	F	1245	Runining Club Altafit Odeon	00:49:36	2246
2295	76	Lucia Pena Fuentes	01:03:02	00:59:29	VET A	361	F	1246	Runining Club Altafit Odeon	00:49:31	2239
2296	283	Andrea Quintana Soto	01:03:02	00:59:14	Sub 19	125	F	1247	REMO SAN FELIPE	00:49:27	2230
2297	28	Estefania Dominguez Garcia	01:03:04	00:59:35	Senior	306	F	1248	Runining Club Altafit Odeon	00:49:42	2254
2298	1482	Celia Charlton Caaveiro	01:03:05	00:59:03	Sub 19	126	F	1249		00:53:13	2498
2299	1068	Ana Agullo Galan	01:03:05	00:56:47	Senior	307	F	1250		00:50:29	2332
2300	1680	Sara Dopico Carrodegas	01:03:05	00:56:46	Senior	308	F	1251		00:50:28	2329
2301	44	Rosana Garcia Rey	01:03:05	00:59:34	Senior	309	F	1252	Runining Club Altafit Odeon	00:49:42	2255
2302	3334	Mónica Toimil Villalustre	01:03:07	00:58:09	VET B	267	F	1253		00:49:57	2280
2303	103	Maria Luisa Roca Miraz	01:03:08	00:57:34	VET A	362	F	1254	Runining Altafit Odeon	00:51:06	2364
2304	2837	Vanessa Pita Yañez	01:03:08	00:57:35	VET A	363	F	1255		00:50:36	2339
2305	1043	Ana María Fernández Costoyas	01:03:09	00:59:39	VET A	364	F	1256	Urban Runners Club Santiago	00:49:26	2227
2306	3343	Rosa María Torrente Vizoso	01:03:10	00:57:15	VET B	268	F	1257		00:51:27	2384
2307	2437	Mª Beatriz Martín Manzano	01:03:11	00:59:37	VET B	269	F	1258		00:49:26	2226
2308	3450	Eva Vieites Garcia	01:03:13	01:00:08	VET A	365	F	1259		00:49:57	2278
2309	1511	Beatriz Corral Castro	01:03:13	01:00:05	VET A	366	F	1260		00:49:57	2279
2310	2458	Juan Manuel Martínez Gonzalez	01:03:13	00:57:16	VET C	66	M	1050		00:51:27	2385
2311	1510	Rocio Corral Castro	01:03:14	01:00:10	VET A	367	F	1261		00:49:55	2277
2312	1546	Concepción Couselo Núñez	01:03:16	00:58:44	VET D	49	F	1262		00:49:44	2258
2313	3097	Mª Del Mar Romeu Cal	01:03:16	01:01:25	VET B	270	F	1263		00:49:22	2220
2314	2993	Angela Rodríguez Bueno	01:03:18	00:58:39	VET C	101	F	1264		00:49:52	2271
2315	1604	Maria Concepción Díaz Carracedo	01:03:19	00:59:56	VET B	271	F	1265		00:50:13	2300
2316	2369	Mª José López Varela	01:03:20	00:58:50	VET D	50	F	1266		00:49:46	2262
2317	3258	Lucia Solís Romeu	01:03:21	01:01:17	Senior	310	F	1267		00:49:22	2221
2318	1333	Jose Luis Calvo Araujo	01:03:22	01:00:00	VET B	203	M	1051		00:50:13	2301
2319	1606	Montserrat Díaz Castifeira	01:03:23	01:00:00	VET B	272	F	1268		00:50:17	2303
2320	2481	Eva María Martínez Serantes	01:03:24	00:59:57	VET A	368	F	1269		00:51:23	2376
2321	2090	Maria Aurora González Rodríguez	01:03:24	01:00:10	VET C	102	F	1270		00:49:48	2266
2322	881	Lorena María García Pazos	01:03:24	00:59:57	VET A	369	F	1271	nautico de naron	00:51:20	2374
2323	1104	Ana Emilia Álvarez Pérez	01:03:24	01:00:13	VET B	273	F	1272		00:49:47	2265
2324	2086	Oscar Gonzalez Rodriguez	01:03:25	01:00:15	VET B	204	M	1052		00:49:48	2267
2325	1644	Gabriel Díaz Seoane	01:03:26	00:57:43	VET A	310	M	1053		00:50:31	2333
2326	2124	Antonio Grueiro Fernandez	01:03:27	00:58:35	VET D	46	M	1054		00:49:19	2213
2327	3433	Ana María Veiga Piñeiro	01:03:27	00:57:42	VET B	274	F	1273		00:50:34	2337
2328	2827	Susana Pita Corral	01:03:28	00:57:32	VET B	275	F	1274		00:51:29	2388
2329	3389	Rosa Mª Vazquez Corral	01:03:29	00:57:34	VET C	103	F	1275		00:51:30	2391
2330	2826	Ana Eva Pita Corral	01:03:29	00:57:33	VET C	104	F	1276		00:51:30	2390
2331	3133	Silvia San Jose Piñeiro	01:03:32	01:00:12	VET A	370	F	1277		00:49:58	2282
2332	3046	Maria Lucita Rodríguez Romero	01:03:32	00:58:33	VET B	276	F	1278		00:51:26	2381
2333	2548	Vanesa Morado Carballeira	01:03:32	00:58:37	Senior	311	F	1279		00:51:17	2373
2334	1758	Antonio Fernandez Andrade	01:03:34	01:01:01	VET D	47	M	1055		00:49:22	2217
2335	1428	Gloria María Castro Formoso	01:03:35	00:58:34	VET B	277	F	1280		00:51:25	2379
2336	3436	Jose Maria Velo Rodriguez	01:03:36	00:58:21	Senior	289	M	1056		00:50:58	2355
2337	1942	Mª Isabel Garcia Anido	01:03:36	01:01:03	VET C	105	F	1281		00:49:22	2218
2338	1376	Begoña Carballeira Sanjuan	01:03:38	00:58:40	VET B	278	F	1282		00:51:27	2386
2339	2549	Diego Morado Santiago	01:03:39	00:58:41	Sub 23	45	M	1057		99:99:99	999999
2340	3041	Rosa Rodríguez Rodríguez	01:03:39	00:58:25	VET C	106	F	1283		00:50:59	2356
2341	1094	Monica Alvarez Justo	01:03:41	01:00:22	VET A	371	F	1284		00:49:43	2257
2342	1110	Angeles Alvarez Villar	01:03:42	01:00:24	VET C	107	F	1285		00:49:30	2238
2343	2035	Mª Pilar Gómez Civera	01:03:42	01:00:26	VET D	51	F	1286		00:49:27	2232
2344	2594	Luisa Mª Neira Seijo	01:03:42	01:00:27	VET D	52	F	1287		00:49:29	2236
2345	948	Maria Manuela Justo Formoso	01:03:42	01:00:24	VET C	108	F	1288		00:49:40	2252
2346	240	Maria Dacosta López	01:03:42	01:00:24	VET A	372	F	1289	Tirso de Molina	00:49:11	2208
2347	2524	Maria Del Carmen Mera Castro	01:03:43	01:02:51	VET D	53	F	1290		00:49:14	2210
2348	722	Amelia Seijas Díaz	01:03:44	01:01:24	VET C	109	F	1291		00:50:24	2320

2349	241	María Castro Cortina	01:03:44	01:00:25	VET A	373	F	1292	Tirso de Molina	00:49:06	2205
2350	219	Felipe Vazquez Penabad	01:03:46	00:58:20	VET A	311	M	1058	COLEGIO SAN ROSENDO	00:51:17	2372
2351	2523	María Pilar Mera Castro	01:03:46	01:03:13	VET D	54	F	1293		00:49:08	2207
2352	1782	Esther Fernández Fernández	01:03:47	00:58:06	VET C	110	F	1294		00:52:38	2462
2353	1830	María Dolores Fernández Villamar	01:03:47	00:58:39	VET A	374	F	1295		00:50:21	2311
2354	721	Eyda Lina Osorio Hernández	01:03:48	01:01:27	VET C	111	F	1296		00:50:24	2318
2355	3093	María Del Carmen Romero Santiago	01:03:49	00:58:09	VET C	112	F	1297		00:52:33	2456
2356	2725	Jose Antonio Pereira Martínez	01:03:49	00:58:21	VET C	67	M	1059		00:52:39	2465
2357	3002	Fernando Conrado Rodriguez Fernandez	01:03:51	01:01:44	Senior	290	M	1060		00:49:47	2263
2358	1472	Eva Cernadas Mouriz	01:03:51	00:58:43	Sub 19	127	F	1298		00:50:22	2312
2359	2571	Silvia Mouriz López	01:03:51	00:58:42	VET B	279	F	1299		00:50:22	2313
2360	1855	Luis Filgueira Panceiras	01:03:52	00:59:58	VET C	68	M	1061		00:50:26	2323
2361	1237	Elena Bernabeu Pena	01:03:52	00:57:43	Senior	312	F	1300		00:50:27	2326
2362	2215	Alicia Landeira Fantova	01:03:53	00:57:41	Senior	313	F	1301		00:50:24	2319
2363	1275	José Antonio Bouzón Sanjurjo	01:03:53	01:01:39	VET B	205	M	1062		00:51:04	2361
2364	2453	Patricia Martínez Dobarro	01:03:55	01:02:28	VET B	280	F	1302		00:46:42	2007
2365	2662	Cristina Panete Couto	01:03:55	01:02:32	VET A	375	F	1303		00:48:10	2122
2366	2402	María Cruz Luaces Lamigueiro	01:03:56	01:00:02	VET B	281	F	1304		00:50:25	2321
2367	3375	Rodrigo Varela Fernandez	01:03:56	01:01:49	VET A	312	M	1063		00:49:52	2270
2368	2357	Carlos López Sanjuan	01:03:56	01:02:32	VET A	313	M	1064		00:48:12	2124
2369	123	Montserrat Tuero Moris	01:03:58	01:01:41	VET B	282	F	1305	Running Club Altafit Odeon	00:49:41	2253
2370	2825	Patricia Pita Castelo	01:03:58	01:01:21	VET A	376	F	1306		00:50:07	2296
2371	3484	Claudia Vivero Pita	01:03:58	01:01:26	Sub 19	128	F	1307		00:50:07	2293
2372	1407	Nuria Casteleiro Meno	01:03:59	01:01:26	Sub 19	129	F	1308		00:50:07	2294
2373	3166	Ines Sanjuan Otero	01:03:59	01:01:41	VET A	377	F	1309		00:49:46	2260
2374	94	Zaira Regueira Lorenzo	01:03:59	01:01:41	Senior	314	F	1310	Running Club Altafit Odeon	00:49:47	2264
2375	3060	Elisa Rojo Lopez	01:03:59	01:01:45	Senior	315	F	1311		00:49:46	2261
2376	2403	Alberto Luaces Martinez	01:04:00	01:00:07	VET A	314	M	1065		00:50:26	2322
2377	2119	Patricia Graña Morado	01:04:00	00:59:23	VET B	283	F	1312		00:50:32	2334
2378	3510	Eladia Ameneiros Domato	01:04:01	00:59:31	VET C	113	F	1313	MERCEDARIAS FERROL	00:50:56	2351
2379	1763	Teresa Fernández Beceiro	01:04:01	01:01:08	VET C	114	F	1314		00:50:05	2288
2380	3062	Tania Rojo López	01:04:01	01:01:53	Senior	316	F	1315		00:49:50	2268
2381	1196	María Luisa Barro Vazquez	01:04:01	00:59:24	VET C	115	F	1316		00:50:34	2336
2382	313	Ruth Perez Garcia	01:04:02	00:59:31	VET B	284	F	1317	MERCEDARIAS FERROL	00:50:57	2353
2383	1824	Elba Fernández Seijo	01:04:02	00:58:04	VET C	116	F	1318		00:50:21	2310
2384	1491	Jorge Cobelo Permuy	01:04:02	00:58:05	Senior	291	M	1066		00:50:22	2314
2385	2646	Aurora Otero Salvador	01:04:02	01:02:41	VET B	285	F	1319		00:49:29	2237
2386	2048	Manuel Gómez Rubio	01:04:04	01:02:44	VET B	206	M	1067		00:48:13	2130
2387	2913	Mª Carmen Rascado Suárez	01:04:05	01:01:11	VET C	117	F	1320		00:50:05	2289
2388	3091	Fariada Romero Royo	01:04:05	01:02:39	VET A	378	F	1321		00:49:29	2235
2389	3331	Sandra Tizón Núñez	01:04:05	01:02:41	VET A	379	F	1322		00:49:22	2219
2390	1684	Carlos Dopico Fernández	01:04:09	00:58:35	VET A	315	M	1068		00:51:01	2360
2391	1625	Jesús Raúl Díaz Menjibar	01:04:09	00:58:35	VET A	316	M	1069		00:51:01	2357
2392	1092	Mª Piedad Alvarez Coso	01:04:14	01:00:32	VET D	55	F	1323		00:50:17	2302
2393	1898	María José Freán Vidal	01:04:14	01:01:11	VET C	118	F	1324		00:50:19	2305
2394	2064	Concepción González Colino	01:04:14	01:01:10	VET C	119	F	1325		00:50:20	2306
2395	1479	Juan José Chamorro Ricoy	01:04:16	00:59:46	VET D	48	M	1070		00:50:48	2343
2396	1652	María Díaz Vilario	01:04:17	01:01:55	VET B	286	F	1326		00:49:36	2245
2397	3226	María Seoane Rodríguez	01:04:17	00:59:19	VET B	287	F	1327		00:51:55	2416
2398	3409	Mª Del Carmen Vazquez Rodriguez	01:04:17	00:59:10	VET B	288	F	1328		00:51:53	2414
2399	2514	Marina Méndez Ramos	01:04:18	01:04:18	VET B	289	F	1329		00:48:29	2155
2400	1148	Diego Aranguren Pita	01:04:18	00:59:08	VET A	317	M	1071		00:51:54	2415
2401	1614	Mªcarmen Díaz Fernández	01:04:18	01:04:18	VET D	56	F	1330		00:50:48	2342
2402	2513	Ana María Méndez Ramos	01:04:18	01:04:18	VET B	290	F	1331		00:48:28	2153
2403	1711	Mª Del Carmen Durán Ramos	01:04:19	01:04:19	VET C	120	F	1332		99:99:99	999999
2404	2239	Antonio Leirachá Aneiros	01:04:19	00:58:42	VET C	69	M	1072		00:52:18	2435
2405	2184	Rocio Iñarra De Pazos	01:04:20	01:01:58	VET C	121	F	1333		00:49:39	2249
2406	1821	Vanessa Fernández Salgado	01:04:20	01:01:23	VET A	380	F	1334		00:49:42	2256
2407	1408	Montserrat Casteleiro Pereira	01:04:21	01:01:33	VET B	291	F	1335		00:50:51	2348
2408	1704	Fini Durán Criado	01:04:21	01:04:21	VET B	292	F	1336		00:48:42	2170
2409	3123	Tomas Sacristan Agullo	01:04:21	01:01:29	VET B	207	M	1073		00:50:08	2298
2410	2627	Evangelina Orjales Allegue	01:04:23	01:01:41	VET B	293	F	1337		00:50:57	2352
2411	1030	Manuela Corral Vázquez	01:04:24	01:02:03	VET C	122	F	1338	triatlon ferrol	00:50:58	2354
2412	1676	Orinda Don Anjos Salgado	01:04:24	01:01:22	VET D	57	F	1339		00:49:45	2259
2413	1822	Aurora Fernández Salgado	01:04:25	01:01:23	VET A	381	F	1340		00:49:50	2269
2414	1031	Lorena Lorenzo Corral	01:04:25	01:02:01	VET A	382	F	1341	triatlon ferrol	00:50:53	2350
2415	2834	Pili Pita Piñon	01:04:27	01:04:27	VET B	294	F	1342		99:99:99	999999
2416	1506	Soledad Corgo Blanco	01:04:28	01:00:26	Senior	317	F	1343		00:51:01	2359
2417	1616	Yolanda Díaz Fernández	01:04:29	00:58:50	Sub 23	43	F	1344		00:51:08	2366
2418	1781	María Angeles Fernandez Fernandez	01:04:29	00:59:03	VET C	123	F	1345		00:50:00	2284
2419	2579	Monica Muiños Orjales	01:04:29	01:00:27	VET B	295	F	1346		00:51:01	2358
2420	1809	Olga Fernández Novo	01:04:31	00:58:52	VET A	383	F	1347		00:51:07	2365
2421	52	María Jesus Lopez Bellon	01:04:31	00:59:05	VET C	124	F	1348	Running Altafit Odeon	00:49:59	2283
2422	57	Juana Lopez Teijeiro	01:04:32	00:59:06	VET B	296	F	1349	Running Altafit Odeon	00:50:01	2286
2423	2136	Mónica Gutierrez Trullás	01:04:33	01:01:23	VET B	297	F	1350		00:50:02	2287
2424	1373	Angeles Carbajo Garcia	01:04:34	00:59:05	VET A	384	F	1351		99:99:99	999999
2425	2451	María Teresa Martínez Diaz	01:04:34	00:59:06	VET A	385	F	1352		00:52:12	2430
2426	1576	Dolores Dasantes Darriba	01:04:35	00:59:03	VET A	386	F	1353		00:52:11	2429
2427	2091	María González Rodríguez	01:04:36	01:02:22	VET A	387	F	1354		00:50:48	2341
2428	1923	Juana Mª Gadañón Rodriguez	01:04:40	01:00:14	VET D	58	F	1355		00:50:26	2324
2429	3205	Andrés Sedes Pita	01:04:40	01:00:14	VET D	49	M	1074		00:50:26	2325

2430	2472	Dolores Martínez Pereira	01:04:43	01:02:30	VET A	388	F	1356		00:50:49	2346
2431	1124	Daniel Anca Lopez	01:04:45	01:02:16	VET C	70	M	1075		00:50:19	2304
2432	3005	Josefa Rodríguez Formoso	01:04:45	01:02:14	VET C	125	F	1357		00:50:11	2299
2433	1306	María Isabel Caaveiro Rivas	01:04:48	01:00:44	VET A	389	F	1358		99:99:99	999999
2434	1742	María Lorena Fachal Castro	01:04:51	01:01:07	VET A	390	F	1359		00:51:32	2395
2435	715	Antonio Vazquez Vazquez	01:04:52	01:04:52	VET C	71	M	1076		00:52:10	2428
2436	1320	Marta Cainzos Fernández	01:04:52	01:00:27	VET A	391	F	1360		00:52:35	2460
2437	2955	Juan Rilo González-vallés	01:04:53	01:00:28	VET A	318	M	1077		00:52:34	2458
2438	1439	María José Castro Pena	01:04:54	01:01:10	VET C	126	F	1361		00:51:30	2393
2439	3387	Vanessa Vázquez Cal	01:04:55	01:01:23	Senior	318	F	1362		99:99:99	999999
2440	1076	Marta Allegue Rodríguez	01:04:56	01:01:32	VET A	392	F	1363		00:52:33	2455
2441	3445	María Angela Vich Bouza	01:04:57	01:01:22	VET C	127	F	1364		99:99:99	999999
2442	1225	Mª Carmen Bellon Cazon	01:04:57	01:00:58	VET A	393	F	1365		00:51:32	2394
2443	3509	M Sonia Díaz Bermudez	01:04:59	01:01:05	VET A	394	F	1366		00:51:30	2392
2444	1882	María Fraga Sanchez	01:04:59	01:02:11	VET C	128	F	1367		00:51:28	2387
2445	2617	Julia Ocampo Leal	01:05:00	01:02:10	VET D	59	F	1368		00:51:26	2382
2446	1599	Mercedes Derung Cachaza	01:05:01	01:02:11	VET D	60	F	1369		00:51:29	2389
2447	2329	José Manuel López Nodar	01:05:01	01:02:10	VET C	72	M	1078		00:51:09	2369
2448	1355	Mª Francisca Campo Freire	01:05:02	01:01:24	VET D	61	F	1370		00:50:21	2309
2449	3271	Agustín Souto Diaz	01:05:02	01:01:33	VET D	50	M	1079		00:50:28	2328
2450	2500	María De La Paz Meizoso Loureda	01:05:02	01:02:13	VET C	129	F	1371		00:51:23	2375
2451	2735	Marta Pérez Fernández	01:05:02	01:01:24	VET C	130	F	1372		00:50:23	2316
2452	1719	José Miguel Escapa Le Page	01:05:03	01:00:41	VET D	51	M	1080		00:51:42	2402
2453	2346	Antonio López Rivas	01:05:03	01:01:01	VET C	73	M	1081		00:50:28	2330
2454	3212	Angel Sejjido Platas	01:05:04	01:01:19	VET C	74	M	1082		00:50:28	2327
2455	1558	Yolanda Cruz Ramos	01:05:06	01:02:17	VET B	298	F	1373		00:51:26	2380
2456	3302	Demetrio Talavero Sanguino	01:05:07	01:00:44	VET C	75	M	1083		00:51:47	2407
2457	1905	Gloria María Freire Gómez	01:05:08	00:59:25	VET B	299	F	1374		00:51:52	2412
2458	2099	María Del Mar González Veiga	01:05:10	00:59:28	VET B	300	F	1375		00:51:59	2418
2459	2100	María Belén González Veiga	01:05:11	00:59:28	VET A	395	F	1376		00:52:00	2420
2460	1218	Mª Belén Bellas Cebreiro	01:05:12	00:59:46	VET B	301	F	1377		00:52:03	2425
2461	1219	María Teresa Bellas Cebreiro	01:05:12	00:59:44	VET C	131	F	1378		00:52:02	2423
2462	996	Raul Santiago Suarez	01:05:14	01:02:25	Senior	292	M	1084		00:50:24	2317
2463	2780	Mar Pernas Márquez	01:05:15	00:59:08	VET B	302	F	1379		00:53:24	2511
2464	298	Mª Jose Mosquera Beceiro	01:05:16	01:00:03	VET B	303	F	1380	MERCEDARIAS FERROL	00:53:35	2529
2465	1689	María Dopico López	01:05:22	01:00:15	Senior	319	F	1381		00:52:10	2427
2466	2425	Angela Mari Cupeiro	01:05:22	01:05:22	VET C	132	F	1382		00:49:40	2251
2467	627	Belkiss Bellas Quintiana	01:05:22	01:02:34	VET A	396	F	1383		00:50:23	2315
2468	2779	Ana María Pernas Márquez	01:05:26	00:59:20	VET C	133	F	1384		00:53:24	2510
2469	1432	Belen Castro Mani	01:05:27	01:05:27	VET A	397	F	1385		00:49:36	2247
2470	2331	Saila Lopez Nuñez	01:05:27	01:05:27	Senior	320	F	1386		00:52:14	2431
2471	1629	Alejandra Diaz Pernas	01:05:27	00:59:16	VET A	398	F	1387		00:53:27	2512
2472	1630	Adrián Diaz Pernas	01:05:27	00:59:16	Senior	293	M	1085		00:53:22	2508
2473	1709	Isabel Durán Justo	01:05:28	01:00:22	VET B	304	F	1388		00:51:53	2413
2474	1468	Monica Cerejio García	01:05:29	01:00:25	VET B	305	F	1389		00:51:45	2404
2475	2544	Raquel Montero Mateanz	01:05:29	01:00:28	VET B	306	F	1390		00:51:47	2405
2476	1467	Carolina Cerejio García	01:05:29	01:00:23	VET A	399	F	1391		00:51:47	2406
2477	3130	Virginia Salvo Del Canto	01:05:31	01:02:27	VET B	307	F	1392		00:51:41	2401
2478	2227	Mª Isabel Legarreta Espifeira	01:05:31	01:02:26	VET B	308	F	1393		00:51:42	2403
2479	3078	Guillermo Romero Eyaralar	01:05:33	01:05:33	Senior	294	M	1086		00:52:30	2449
2480	2501	Rosa Meléndez Pasquín	01:05:36	01:01:06	VET C	134	F	1394		99:99:99	999999
2481	3059	Jose Mª Rojano Galea	01:05:37	01:01:03	VET C	76	M	1087		00:51:36	2398
2482	3332	Mª Luz Tizón Quintillán	01:05:37	01:00:02	VET C	135	F	1395		00:53:17	2501
2483	2138	María Pilar Hermida Fernández	01:05:39	01:00:54	VET C	136	F	1396		00:51:59	2417
2484	1086	Juan Alonso González	01:05:41	01:00:21	VET D	52	M	1088		00:53:17	2504
2485	1151	Ramiro Ardao Cao	01:05:41	01:00:58	VET C	77	M	1089		00:52:00	2419
2486	3312	Carmen Teijeiro Sande	01:05:44	01:01:01	VET D	62	F	1397		00:52:30	2448
2487	2709	Remedios Pena Gómez	01:05:44	01:01:03	VET C	137	F	1398		00:52:24	2443
2488	3120	Luz Mª Sabin López	01:05:45	01:02:01	VET C	138	F	1399		00:51:48	2409
2489	2082	Encarnacion Gonzalez Pico	01:05:45	01:01:01	VET C	139	F	1400		00:52:32	2453
2490	301	Susana Lorenzo Vazquez	01:05:46	01:00:32	VET A	400	F	1401	MERCEDARIAS FERROL	00:54:12	2560
2491	1600	María Isable Derungs Cachaza	01:05:46	01:01:40	VET C	140	F	1402		00:52:41	2472
2492	1222	Isabel Bello Cordal	01:05:47	01:02:05	VET C	141	F	1403		00:51:49	2411
2493	3348	Ana Torres Mata	01:05:47	01:01:22	VET B	309	F	1404		00:52:03	2424
2494	3272	Celestino Souto Dopico	01:05:47	01:01:43	VET C	78	M	1090		00:52:41	2470
2495	300	Daniel Lata Muñíos	01:05:48	01:00:37	VET A	319	M	1091	MERCEDARIAS FERROL	00:54:19	2564
2496	731	Reveca Lopez Alvarinho	01:05:49	01:00:38	Senior	321	F	1405		00:52:39	2467
2497	730	Cristina Diaz Beceiro	01:05:50	01:00:40	VET A	401	F	1406		00:52:40	2469
2498	729	Elena Alvarinho Lopez	01:05:52	01:00:43	VET B	310	F	1407		00:52:41	2471
2499	1098	Milagros Álvarez Martín	01:05:56	01:02:14	VET C	142	F	1408		00:51:48	2408
2500	1111	Mª De Los Ángeles Álvarez Vinaza	01:05:57	01:02:14	VET B	311	F	1409		00:51:49	2410
2501	1669	Carlos Dominguez Alvarado	01:06:07	01:02:09	VET A	320	M	1092		00:51:33	2397
2502	2878	Angeles Puentes Maceiras	01:06:07	01:02:10	VET A	402	F	1410		00:52:28	2447
2503	1115	Rutinea Alves Da Silva	01:06:07	01:02:03	Senior	322	F	1411		00:52:39	2466
2504	2589	Mª Isabel Naveiras Bouza	01:06:07	01:02:03	VET B	312	F	1412		00:52:26	2445
2505	1679	Alfonso Dopico Caneiro	01:06:08	01:02:18	VET B	208	M	1093		00:52:25	2444
2506	1134	Mónica Aneiros Naveiras	01:06:08	01:02:05	VET B	313	F	1413		00:52:21	2440
2507	1400	Monste Casal Crego	01:06:08	01:02:10	VET C	143	F	1414		00:51:33	2396
2508	3444	Belen Vich Bouza	01:06:08	01:01:19	VET C	144	F	1415		00:51:39	2400
2509	3004	Begoña Rodríguez Fernández	01:06:10	01:01:27	VET A	403	F	1416		00:52:49	2480
2510	2564	Jose Mosquera Agrelo	01:06:10	01:01:19	VET C	79	M	1094		00:51:38	2399

2511	444	Manuel Caneiro López	01:06:11	01:03:36	VET D	53	M	1095	ARGODERSE NARÓN	00:52:06	2426
2512	2418	Marta Manivesa Estévez	01:06:11	01:01:58	Senior	323	F	1417		00:52:51	2483
2513	467	Silvia Rodríguez Fernández	01:06:11	01:01:59	Senior	324	F	1418	ATLETISMO NARON	00:52:46	2476
2514	443	Rocio Caneiro Caneiro	01:06:11	01:03:39	VET B	314	F	1419	ARGODERSE NARÓN	00:52:00	2421
2515	2801	Cristina Piñeiro Couce	01:06:12	01:01:59	Senior	325	F	1420		00:52:55	2488
2516	1112	Rita Alvarinho Paz	01:06:13	01:01:32	Sub 23	44	F	1421		00:52:54	2485
2517	1668	Daniel Domingo Dopico	01:06:13	01:02:01	VET A	321	M	1096		00:52:50	2481
2518	1257	Isabel Bollain Rodriguez	01:06:14	01:01:23	VET C	145	F	1422		00:52:49	2478
2519	1133	Cristina Aneiros Naveiras	01:06:14	01:06:14	VET C	146	F	1423		00:52:32	2454
2520	1272	Isabel Bouza Ponce	01:06:16	01:02:14	VET D	63	F	1424		00:52:40	2468
2521	3396	Ana Vazquez Giz	01:06:19	01:03:51	VET A	404	F	1425		00:51:24	2378
2522	1258	Carlos Bollain Rodriguez	01:06:19	01:01:35	VET C	80	M	1097		00:52:49	2479
2523	2112	Olga Grandal Lopez	01:06:19	01:01:28	VET C	147	F	1426		00:52:48	2477
2524	2935	Patricia Rey Liao	01:06:19	01:00:40	VET A	405	F	1427		00:53:06	2494
2525	113	Ana Beatriz Senra Lamela	01:06:20	01:02:42	VET B	315	F	1428	Running Altafit Odeon	00:53:20	2505
2526	38	Aranzazu Gago Chao	01:06:21	01:02:43	VET A	406	F	1429	Running Altafit Odeon	00:53:23	2509
2527	128	Veronica Vilela Mouriz	01:06:22	01:02:44	VET A	407	F	1430	Running Altafit Odeon	00:53:17	2503
2528	114	María Belen Senra Lamela	01:06:22	01:02:45	VET B	316	F	1431	Running Altafit Odeon	00:53:17	2502
2529	2611	Catuxa Nuñez Dapena	01:06:24	01:00:47	VET A	408	F	1432		00:53:10	2496
2530	976	Ana Nuñez Dapena	01:06:24	01:00:47	VET A	409	F	1433		00:53:06	2495
2531	1584	Mª Jesús De La Huerta Martínez	01:06:29	01:01:24	VET C	148	F	1434		00:52:58	2491
2532	1585	Mª Luz De La Huerta Martínez	01:06:30	01:01:38	VET D	64	F	1435		00:53:03	2493
2533	771	María Sonia Fandiño Fernandez	01:06:30	01:01:53	VET A	410	F	1436	JESUS MAESTRO	00:52:59	2492
2534	2088	Silvano González Rodríguez	01:06:30	00:59:30	VET A	322	M	1098		00:52:31	2450
2535	3326	Carolina Tenreiro Fernandez	01:06:31	01:02:31	VET A	411	F	1437		00:52:36	2461
2536	3054	Ana Mª Rodríguez Vidal	01:06:33	01:00:30	VET B	317	F	1438		99:99:99	999999
2537	3232	Mª Jesús Serantes Iglesias	01:06:34	01:00:32	VET B	318	F	1439		99:99:99	999999
2538	1582	María Ague De La Barrera Garcia	01:06:42	01:01:56	VET C	149	F	1440		00:52:54	2486
2539	1995	María García Sánchez	01:06:44	01:02:31	VET B	319	F	1441		00:52:46	2475
2540	1827	Elena Fernández Troncoso	01:06:45	01:01:59	VET C	150	F	1442		00:52:53	2484
2541	1473	Francisco Javier Cemadas Veiga	01:06:45	01:02:01	VET B	209	M	1099		00:52:55	2490
2542	3360	Lucía Urliaga Estevez	01:06:45	01:02:35	VET B	320	F	1443		00:52:51	2482
2543	2374	Sara Lorente Perez	01:06:50	01:01:49	Sub 19	130	F	1444		00:53:33	2527
2544	946	Soledad Montes Garcia	01:06:50	01:01:52	VET B	321	F	1445	PULPEIROS MUGARDOS	00:53:31	2520
2545	944	Alba Caínzos Ares	01:06:50	01:01:52	Sub 19	131	F	1446	PULPEIROS MUGARDOS	00:53:33	2525
2546	945	Sofía García Suarez	01:06:50	01:01:54	Sub 19	132	F	1447	PULPEIROS MUGARDOS	00:53:35	2528
2547	345	Mª Luz Luaces Leal	01:06:54	01:03:13	VET D	65	F	1448	MERCEDARIAS FERROL	00:52:43	2473
2548	346	Dolores Rodríguez López	01:06:57	01:03:14	VET D	66	F	1449	MERCEDARIAS FERROL	00:52:46	2474
2549	2952	Jesús Salvador Rico López	01:06:57	01:02:27	VET B	210	M	1100		00:53:47	2535
2550	3066	María Victoria Romaus Santos	01:06:58	01:02:28	VET B	322	F	1450		00:53:48	2536
2551	1298	Vanesa Bustabad Hermida	01:07:03	01:02:37	Senior	326	F	1451		00:53:48	2537
2552	3487	Estrella Yáñez Aguilar	01:07:04	01:04:00	VET C	151	F	1452		00:52:19	2438
2553	2712	Concepción Pena López	01:07:04	01:03:26	VET D	67	F	1453		00:52:26	2446
2554	3095	Mª Consuelo Romeu Cal	01:07:05	01:04:58	VET B	323	F	1454		00:52:02	2422
2555	1688	José Luis Dópico Guerra	01:07:05	01:06:12	VET C	81	M	1101		99:99:99	999999
2556	3096	Mª José Romeu Cal	01:07:09	01:05:04	VET C	152	F	1455		00:52:16	2433
2557	943	Marta Ares Otero	01:07:28	01:02:31	VET A	412	F	1456	PULPEIROS MUGARDOS	00:53:33	2524
2558	2806	Verónica Piñeiro Leira	01:07:28	01:04:26	VET A	413	F	1457		00:53:31	2521
2559	2741	Gloria Perez Lago	01:07:28	01:02:28	VET B	324	F	1458		00:53:31	2522
2560	3053	Mª Del Pilar Rodríguez Venancio	01:07:29	01:03:16	VET B	325	F	1459		00:52:54	2487
2561	2896	Nuria Ramos Basoa	01:07:29	01:04:27	VET A	414	F	1460		00:53:33	2523
2562	2785	Ramón Picallo Piñón	01:07:30	01:03:17	VET B	211	M	1102		00:52:55	2489
2563	1532	Angela Mª Cortizas Rey	01:07:33	01:01:52	VET C	153	F	1461		00:54:06	2552
2564	2743	Mª José Pérez Lago	01:07:33	01:01:58	VET B	326	F	1462		00:54:07	2555
2565	505	Sandra López García	01:07:37	01:05:17	VET A	415	F	1463	BENYGIN	00:52:16	2434
2566	1760	Sara Fernández Basanta	01:07:43	01:02:41	Senior	327	F	1464		00:55:05	2625
2567	222	Josefa Garcia Vergara	01:07:47	01:02:44	VET D	68	F	1465	Colexio San Rosendo Ferrol	00:54:59	2622
2568	2270	Ana López Casal	01:07:49	01:03:12	VET A	416	F	1466		00:54:09	2556
2569	2237	Saray Leira Veiga	01:07:55	01:02:12	Senior	328	F	1467		00:54:22	2565
2570	3431	Mª Dolores Veiga Fraga	01:07:55	01:02:12	VET C	154	F	1468		00:54:22	2567
2571	2895	Ana Cristina Ramirez Perez	01:07:59	01:05:12	VET A	417	F	1469		00:53:30	2516
2572	2444	Iago Martínez	01:08:02	01:04:35	VET A	323	M	1103		00:53:30	2517
2573	2715	Rosa Ana Pena Seoane	01:08:02	01:04:33	VET A	418	F	1470		00:53:36	2530
2574	2970	Ricardo Rivas Sillero	01:08:14	01:06:03	VET D	54	M	1104		00:52:24	2442
2575	1732	Juan Estevez Otero	01:08:15	01:06:04	VET D	55	M	1105		00:52:23	2441
2576	1276	Soledad Brage Gomez	01:08:16	01:01:16	VET B	327	F	1471		00:54:47	2606
2577	2683	Sabela Parquiña Bellon	01:08:17	01:08:17	Sub 23	45	F	1472		00:54:49	2610
2578	1226	Cristina Bellon Puignau	01:08:17	01:08:17	VET B	328	F	1473		00:54:50	2612
2579	1236	María José Bermúdez Santiago	01:08:18	01:06:24	VET A	419	F	1474		00:53:53	2539
2580	760	Sofía Blanco Liaño	01:08:18	01:06:26	VET A	420	F	1475	JESUS MAESTRO	00:53:56	2543
2581	3289	Mercedes Suárez Pose	01:08:20	01:04:15	VET D	69	F	1476		00:54:06	2553
2582	1129	Iria Aneiros Diaz	01:08:21	01:03:44	Senior	329	F	1477		00:54:34	2586
2583	1364	Lidia Canicoba Gato	01:08:22	01:03:43	Senior	330	F	1478		00:54:32	2584
2584	2855	María Porto Vila	01:08:23	01:03:46	VET B	329	F	1479		00:54:33	2585
2585	2753	Area Pérez Piñeiro	01:08:24	01:03:43	Senior	331	F	1480		00:54:35	2587
2586	2338	Lara López Porto	01:08:24	01:03:43	Senior	332	F	1481		00:54:30	2581
2587	2180	Hermínia Iglesias Vilela	01:08:26	01:04:23	VET D	70	F	1482		00:54:09	2557
2588	3148	Abelardo Sánchez Sanjurjo	01:08:27	01:04:04	VET C	82	M	1106		00:54:10	2559
2589	723	Carmen Vazquez Ladra	01:08:28	01:06:02	VET C	155	F	1483		00:52:34	2457
2590	720	Antonia González Jove	01:08:28	01:06:07	VET D	71	F	1484		00:52:38	2464
2591	716	Ester Maseda Camba	01:08:28	01:06:21	VET D	72	F	1485	Grupo gimnasia aecc	00:52:35	2459

2592	1998	Mª Teresa García Sillero	01:08:29	01:06:01	VET C	156	F	1486		00:52:32	2452
2593	719	Carmen Castro Casteleiro	01:08:29	01:06:07	VET D	73	F	1487		00:52:38	2463
2594	824	Jose Felix Vazquez De Preada Belascoain	01:08:32	01:06:36	VET A	324	M	1107	JESUS MAESTRO	00:53:44	2533
2595	3371	Ana María Varela Bastida	01:08:33	01:02:45	VET B	330	F	1488		00:54:45	2602
2596	1208	María Del Carmen Bastida Salido	01:08:34	01:02:44	VET D	74	F	1489		00:54:37	2589
2597	2713	María Jose Pena Rojo	01:08:37	01:01:34	VET A	421	F	1490		00:54:38	2592
2598	2491	Cristina Mato Raposo	01:08:37	01:01:33	VET A	422	F	1491		00:54:38	2593
2599	2907	Sonia Rañales Cartelle	01:08:38	01:01:33	Senior	333	F	1492		00:54:38	2590
2600	2172	Juana Mª Iglesias Freijomil	01:08:38	01:04:30	VET B	331	F	1493		00:54:25	2568
2601	908	Alejandra Sevilla Basoa	01:08:39	01:06:02	VET A	423	F	1494	NOETRAINERS FERROL	00:53:12	2497
2602	3460	Soffia Vila Iglesias	01:08:39	01:04:28	Sub 23	46	F	1495		00:54:25	2569
2603	2170	Mª José Iglesias Freijomil	01:08:39	01:04:31	VET B	332	F	1496		00:54:27	2576
2604	2171	Mª Isabel Iglesias Freijomil	01:08:39	01:04:31	VET B	333	F	1497		00:54:25	2571
2605	1392	Jesús Carro Varela	01:08:39	01:04:31	VET B	212	M	1108		00:54:25	2570
2606	2169	Rubén Iglesias Freijomil	01:08:39	01:04:31	VET A	325	M	1109		00:54:26	2574
2607	1522	Rakel Cortizas Figueiras	01:08:39	01:04:31	VET A	424	F	1498		00:54:26	2575
2608	905	Mercedes Basoa López	01:08:40	01:06:03	VET D	75	F	1499	NOETRAINERS FERROL	00:53:28	2513
2609	3370	Marta Varela Bastida	01:08:40	01:02:50	VET B	334	F	1500		00:54:44	2601
2610	3372	Beatriz Varela Bastida	01:08:40	01:02:52	VET A	425	F	1501		00:54:45	2603
2611	2894	Azucena Ramírez Lopez	01:08:40	01:04:21	VET C	157	F	1502		00:53:22	2507
2612	1757	María Del Mar Fernández Ameneiro	01:08:40	01:02:49	VET B	335	F	1503		00:54:45	2604
2613	1909	Manuel Freire Piñon	01:08:41	01:04:22	VET D	56	M	1110		00:53:21	2506
2614	1471	Elena Cernadas Marzoa	01:08:43	01:03:00	VET B	336	F	1504		00:49:07	2206
2615	2668	Begoña Pardo Carro	01:08:44	01:04:38	VET B	337	F	1505		00:53:30	2514
2616	1663	Rosa Mª Doce Blas	01:08:44	01:04:44	VET C	158	F	1506		00:53:30	2515
2617	2206	Mª Teresa Lage Rodriguez	01:08:45	01:02:59	VET B	338	F	1507		00:54:13	2561
2618	2062	Dolores Encarnación González Casal	01:08:46	01:02:59	VET C	159	F	1508		00:54:15	2562
2619	2173	Susana Iglesias González	01:08:47	01:05:02	VET A	426	F	1509		00:54:26	2572
2620	2114	Judit Grandal Mourente	01:08:47	01:04:41	Senior	334	F	1510		00:53:31	2518
2621	2115	Bibiana Grandal Mourente	01:08:47	01:04:42	Senior	335	F	1511		00:53:31	2519
2622	2202	Lidia Labraña Piñon	01:08:48	01:05:02	VET A	427	F	1512		00:54:22	2566
2623	2397	Marina Lourido Gómez	01:08:48	01:07:36	VET B	339	F	1513		00:54:59	2623
2624	1249	Victoria Blanco Mene	01:08:49	01:05:01	VET B	340	F	1514		00:54:29	2579
2625	2778	Elena Pernas Marquez	01:08:49	01:05:02	VET B	341	F	1515		00:54:27	2577
2626	788	Sofía Lopez Nuñez	01:08:49	01:08:49	VET A	428	F	1516	JESUS MAESTRO	00:54:36	2588
2627	2063	Mª Angeles González Casal	01:08:50	01:03:05	VET D	76	F	1517		00:54:19	2563
2628	1967	Leonor Mª García Garran	01:08:51	01:03:09	VET C	160	F	1518		00:55:18	2635
2629	773	Mercedes Fernandez Quintana	01:08:51	01:07:07	VET A	429	F	1519	JESUS MAESTRO	00:53:43	2532
2630	3429	Mada Veiga Fernandez	01:08:56	01:04:51	VET A	430	F	1520		00:54:40	2594
2631	3215	Eugenia Señor Gonzales	01:08:58	01:04:55	VET B	342	F	1521		00:54:43	2599
2632	3189	Marino Santiago Diaz	01:08:58	01:03:16	VET A	326	M	1111		00:55:15	2634
2633	3188	Carme Santiago Diaz	01:08:58	01:03:16	VET A	431	F	1522		00:55:19	2636
2634	3513	Elena González	01:08:58	01:02:54	VET B	343	F	1523		00:56:01	2681
2635	3217	Begoña Señor Gonzales	01:08:58	01:04:54	VET B	344	F	1524		00:54:44	2600
2636	1434	Paula Castro Mazorra	01:08:59	01:02:53	VET B	345	F	1525		00:56:03	2684
2637	1966	María Rosario García Garran	01:09:00	01:03:17	VET C	161	F	1526		00:55:14	2632
2638	1795	Germán Fernández Linares	01:09:00	01:02:54	VET A	327	M	1112		00:56:02	2683
2639	1352	Mª Del Mar Campañó Sousa	01:09:01	01:06:07	VET B	346	F	1527		00:54:01	2547
2640	2578	Mª Teresa Muñños Mauriz	01:09:03	01:06:08	VET B	347	F	1528		00:54:02	2548
2641	3036	Ana Belén Rodríguez Raposo	01:09:03	01:06:26	VET A	432	F	1529		00:54:30	2580
2642	569	Mª Mercedes Carbajales Martinez	01:09:07	01:04:47	VET B	348	F	1530	CLUB DE REMO SAN FELIPE	00:54:41	2596
2643	712	María Del Carmen Castro Freire	01:09:07	01:03:55	VET A	433	F	1531	GIMNASIO CURVES	00:55:36	2663
2644	253	Mª Dolores Serantes Martinez	01:09:08	01:04:09	VET B	349	F	1532	REMO SAN FELIPE	00:54:42	2597
2645	568	Marta Beatriz Bueno Frade	01:09:10	01:04:59	VET B	350	F	1533	CLUB DE REMO SAN FELIPE	00:53:47	2534
2646	279	Sonia Fernandez Garabato	01:09:10	01:05:00	VET A	434	F	1534	REMO SAN FELIPE	00:53:58	2545
2647	1826	Francisco Antonio Fernández Teijeiro	01:09:14	01:03:44	VET B	213	M	1113		00:56:22	2688
2648	2869	Patricia Prieto Pena	01:09:16	01:04:41	VET B	351	F	1535		00:53:16	2500
2649	280	Judit Dueñas Ojeda	01:09:18	01:05:08	Senior	336	F	1536	REMO SAN FELIPE	00:53:58	2544
2650	3401	Lucía Vazquez Loureiro	01:09:18	01:04:41	VET C	162	F	1537		00:54:05	2550
2651	1794	Montserrat Fernández Leira	01:09:19	01:04:58	VET C	163	F	1538		00:53:14	2499
2652	2507	Beatriz Méndez García	01:09:22	01:09:22	VET A	435	F	1539		00:52:18	2436
2653	1271	Javier Bouza Pita	01:09:24	01:05:24	VET B	214	M	1114		99:99:99	999999
2654	266	Susana Dominguez Leira	01:09:26	01:05:07	VET A	436	F	1540	REMO SAN FELIPE	00:54:42	2598
2655	1302	María Jesus Caamaño Vilela	01:09:27	01:04:30	VET A	437	F	1541		00:54:50	2613
2656	3116	Tamara Sabin Caamaño	01:09:28	01:04:26	Senior	337	F	1542		00:54:51	2614
2657	1334	Paula Calvo Belo	01:09:28	01:09:28	VET A	438	F	1543		00:52:19	2437
2658	2061	Virginia González Casal	01:09:28	01:09:28	VET A	439	F	1544		99:99:99	999999
2659	1303	María Del Mar Caamaño Villadoniga	01:09:28	01:04:29	VET A	440	F	1545		00:54:55	2619
2660	2440	Mª Isabel Martín Sanchez	01:09:29	01:03:43	VET B	352	F	1546		00:54:47	2607
2661	1989	Verónica García Perez	01:09:29	01:03:28	VET A	441	F	1547		00:54:58	2620
2662	3112	Mª José Saavedra Martínez	01:09:30	01:04:53	VET C	164	F	1548		00:53:48	2538
2663	1541	María Couce Freijomil	01:09:30	01:03:45	Sub 19	133	F	1549		00:54:48	2608
2664	1899	Ana Belén Freijomil González	01:09:30	01:03:47	VET B	353	F	1550		00:54:49	2609
2665	2777	Begoña Pernas Marquez	01:09:30	01:03:45	VET B	354	F	1551		00:54:49	2611
2666	3441	Estrella Antonia Venturera Rico	01:09:31	01:05:11	VET C	165	F	1552		00:54:04	2549
2667	2811	Belén Piñeiro Rodriguez	01:09:32	01:04:16	Senior	338	F	1553		00:55:43	2674
2668	2117	Nerea Graña Alvarez	01:09:33	01:04:19	Senior	339	F	1554		00:55:45	2677
2669	1994	Noelia García Rodríguez	01:09:34	01:04:18	Senior	340	F	1555		00:55:40	2670
2670	1714	Malena Eiriz Gonzalez	01:09:34	01:07:51	VET A	442	F	1556		00:53:56	2542
2671	2665	Rebeca Pantin Vivero	01:09:34	01:04:06	VET A	443	F	1557		00:56:24	2690
2672	2016	Nieves Gen Santiago	01:09:35	01:07:11	VET A	444	F	1558		00:54:30	2582

2673	1573	María Dapena Iglesias	01:09:36	01:07:54	VET A	445	F	1559		00:53:59	2546
2674	2139	Hermínia Hermda Freire	01:09:37	01:07:10	VET C	166	F	1560		00:54:26	2573
2675	717	Aurora Beceiro Mosquera	01:09:39	01:07:15	VET C	167	F	1561		00:54:27	2578
2676	3416	Javier Vazquez Seoane	01:09:39	01:04:16	VET B	215	M	1115		00:55:43	2675
2677	711	Mª Del Mar Santiago Perez	01:09:39	01:07:14	VET C	168	F	1562	GIMNASIA AECC	00:54:30	2583
2678	271	Silvia María Lopez Carballeira	01:09:41	01:04:44	VET A	446	F	1563	REMO SAN FELIPE	00:55:08	2629
2679	572	José Carlos Rodríguez Lamas	01:09:41	01:04:39	VET B	216	M	1116	CLUB DE REMO SAN FELIPE	00:55:06	2627
2680	2865	Lourdes Prieto Carreira	01:09:42	01:04:21	VET A	447	F	1564		00:55:39	2667
2681	2731	Fabiana Pérez Conte	01:09:42	01:04:20	VET B	355	F	1565		00:55:43	2673
2682	274	María De La O Gato Martínez	01:09:44	01:04:48	VET A	448	F	1566	REMO SAN FELIPE	00:55:09	2630
2683	336	Mª Dolores Busto López	01:09:45	01:05:54	VET A	449	F	1567	MERCEDARIAS FERROL	00:55:34	2656
2684	299	Laura Castaño Lopez	01:09:46	01:05:14	Senior	341	F	1568	MERCEDARIAS FERROL	00:52:15	2432
2685	125	Marta Vazquez Carreira	01:09:48	01:06:04	VET A	450	F	1569	Running Altafit Odeon	00:54:51	2615
2686	64	María Cristina Martínez Iglesias	01:09:48	01:06:04	VET A	451	F	1570	Running Altafit Odeon	00:54:46	2605
2687	308	Julia Pliego Tortosa	01:09:48	01:08:15	VET D	77	F	1571	MERCEDARIAS FERROL	00:52:20	2439
2688	1261	Ana Belén Borreiros Formoso	01:09:49	01:05:57	VET A	452	F	1572		00:55:34	2655
2689	2897	Juana María Ramos Blanco	01:09:49	01:06:00	VET B	356	F	1573		00:55:34	2654
2690	3049	Alexandra Rodríguez Servia	01:09:50	01:03:39	VET A	453	F	1574		00:55:34	2658
2691	1144	Vanesa Antón Martínez	01:09:52	01:06:00	VET A	454	F	1575		00:55:34	2657
2692	1300	Manuel Bustabad Martínez	01:09:52	01:05:22	VET C	83	M	1117		00:53:53	2541
2693	1279	Cristina Bravo Rey	01:09:53	01:06:12	VET D	78	F	1576		00:54:06	2554
2694	1361	Agustín Cancellor Ejarque	01:09:54	01:05:25	VET C	84	M	1118		00:53:53	2540
2695	1867	María Milagros Fonticoba Rodríguez	01:09:55	01:06:12	VET C	169	F	1577		00:54:05	2551
2696	2174	María Iglesias Lata	01:09:55	01:07:17	VET A	455	F	1578		00:54:41	2595
2697	2505	Lara Méndez Bouza	01:09:55	01:03:47	VET A	456	F	1579		00:55:36	2662
2698	65	Paula Martínez Pena	01:09:55	01:03:02	Sub 23	47	F	1580	Runining Club Altafit Odeon	00:55:39	2668
2699	2448	Virginia Martínez Bellón	01:09:55	01:05:27	VET C	170	F	1581		00:55:31	2651
2700	16	María Del Carmen Castro Pena	01:09:56	01:03:02	VET B	357	F	1582	Runining Club Altafit Odeon	00:55:44	2676
2701	2142	Victoria Hermda Montes	01:09:57	01:05:27	VET C	171	F	1583		00:55:27	2646
2702	1326	María Isabel Cal Otero	01:09:57	01:05:29	VET C	172	F	1584		00:55:32	2652
2703	3038	J. Rafael Rodríguez Rivas	01:09:58	01:05:25	VET B	217	M	1119		00:55:31	2649
2704	78	Ana María Pena Martínez	01:10:00	01:03:05	VET B	358	F	1585	Runining Club Altafit Odeon	00:55:39	2669
2705	3159	Ana Sanesteban Cao	01:10:01	01:04:05	VET B	359	F	1586		00:55:27	2644
2706	2873	Mª Montserrat Prieto Vázquez	01:10:01	01:04:04	VET C	173	F	1587		00:55:25	2640
2707	2482	Paula Martínez Tojeiro	01:10:02	01:04:03	VET A	457	F	1588		00:56:49	2708
2708	1435	Josefa Castro Millareano	01:10:04	01:06:24	VET C	174	F	1589		00:54:10	2558
2709	2416	Silvia Manente Lovazzano	01:10:04	01:04:05	VET B	360	F	1590		00:56:50	2709
2710	2757	Lara Pérez Prieto	01:10:05	01:04:07	Senior	342	F	1591		00:55:27	2645
2711	1803	Iria María Fernandez Mariño	01:10:06	01:07:28	Senior	343	F	1592		00:54:38	2591
2712	1212	Roberto Beceiro López	01:10:08	01:05:53	VET A	328	M	1120		00:56:02	2682
2713	3527	Patricia González Piñón	01:10:09	01:05:36	VET B	361	F	1593		00:56:27	2693
2714	284	Monica Soto Santiago	01:10:11	01:06:23	VET A	458	F	1594	REMO SAN FELIPE	00:55:48	2679
2715	796	Isabel Pereira Fonticoba	01:10:11	01:06:24	VET A	459	F	1595	JESUS MAESTRO	00:55:45	2678
2716	19	Sara Cebreiro	01:10:12	01:03:18	Sub 23	48	F	1596	Runining Club Altafit Odeon	00:55:41	2671
2717	2875	María Pubul Nuñez	01:10:14	01:04:32	VET C	175	F	1597		00:49:13	2209
2718	3213	Paloma Seijo Jordan	01:10:16	01:06:01	VET A	460	F	1598		00:55:22	2638
2719	3526	Carmen Aneiros López	01:10:17	01:05:42	VET B	362	F	1599		00:56:25	2691
2720	3525	Tomás Miranda García	01:10:18	01:05:45	VET B	218	M	1121		00:56:26	2692
2721	713	Alba Dopico Alvaríño	01:10:18	01:05:31	VET A	461	F	1600	GIMNASIO CURVES	00:56:15	2685
2722	1921	Mª Paz Fustes Gamundi	01:10:19	01:05:07	VET C	176	F	1601		00:55:22	2639
2723	2330	Elena López Nares	01:10:19	01:05:09	VET C	177	F	1602		00:55:20	2637
2724	1114	Josefa Alvaríño Prieto	01:10:19	01:05:32	VET D	79	F	1603		00:56:18	2687
2725	1920	Rosario Fustes Gamundi	01:10:22	01:05:09	VET C	178	F	1604		00:55:38	2664
2726	2029	Mª José Gómez Bóveda	01:10:23	01:05:08	VET C	179	F	1605		00:55:36	2661
2727	1055	Ángeles Abalo De Dedios	01:10:23	01:05:10	VET C	180	F	1606		00:55:35	2659
2728	2722	Cristina Pereira Figueirido	01:10:24	01:05:01	Sub 23	49	F	1607		00:56:42	2699
2729	776	Paula García Lopez	01:10:25	01:05:00	Sub 19	134	F	1608	JESUS MAESTRO	00:56:46	2704
2730	1786	Mª Yolanda Fernandez Freire	01:10:26	01:05:29	VET B	363	F	1609		00:55:28	2647
2731	2426	Mar Marín Fernández	01:10:26	01:05:32	VET A	462	F	1610		00:55:31	2650
2732	749	Laura Alonso Gonzalez	01:10:26	01:05:03	Senior	344	F	1611	JESUS MAESTRO	00:56:41	2696
2733	2520	Marta Menendez Regueiro	01:10:26	01:05:31	VET B	364	F	1612		00:55:34	2653
2734	802	Sandra Prieto Sanchez	01:10:26	01:05:03	Senior	345	F	1613	JESUS MAESTRO	00:56:41	2697
2735	765	Alba Corral Vazquez	01:10:28	01:05:04	Sub 23	50	F	1614	JESUS MAESTRO	00:56:47	2707
2736	1738	Purificación Evia Tojeiro	01:10:29	01:05:34	VET D	80	F	1615		00:55:27	2642
2737	1938	Mª Teresa García Agulló	01:10:29	01:05:37	VET D	81	F	1616		00:55:27	2643
2738	1726	Mercedes Espiñeira Rios	01:10:30	01:05:37	VET D	82	F	1617		00:55:27	2641
2739	718	Odiña Cabana Gil	01:10:30	01:08:20	VET D	83	F	1618		00:52:31	2451
2740	825	Iria Vilela Bergantiños	01:10:31	01:05:08	Sub 23	51	F	1619	JESUS MAESTRO	00:56:47	2706
2741	1927	Rosa Mª Galdó Aguirre	01:10:40	01:06:48	VET D	84	F	1620		00:55:15	2633
2742	2225	Pilar Leal Santos	01:10:40	01:06:49	VET D	85	F	1621		00:55:13	2631
2743	2292	José Luis López Fresco	01:10:45	01:05:08	VET A	329	M	1122		00:56:45	2703
2744	3017	Patricia Rodríguez Jordán	01:10:46	01:05:09	VET A	463	F	1622		00:56:43	2702
2745	1528	Manuel Cortizas Golpe	01:10:49	01:07:45	VET A	330	M	1123		00:56:29	2694
2746	1864	Salvador Folgar Couso	01:10:54	01:04:02	VET A	331	M	1124		00:58:38	2791
2747	2398	Noel Lozano Dopico	01:11:07	01:05:01	Senior	295	M	1125		00:57:04	2718
2748	3457	María Dolores Vigo Romero	01:11:09	01:05:03	VET B	365	F	1623		00:57:03	2717
2749	2788	Susana Pico Fernandez	01:11:11	01:05:28	Senior	346	F	1624		00:56:43	2701
2750	2392	María Loureiro Fernandez	01:11:11	01:05:28	Senior	347	F	1625		00:56:42	2700
2751	3449	Susana María Vidal Salgado	01:11:12	01:05:06	VET B	366	F	1626		00:57:50	2765
2752	2714	Daniel Pena Rojo	01:11:12	01:11:12	VET A	332	M	1126		00:57:07	2725
2753	1764	Nidia Fernández Becerra	01:11:15	01:11:15	Sub 23	52	F	1627		00:57:04	2719

2754	1836	Veronica Ferrandiz Vigo	01:11:16	01:05:07	Senior	348	F	1628		00:57:06	2720
2755	2490	Belén Mato Raposo	01:11:19	01:11:19	VET A	464	F	1629		00:57:10	2728
2756	342	Mª Carmen Calvo Quero	01:11:19	01:05:24	VET B	367	F	1630	MERCEDARIAS FERROL	00:57:50	2766
2757	1685	Maria Jose Dopic Freire	01:11:19	01:05:13	VET B	368	F	1631		00:57:06	2723
2758	340	Mª Carmen Lidia Soto	01:11:20	01:05:26	VET A	465	F	1632	MERCEDARIAS FERROL	00:57:54	2773
2759	339	Elena Pernas Ochoa	01:11:20	01:05:15	VET B	369	F	1633	MERCEDARIAS FERROL	00:57:51	2768
2760	341	Elena Fernández Bouza	01:11:22	01:05:27	VET B	370	F	1634	MERCEDARIAS FERROL	00:57:52	2771
2761	2903	Maria Vicenta Ramos Montes	01:11:23	01:05:06	VET C	181	F	1635		00:57:10	2729
2762	807	Paula Ruibal Pantin	01:11:23	01:08:35	VET A	466	F	1636	JESUS MAESTRO	00:57:17	2734
2763	3200	Mercedes Seco Fernandez	01:11:23	01:06:26	VET C	182	F	1637		00:55:28	2648
2764	2901	Begoña Ramos Montes	01:11:30	01:05:10	VET B	371	F	1638		00:57:09	2726
2765	658	Lucia García Fernández	01:11:32	01:05:15	VET A	467	F	1639	Equipo Rioxunto	00:57:06	2724
2766	2356	Lidia López Sandomingo	01:11:35	01:05:19	VET A	468	F	1640		00:57:11	2730
2767	649	Alba Rodríguez Gonzalez	01:11:35	01:06:01	Senior	349	F	1641	CLUB OLYMPO AS PONTES	00:57:18	2737
2768	651	Alexandra López Leira	01:11:37	01:05:42	Senior	350	F	1642	El zueco veloz	00:57:17	2735
2769	666	Maria Luisa Leira Corral	01:11:37	01:05:45	VET B	372	F	1643	Error! Ferrol	00:57:25	2740
2770	1354	Isabel Campo Fernández	01:11:39	01:06:16	VET B	373	F	1644		00:59:02	2809
2771	652	Paula Seco Ramos	01:11:39	01:06:09	VET A	469	F	1645	El zueco veloz	00:57:19	2738
2772	650	Alba Campello Calvo	01:11:39	01:05:46	Senior	351	F	1646	El zueco veloz	00:57:26	2744
2773	3051	Maria Dolores Rodríguez Vázquez	01:11:42	01:07:53	VET D	86	F	1647		00:55:02	2624
2774	81	Maria Perez Rivas	01:11:43	01:07:31	VET A	470	F	1648	Runining Club Altafit Odeon	00:56:57	2714
2775	3499	Luz María González Soñara	01:11:43	01:06:19	VET B	374	F	1649		00:58:59	2808
2776	82	Ana Perez Rivas	01:11:44	01:07:31	VET A	471	F	1650	Runining Club Altafit Odeon	00:56:57	2712
2777	84	Manuel Perez Rivas	01:11:44	01:07:35	VET A	333	M	1127	Runining Club Altafit Odeon	00:56:57	2713
2778	2399	José Lozano Lorenzo	01:11:45	01:07:59	VET D	57	M	1128		00:55:06	2626
2779	1647	Cristina Díaz Souto	01:11:46	01:08:29	VET A	472	F	1651		00:56:56	2711
2780	2705	Ramón Peleteiro Ramos	01:11:48	01:08:00	VET D	58	M	1129		00:55:07	2628
2781	1713	Miriam Eimil Chao	01:11:58	01:07:19	Sub 23	53	F	1652		00:57:14	2733
2782	2786	Ariana Picallo Rogriguez	01:11:58	01:07:49	Sub 23	54	F	1653		00:56:53	2710
2783	790	Lucia Maneiros Losada	01:12:01	01:06:13	Sub 19	135	F	1654	JESUS MAESTRO	00:56:22	2689
2784	1632	Alexandra Diaz Ramos	01:12:01	01:07:24	Senior	352	F	1655		00:57:11	2731
2785	2294	Chus López García	01:12:05	01:09:01	VET B	375	F	1656		00:57:28	2749
2786	789	Mª Fatima Losada Calvo	01:12:05	01:06:17	VET B	376	F	1657	JESUS MAESTRO	00:56:17	2686
2787	2503	Mercedes Menaya López	01:12:07	01:09:03	VET C	183	F	1658		00:57:29	2750
2788	748	Mª Begoña Alguacil Aznarez	01:12:09	01:06:19	VET B	377	F	1659	JESUS MAESTRO	00:57:00	2716
2789	1486	Sara Cives Negreira	01:12:15	01:07:35	Senior	353	F	1660		00:57:12	2732
2790	1481	Marisol Chao Diaz	01:12:16	01:07:39	VET B	378	F	1661		00:57:09	2727
2791	2899	Begoña Ramos Iglesias	01:12:16	01:07:37	VET B	379	F	1662		00:57:17	2736
2792	2298	Verónica López González	01:12:25	01:06:29	VET A	473	F	1663		00:58:44	2794
2793	1840	Rosa Ferreira Rodríguez	01:12:27	01:07:57	VET C	184	F	1664		00:58:17	2786
2794	1227	Sofía Bellón Yáñez	01:12:28	01:07:24	Senior	354	F	1665		00:54:54	2618
2795	1838	Beatriz Ferreira Fernández	01:12:28	01:06:31	VET B	380	F	1666		00:57:28	2746
2796	2536	Conchi Miralles Frutos	01:12:28	01:08:03	VET C	185	F	1667		00:58:17	2785
2797	1814	Paz Fernández Picos	01:12:29	01:07:24	VET B	381	F	1668		00:54:53	2617
2798	2639	Julia Otero García	01:12:29	01:07:25	VET D	87	F	1669		00:54:58	2621
2799	2273	Mª Del Carmen López Castrillón	01:12:30	01:06:35	VET B	382	F	1670		00:57:27	2745
2800	2075	Hermínia González López	01:12:32	01:06:35	VET C	186	F	1671		00:57:28	2747
2801	2638	Paz Otero Garcia	01:12:32	01:07:27	VET C	187	F	1672		00:54:52	2616
2802	2076	Francisca González López	01:12:33	01:06:37	VET C	188	F	1673		00:58:32	2788
2803	1971	Mª Luisa Garcia Lopez	01:12:36	01:06:51	VET D	88	F	1674		00:57:25	2741
2804	2631	Antia Orjales Garcia	01:12:37	01:06:51	Senior	355	F	1675		00:57:25	2742
2805	1977	Mª Carmen Garcia Meijide	01:12:39	01:06:53	VET B	383	F	1676		00:57:24	2739
2806	3194	Mª Pilar Santos Margaride	01:12:41	01:06:49	VET D	89	F	1677		00:57:25	2743
2807	1893	Isabel Fraguela Santos	01:12:41	01:06:50	VET A	474	F	1678		00:59:24	2831
2808	1790	Eva Fernández Gomez	01:12:43	01:09:16	VET C	189	F	1679		00:56:42	2698
2809	1813	Manuela Fernández Picos	01:12:44	01:06:52	VET B	384	F	1680		00:58:39	2792
2810	2322	Luz López Martínez	01:12:44	01:09:17	VET B	385	F	1681		00:56:37	2695
2811	1394	Maria Del Mar Cartelle Fraguela	01:12:44	01:06:43	VET A	475	F	1682		00:59:26	2834
2812	2443	Fatima Martin Santos	01:12:44	01:06:53	VET A	476	F	1683		00:57:31	2751
2813	2355	Laura Lopez Sandomingo	01:12:47	01:06:34	VET A	477	F	1684		00:58:15	2784
2814	2798	Marián Pintos Ríos	01:12:48	01:06:57	VET C	190	F	1685		00:58:42	2793
2815	1382	Mª Dolores Caridad Torrente	01:12:49	01:06:58	VET C	191	F	1686		00:58:37	2790
2816	1520	Ana Cortizas	01:12:54	01:06:49	VET B	386	F	1687		99:99:99	999999
2817	3294	Lorena Svast Cavallo	01:12:56	01:08:35	VET A	478	F	1688		00:57:42	2759
2818	3233	Maria Del Carmen Serantes Lopez	01:12:58	01:10:15	VET C	192	F	1689		00:57:48	2763
2819	3421	Ines Vázquez Vazquez	01:12:59	01:08:36	VET A	479	F	1690		00:57:52	2769
2820	2364	Natalia Lopez Serantes	01:13:00	01:10:16	Senior	356	F	1691		00:57:51	2767
2821	2593	Maria Patricia Necesito Puentes	01:13:00	01:08:36	VET A	480	F	1692		00:57:52	2770
2822	1881	Oscar Fraga Rey	01:13:01	01:10:17	Senior	296	M	1130		00:57:53	2772
2823	2450	Rebeca Martínez Calvo	01:13:02	01:08:42	VET B	387	F	1693		00:57:48	2764
2824	2563	Adolfo Moscoso Rivas	01:13:02	01:08:42	VET A	334	M	1131		00:57:47	2762
2825	1940	Mª Ceferina García Amor	01:13:03	01:08:43	VET A	481	F	1694		00:57:41	2758
2826	1425	Raquel Castro Estrada	01:13:06	01:09:21	Senior	357	F	1695		00:56:58	2715
2827	1527	Mª José Cortizas García	01:13:06	01:09:42	VET C	193	F	1696		00:57:06	2722
2828	3164	Alfonso Sanjuan Maceiras	01:13:10	01:09:25	VET B	219	M	1132		00:57:06	2721
2829	1819	Ana Mª Fernández Rey	01:13:14	01:08:56	VET A	482	F	1697		00:57:39	2756
2830	304	Maria Miguez Camiña	01:13:16	01:08:16	VET B	388	F	1698	MERCEDARIAS FERROL	00:58:46	2795
2831	3368	Mª Eugenia Vaquero Rodríguez	01:13:17	01:08:31	VET C	194	F	1699		00:57:28	2748
2832	305	Juana Mª Lopez Ramos	01:13:17	01:08:17	VET B	389	F	1700	MERCEDARIAS FERROL	00:58:46	2797
2833	2883	Mercedes Quintana Amido	01:13:19	01:08:33	VET D	90	F	1701		00:57:35	2752
2834	326	Coro González Grueiro	01:13:19	01:08:35	VET A	483	F	1702	MERCEDARIAS FERROL	00:57:36	2753

2835	312	Lucia Lopez Lopez	01:13:19	01:08:35	VET A	484	F	1703	MERCEDARIAS FERROL	00:57:36	2755
2836	355	Carolina Leira Martín	01:13:19	01:08:13	VET A	485	F	1704	MERCEDARIAS FERROL	00:58:47	2798
2837	328	Sonia González Gruero	01:13:20	01:08:35	VET B	390	F	1705	MERCEDARIAS FERROL	00:57:36	2754
2838	309	Beatriz Grandal Perez	01:13:21	01:08:08	VET A	486	F	1706	MERCEDARIAS FERROL	00:58:47	2799
2839	310	Mercedes Crego Lopez	01:13:23	01:08:08	VET D	91	F	1707	MERCEDARIAS FERROL	00:58:49	2800
2840	1529	Marcos Cortizas Golpe	01:13:29	01:11:12	VET A	335	M	1133		00:57:39	2757
2841	2560	Amada Moreno - Cid Barinaga	01:13:29	01:11:16	VET A	487	F	1708		00:57:42	2760
2842	2796	David Picos Loureiro	01:13:35	01:10:31	Senior	297	M	1134		00:57:56	2775
2843	1524	Elva Cortizas García	01:13:35	01:10:29	Senior	358	F	1709		00:57:56	2776
2844	3391	Mercedes Vázquez Deibe	01:13:37	01:08:53	VET B	391	F	1710		00:55:35	2660
2845	1523	Guillermo Cortizas García	01:13:39	01:10:22	VET D	59	M	1135		00:58:07	2780
2846	1410	Rosa Castell Pons	01:13:40	01:08:55	VET B	392	F	1711		00:55:41	2672
2847	1648	Ángeles Díaz Taracido	01:13:40	01:08:55	VET C	195	F	1712		00:55:38	2665
2848	1664	Daniel Doce Diaz	01:13:40	01:13:40	Senior	298	M	1136		00:55:48	2680
2849	1988	Vanessa García Peña	01:13:52	01:10:34	Senior	359	F	1713		00:58:01	2778
2850	1602		01:13:56	01:10:39	Unknown	3	M	1137		00:58:09	2781
2851	1526	Monica Cortizas García	01:13:56	01:10:47	VET A	488	F	1714		00:57:47	2761
2852	1601		01:13:57	01:10:38	Unknown	4	M	1138		00:58:04	2779
2853	1996	Mª José García Seco	01:13:59	01:10:37	VET C	196	F	1715		00:57:56	2777
2854	1273	Jesús Manuel Bouza Rivas	01:14:00	01:10:13	VET A	336	M	1139		00:57:54	2774
2855	3495	Angela Yañez Saenz	01:14:04	01:10:40	Senior	360	F	1716		00:58:46	2796
2856	1542	Eugenia Couce Lendeiro	01:14:04	01:09:35	VET A	489	F	1717		00:58:53	2803
2857	2069	Nuria Gonzalez Ferros	01:14:04	01:09:34	VET A	490	F	1718		00:58:56	2806
2858	2077	Laura González López	01:14:04	01:09:35	VET A	491	F	1719		00:58:54	2805
2859	1521	Antonio Cortizas Domenech	01:14:10	01:10:07	VET D	60	M	1140		00:58:14	2783
2860	2449	Ramón Martínez Bertalo	01:14:11	01:10:10	VET D	61	M	1141		00:58:20	2787
2861	1731	Antonio Estevez Freire	01:14:15	01:10:07	VET D	62	M	1142		00:58:14	2782
2862	3077	Ana Romero Eyaralar	01:14:27	01:14:27	Sub 19	136	F	1720		00:59:04	2811
2863	1489	Jose Antonio Cobelo López	01:14:27	01:07:23	VET C	85	M	1143		00:59:05	2814
2864	352	Esperanza Lopez Pérez	01:14:38	01:08:07	VET A	492	F	1721	MERCEDARIAS FERROL	00:59:26	2833
2865	445	Óscar José Pampin Rodríguez	01:14:38	01:12:04	VET B	220	M	1144	ARGODERSE NARÓN	00:59:28	2837
2866	2488	Guillermo Mateo Rodríguez	01:14:41	01:09:28	VET A	337	M	1145		00:59:29	2838
2867	3524	Bárbara Aulet Martínez-Esparza	01:14:41	01:09:30	Sub 19	137	F	1722		00:59:27	2836
2868	662	Iago Casal Rodríguez	01:14:42	01:09:31	Senior	299	M	1146	Error! Ferrol	00:59:32	2843
2869	823	Sara Vazquez Blanco	01:14:43	01:08:12	Senior	361	F	1723	JESUS MAESTRO	00:59:23	2829
2870	3494	Maria Yañez Saenz	01:14:44	01:11:21	VET A	493	F	1724		00:58:50	2801
2871	2209	Patricia Lago Ramirez	01:14:45	01:09:27	VET A	494	F	1725		00:58:54	2804
2872	354	Rebeba Guevara Ardao	01:14:45	01:08:18	VET A	495	F	1726	MERCEDARIAS FERROL	00:59:26	2835
2873	353	Ángeles López Pérez	01:14:46	01:08:13	Senior	362	F	1727	MERCEDARIAS FERROL	00:59:25	2832
2874	348	Mayra Dorado Castaño	01:14:47	01:08:30	VET A	496	F	1728	MERCEDARIAS FERROL	00:59:06	2816
2875	3105	Patricia Ruiz Osiel	01:14:49	01:09:37	VET A	497	F	1729		00:59:29	2839
2876	3382	Cecilia Varela Seoane	01:14:51	01:13:17	VET A	498	F	1730		00:59:47	2858
2877	3221	María Jesus Seoane Fernandez	01:14:53	01:13:20	VET D	92	F	1731		00:59:08	2819
2878	1476	María Cervera Lago	01:14:55	01:08:42	VET A	499	F	1732		00:59:22	2828
2879	1362	Vanesa Caneiro Navarrete	01:14:56	01:09:06	Senior	363	F	1733		00:59:45	2857
2880	614	Inés Caneiro Navarrete	01:14:57	01:09:11	VET A	500	F	1734	COLEGIO JESUS MAESTRO	00:59:44	2855
2881	3342	Jessica Torrente Quintana	01:14:57	01:11:49	Senior	364	F	1735		00:59:32	2844
2882	2926	Jesus Rendal Ameneiros	01:14:58	01:11:48	VET A	338	M	1147		00:59:41	2852
2883	2792	Raquel Pico Penabad	01:14:58	01:12:28	VET A	501	F	1736		01:00:25	2878
2884	784	Ana Leira Otero	01:15:00	01:09:36	VET A	502	F	1737	JESUS MAESTRO	99:99:99	999999
2885	798	Manuel Picos Estraviz	01:15:00	01:09:36	VET C	86	M	1148	JESUS MAESTRO	99:99:99	999999
2886	799	Pily Picos Polo	01:15:01	01:09:35	VET B	393	F	1738	JESUS MAESTRO	99:99:99	999999
2887	821	Begoña Tuimil Sanchez	01:15:03	01:09:16	VET B	394	F	1739	JESUS MAESTRO	00:59:51	2864
2888	3325	Roberto Tenreiro Anido	01:15:03	01:12:32	VET A	339	M	1149		01:00:26	2879
2889	782	Luisa Maria Iglesias Lopez	01:15:04	01:09:17	VET A	503	F	1740	JESUS MAESTRO	00:59:51	2861
2890	615	Consuelo Carquijero Ramos	01:15:05	01:09:23	VET B	395	F	1741	COLEGIO JESUS MAESTRO	00:59:43	2854
2891	3111	Roberto Saavedra Hermida	01:15:07	01:13:33	VET A	340	M	1150		00:59:42	2853
2892	3383	Monica Varela Seoane	01:15:11	01:13:36	VET B	396	F	1742		00:59:48	2859
2893	1310	Mª Montserrat Cabarcos Vidal	01:15:11	01:09:14	VET B	397	F	1743		01:00:45	2882
2894	1555	Mª Jesús Criado Casas	01:15:13	01:09:11	VET B	398	F	1744		01:00:40	2880
2895	661	Sandra Balsa Rodeiro	01:15:13	01:10:03	Senior	365	F	1745	Error! Ferrol	00:59:31	2841
2896	34	Lourdes Fernandez Cebreiro	01:15:14	01:10:27	VET A	504	F	1746	Running Altafit Odeon	00:58:36	2789
2897	2336	Rubén López Pita	01:15:15	01:09:13	VET A	341	M	1151		00:59:51	2862
2898	1360	Isabel Canay López	01:15:16	01:09:14	VET B	399	F	1747		00:59:52	2865
2899	33	Alejandra Fernandez Cebreiro	01:15:17	01:09:58	VET A	505	F	1748	Runining Club Altafit Odeon	00:58:51	2802
2900	1890	María Del Mar Fraguela Rodríguez	01:15:19	01:09:17	VET D	93	F	1749		00:59:49	2860
2901	668	Yonay Pérez Melián	01:15:19	01:10:07	Senior	300	M	1152	Error! Ferrol	00:59:34	2847
2902	665	Luis González Rey	01:15:20	01:09:48	Senior	301	M	1153	Error! Ferrol	00:59:33	2845
2903	1661	Luisa Fernanda Dobarro Vizoso	01:15:20	01:11:01	VET B	400	F	1750		00:59:14	2824
2904	1211	Oscar Antonio Beceiro Freire	01:15:24	01:11:05	VET B	221	M	1154		00:59:13	2823
2905	2079	Ana Belen Gonzalez Nuñez	01:15:24	01:11:21	VET B	401	F	1751		01:00:19	2875
2906	2013	Sonia Gelpi Figueira	01:15:24	01:12:15	VET A	506	F	1752		00:59:05	2813
2907	2495	Santiago Medin Diaz	01:15:25	01:09:12	VET B	222	M	1155		00:59:21	2827
2908	1850	Conchi Figueira Ignacio	01:15:27	01:12:16	VET C	197	F	1753		00:59:08	2817
2909	1554	Mª Del Carmen Criado Casal	01:15:35	01:09:33	VET C	198	F	1754		01:00:45	2881
2910	3153	Mª Consuelo Vázquez Veloso	01:15:36	01:09:34	VET C	199	F	1755		01:00:45	2883
2911	1817	Mª Cruz Fernández Purriños	01:15:38	01:09:38	VET C	200	F	1756		01:00:48	2885
2912	1074	Jose Carlos Allegue Fernández	01:15:41	01:09:40	VET A	342	M	1156		01:00:52	2886
2913	667	Pedro Lorenzo López	01:15:42	01:10:07	Senior	302	M	1157	Error! Ferrol	00:59:32	2842
2914	664	Carmen María García Galeiras	01:15:42	01:10:08	VET A	507	F	1757	Error! Ferrol	00:59:30	2840
2915	2995	Jose Antonio Rodríguez Calvo	01:15:43	01:09:44	VET A	343	M	1158		01:00:47	2884

2916	1603	Carlos Diaz Calvo	01:15:50	01:09:41	VET A	344	M	1159		00:59:51	2863
2917	3140	Cristina Sanchez Garcia	01:15:54	01:13:35	Senior	366	F	1758		00:59:14	2825
2918	2390	Verónica Loureiro	01:15:56	01:09:41	Senior	367	F	1759		00:59:04	2812
2919	3384	Alejandra Varela Tizón	01:15:57	01:13:51	VET A	508	F	1760		00:59:17	2826
2920	2809	María Del Mar Piñeiro Rivas	01:15:57	01:13:52	VET A	509	F	1761		00:59:05	2815
2921	2504	Dulce María Mendez Barcia	01:15:58	01:10:40	VET A	510	F	1762		00:59:35	2848
2922	1660	María Esther Dobarro Vizoso	01:16:01	01:11:42	VET B	402	F	1763		00:59:24	2830
2923	1252	Jose Manuel Blanco Sordo	01:16:01	01:16:01	VET A	345	M	1160		01:00:03	2871
2924	2232	Lucia Leira Martinez	01:16:03	01:09:50	Senior	368	F	1764		00:58:57	2807
2925	2927	Paula Rendal Frade	01:16:03	01:16:03	VET A	511	F	1765		01:00:03	2872
2926	2464	María Lilia Martínez Louro	01:16:03	01:09:49	Senior	369	F	1766		00:59:03	2810
2927	2805	Laura Piñeiro Iglesias	01:16:09	01:09:41	VET A	512	F	1767		99:99:99	999999
2928	289	Eva María García Fernández	01:16:09	01:10:01	VET A	513	F	1768	REMO SAN FELIPE	00:59:59	2869
2929	3197		01:16:10	01:16:10	Unknown	5	M	1161		00:59:53	2866
2930	2799	Mª Teresa Piñeiro Caneiro	01:16:11	01:16:11	Senior	370	F	1769		01:00:22	2877
2931	3227	Ana Seoane Soto	01:16:11	01:09:45	VET A	514	F	1770		01:00:21	2876
2932	1797	Sergio Fernández López	01:16:11	01:09:46	VET A	346	M	1162		01:00:04	2874
2933	1357	Lorena Campos Piñeiro	01:16:12	01:16:12	VET A	515	F	1771		00:59:59	2868
2934	3275	Natalia Souto Fraga	01:16:13	01:10:45	VET A	516	F	1772		00:59:37	2851
2935	2109	Rosa Mª Grandal Castro	01:16:13	01:10:12	VET B	403	F	1773		01:00:03	2873
2936	3276	Margarita Souto Fraga	01:16:14	01:10:47	VET B	404	F	1774		00:59:35	2849
2937	288	Juan Ramon Lafuente Blanco	01:16:16	01:10:06	VET B	223	M	1163	REMO SAN FELIPE	00:59:58	2867
2938	287	Monica Chao Gonzalez	01:16:16	01:10:14	VET B	405	F	1775	REMO SAN FELIPE	00:59:59	2870
2939	1299	José Luis Bustabad Martínez	01:16:16	01:11:05	VET C	87	M	1164		00:59:34	2846
2940	1296	Estefanía Bustabad Castro	01:16:17	01:11:10	Senior	371	F	1776		00:59:44	2856
2941	1429	Juany Castro Freire	01:16:22	01:11:11	VET C	201	F	1777		00:59:35	2850
2942	1737	José Jorge Evia Sueiras	01:17:04	01:12:47	VET A	347	M	1165		01:01:10	2891
2943	3264	Beatriz Soto Venancio	01:17:05	01:12:52	VET A	517	F	1778		01:01:08	2888
2944	32	Juana Evia Gende	01:17:06	01:12:51	VET D	94	F	1779	Running Altafit Odeon	01:01:05	2887
2945	1736	Santiago Evia Sueiras	01:17:08	01:12:41	VET B	224	M	1166		01:01:09	2890
2946	1735	Santiago Evia Gende	01:17:09	01:12:40	VET D	63	M	1167		01:01:08	2889
2947	1633	María Otilia Díaz Regueira	01:17:30	01:10:45	VET C	202	F	1780		00:59:08	2818
2948	3058	Cristina Roig Pena-manso	01:17:33	01:10:51	Senior	372	F	1781		00:59:10	2822
2949	818	Rebeca Serrano Rodríguez	01:17:34	01:11:48	VET B	406	F	1782	JESUS MAESTRO	01:01:47	2897
2950	2945	Ana María Rey Villamovo	01:17:34	01:10:49	VET D	95	F	1783		00:59:10	2821
2951	786	Mª Mercedes Leon Sanchez	01:17:35	01:11:52	VET A	518	F	1784	JESUS MAESTRO	01:01:51	2898
2952	2828	Diego Piña Díaz	01:17:39	01:10:56	Senior	303	M	1168		00:59:10	2820
2953	74	Bely Pardal Alba	01:17:41	01:14:33	VET D	96	F	1785	Running Club Altafit Odeon	00:56:47	2705
2954	2525	Mª Isabel Mera Vasco	01:18:07	01:15:59	VET C	203	F	1786		01:01:32	2894
2955	1904	Mª Carmen Freire Freire	01:18:10	01:16:02	VET C	204	F	1787		01:01:30	2893
2956	2839	Isabel Platas Luera	01:18:11	01:16:04	VET A	519	F	1788		01:01:24	2892